

# SUMMER 2026 DANCE & FITNESS SCHEDULE

Effective JUNE 1ST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A
<p><i>*6:00-7:00am</i> <b>Barre</b> (Ashley)</p> <hr/> <p><i>*1:00-2:00pm</i> <b>Intermediate/Advanced Adult Ballet</b> (Chandra)</p> <p><i>*2:00-3:00pm</i> <b>Silver Swans</b> (Chandra)</p> <p>3:00-4:30pm <b>Ballet 1/2</b> *Experience required (Liz)</p> <p>4:30-6:15pm <b>Ballet 3/Pre-Pointe/Pointe</b> (Liz)</p>	<p><i>*10:00-11:00am</i> <b>Sculpt</b> (Valerie)</p> <hr/>	<p><i>*6:00-7:00am</i> <b>Barre</b> (Ashley)</p> <hr/> <p><i>*1:00-2:00pm</i> <b>Barre Pilates</b> (Diane)</p> <hr/> <p>5:00-5:45pm <b>Teen Ballroom</b> Age 12 - 18 (Taylor)</p> <p><i>6:00-6:45pm</i> <b>Adult Ballroom</b> (Taylor)</p>	<p><i>*10:00-11:00am</i> <b>Sculpt</b> (Valerie)</p> <hr/>	<p><i>*6:00-7:00am</i> <b>Sculpt</b> (Valerie)</p> <hr/> <p><i>*11:00-12:00pm</i> <b>Classical Pilates+</b> (Diane)</p> <p><i>*12:00-1:00pm</i> <b>Intermediate/Advanced Adult Ballet</b> (Liz)</p>	
STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B
<p>3:00-4:00pm <b>Creative Ballet/Tumbling</b> Age 3 - 5 (Rebecca)</p> <p>4:00-5:00pm <b>Beginner Ballet</b> *No experience required Age 8 - 11 (Rebecca)</p> <p>5:00-6:00pm <b>Street Jazz/Hip Hop</b> Age 6 - 12 (Rebecca/Zoe)</p>			<p>3:00-4:00pm <b>Pre-Ballet</b> Age 5 - 8 (Katelyn)</p> <p>4:00-5:00pm <b>Beginner Jazz/Tap</b> Age 5 - 8 (Katelyn)</p>	<p>11:00-12:00pm <b>Lyrical/Jazz/Ballet Combo</b> Age 10+ (Liz)</p>	
				<p><i>ADULT classes are italicized.</i> <i>*Starred classes are part of the <b>Adult Class Package</b> &amp; will run year-round.</i> All classes not in the Adult Class Package will run on an 8-week semester from June 1-July 24.</p>	