

SPRING 2026 DANCE & Fitness SCHEDULE

Effective January 12th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A
<i>*6:00-7:00am</i> Barre (Ashley) 1:00-2:00pm Intermediate/Advanced Adult Ballet (Liz) <i>*2:15-3:15pm</i> Pilates (Diane) 3:45-4:45pm Pre-Ballet 1 (Rebecca) 4:45-6:15pm Advanced Lyrical (Rebecca) 6:15-7:45pm Pointe 1 & 2 (Liz)	<i>*10:00-11:00am</i> Sculpt (Valerie) 4:00-5:00pm Beginner Jaz/Tap (Rebecca) 5:00-6:30pm Ballet 2A (Rebecca) 6:30-7:30pm Advanced Jazz (Rebecca)	<i>*6:00-7:00am</i> Barre (Ashley) <i>*10:00-11:00am</i> Beginner Adult Ballet (Jenna) 4:00-5:00pm Ballet 1B (Rebecca) 5:00-6:00pm Jazz 1 (Rebecca) 6:00-6:45pm Advanced Tap (Rebecca) <i>7:00-7:45pm</i> Adult Ballroom (Taylor)	<i>*10:00-11:00am</i> Pilates (Diane) 3:45-4:45pm Pre-Ballet 2 (Amy) 4:45-6:45pm Pointe 1&2 (Amy) 6:45-7:30pm Lyrical 1 (Amy)	<i>*6:00-7:00am</i> Sculpt (Valerie) 10:00-11:00am Beginner Ballet (Age 5-8) (Zoe) 11:00-12:00pm Beginner Jazz/Tap (Zoe) <i>*12:00-1:00pm</i> Intermediate/Advanced Adult Ballet (Liz)	
STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B
3:00-4:30pm Ballet 3/Pre-Pointe (Liz) 4:30-5:30pm Jazz 2 (Liz) 5:30-6:15pm Tap 2 (Liz) 6:15-7:15pm Ballet 1A (Rebecca)	5:00-6:00pm Pre-Ballet 2 (Katelyn) 6:00-6:30pm Tap 1 (Katelyn) 6:30-7:30 Lyrical 2 (Zoe)	4:45-5:30pm Creative Ballet/Tumbling (Annie) 5:30-6:15pm Beginner Hip-Hop (Zoe) 6:15-7:00pm Intermediate Hip-Hop (Zoe)	3:45-4:45pm Creative Ballet/Tap/Tumbling (Annie) 4:45-6:00pm Ballet 2B (Liz) 6:00-7:30pm Ballet 3/Pre-pointe (Liz)	10:00-11:00am Creative Ballet/Tap (Rebecca)	Purple classes are included in the Adult Class Package. Class Package operates year-round. Adult Ballroom operates on a 4-week class rotation. All other classes will operate in the 16-week semester.