

# SPRING 2026 DANCE & Fitness SCHEDULE

Effective January 12<sup>th</sup>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A
<p><i>*6:00-7:00am Barre (Ashley)</i></p> <hr/> <p><i>1:00-2:00pm Intermediate/Advanced Adult Ballet (Liz)</i></p> <p>3:45-4:45pm <b>Pre-Ballet 1</b> (Rebecca)</p> <p>4:45-6:15pm <b>Advanced Lyrical</b> (Rebecca)</p> <p>6:15-7:45pm <b>Pointe 1 &amp; 2</b> (Liz)</p>	<p><i>*10:00-11:00am Sculpt (Valerie)</i></p> <hr/> <p>4:00-5:00pm <b>Beginner Jaz/Tap</b> (Rebecca)</p> <p>5:00-6:30pm <b>Ballet 2A</b> (Rebecca)</p> <p>6:30-7:30pm <b>Advanced Jazz</b> (Rebecca)</p>	<p><i>*6:00-7:00am Barre (Ashley)</i></p> <hr/> <p><i>*10:00-11:00am Beginner Adult Ballet</i> (Jenna)</p> <hr/> <p>4:00-5:00pm <b>Ballet 1B</b> (Rebecca)</p> <p>5:00-6:00pm <b>Jazz 1</b> (Rebecca)</p> <p>6:00-6:45pm <b>Advanced Tap</b> (Rebecca)</p> <p><i>7:00-7:45pm Adult Ballroom (Taylor)</i></p>	<p><i>*10:00-11:00am Pilates (Diane)</i></p> <hr/> <p>3:45-4:45pm <b>Pre-Ballet 2</b> (Amy)</p> <p>4:45-6:45pm <b>Pointe 1&amp;2</b> (Amy)</p> <p>6:45-7:30pm <b>Lyrical 1</b> (Amy)</p>	<p><i>*6:00-7:00am Sculpt (Valerie)</i></p> <hr/> <p>10:00-11:00am <b>Beginner Ballet (Age 5-8)</b> (Zoe)</p> <p><i>*11:00-12:00pm Pilates (Diane)</i></p> <p><i>*12:00-1:00pm Intermediate/Advanced Adult Ballet (Liz)</i></p>	
STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B
<p>3:00-4:30pm <b>Ballet 3/Pre-Pointe</b> (Liz)</p> <p>4:30-5:30pm <b>Jazz 2</b> (Liz)</p> <p>5:30-6:15pm <b>Tap 2</b> (Liz)</p> <p>6:15-7:15pm <b>Ballet 1A</b> (Rebecca)</p>	<p>5:00-6:00pm <b>Pre-Ballet 2</b> (Katelyn)</p> <p>6:00-6:30pm <b>Tap 1</b> (Katelyn)</p> <p>6:30-7:30 <b>Lyrical 2</b> (Zoe)</p>	<p>3:00-3:45pm <b>Creative Ballet</b> (Jenna)</p> <p>4:45-5:30pm <b>Creative Ballet/Tumbling</b> (Annie)</p> <p>5:30-6:15pm <b>Beginner Hip-Hop</b> (Zoe)</p> <p>6:15-7:00pm <b>Intermediate Hip-Hop</b> (Zoe)</p>	<p>3:45-4:45pm <b>Creative Ballet/Tap/Tumbling</b> (Annie)</p> <p>4:45-6:00pm <b>Ballet 2B</b> (Liz)</p> <p>6:00-7:30pm <b>Ballet 3/Pre-pointe</b> (Liz)</p>	<p>10:00-11:00am <b>Creative Ballet/Tap</b> (Rebecca)</p> <p>11:00-12:00pm <b>Beginner Jazz/Tap</b> (Zoe)</p>	
<i>Italicized classes are for ADULTS.</i>					