

SPRING 2026 DANCE & Fitness SCHEDULE

Effective January 12th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A
<p><i>*6:00-7:00am</i> Barre (Ashley)</p> <hr/> <p><i>1:00-2:00pm</i> Intermediate/Advanced Adult Ballet (Liz)</p> <p>3:45-4:45pm Pre-Ballet 1 (Rebecca)</p> <p>4:45-6:15pm Advanced Lyrical (Rebecca)</p> <p>6:15-7:45pm Pointe 1 & 2 (Liz)</p>	<p><i>*10:00-11:00am</i> Sculpt (Valerie)</p> <hr/> <p>4:00-5:00pm Beginner Jaz/Tap (Rebecca)</p> <p>5:00-6:30pm Ballet 2A (Rebecca)</p> <p>6:30-7:30pm Advanced Jazz (Rebecca)</p>	<p><i>*6:00-7:00am</i> Barre (Ashley)</p> <hr/> <p><i>*10:00-11:00am</i> Beginner Adult Ballet (Jenna)</p> <hr/> <p>4:00-5:00pm Ballet 1B (Rebecca)</p> <p>5:00-6:00pm Jazz 1 (Rebecca)</p> <p>6:00-6:45pm Advanced Tap (Rebecca)</p> <p><i>7:00-7:45pm</i> Adult Ballroom (Taylor)</p>	<hr/> <p><i>*10:00-11:00am</i> Pilates (Diane)</p> <hr/> <p>3:45-4:45pm Pre-Ballet 2 (Amy)</p> <p>4:45-6:45pm Pointe 1&2 (Amy)</p> <p>6:45-7:30pm Lyrical 1 (Amy)</p>	<p><i>*6:00-7:00am</i> Sculpt (Valerie)</p> <hr/> <p>10:00-11:00am Beginner Ballet (Age 5-8) (Zoe)</p> <p><i>*11:00-12:00pm</i> Pilates (Diane)</p> <p><i>*12:00-1:00pm</i> Intermediate/Advanced Adult Ballet (Liz)</p>	
STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B
<p>3:00-4:30pm Ballet 3/Pre-Pointe (Liz)</p> <p>4:30-5:30pm Jazz 2 (Liz)</p> <p>5:30-6:15pm Tap 2 (Liz)</p> <p>6:15-7:15pm Ballet 1A (Rebecca)</p>	<p>5:00-6:00pm Pre-Ballet 2 (Katelyn)</p> <p>6:00-6:30pm Tap 1 (Katelyn)</p> <p>6:30-7:30 Lyrical 2 (Zoe)</p>	<p>3:00-3:45pm Creative Ballet (Jenna)</p> <p>4:45-5:30pm Creative Ballet/Tumbling (Annie)</p> <p>5:30-6:15pm Beginner Hip-Hop (Zoe)</p> <p><i>6:15-7:00pm</i> Intermediate Hip-Hop (Zoe)</p>	<p>3:45-4:45pm Creative Ballet/Tap/Tumbling (Annie)</p> <p>4:45-6:00pm Ballet 2B (Liz)</p> <p>6:00-7:30pm Ballet 3/Pre-pointe (Liz)</p>	<p>10:00-11:00am Creative Ballet/Tap (Rebecca)</p> <p>11:00-12:00pm Beginner Jazz/Tap (Zoe)</p>	
<p><i>Italicized classes are for ADULTS.</i></p>					