

SUMMER 2024 DANCE SCHEDULE June 3rd—July 26th (8-Week Semester)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A
6:00-7:00AM *Barre (Ashley) - Bring a Yoga mat. 9:00-10:00AM *Dance Fitness (Anne)	9:00-10:00AM *Pilates (Valerie)- Bring a Yoga mat.	9:00-10:00AM *Beginner Adult Ballet (Liz)	6:00-7:00AM *Barre (Ashley) - Bring a Yoga mat. 9:00-10:00AM *Tone & Stretch (Valerie) -	10:00-11:00AM **Dance Workout & Conditioning— Age 12-Adult (Liz) 11:00-12:00AM Leaps, Turns & Tricks (Liz)	
1:00-2:15PM Advanced Adult Ballet (Chandra) 2:15-3:15PM *Beginner Adult Ballet (Chandra)	5:00-5:45PM Teen Ballroom Age 12-18 (Taylor) 6:00-6:45PM		Bring a Yoga mat. 10:00-11:00AM Beginner Hip-Hop— Age 5-9 (Rebecca) 11:00-12:00AM Lyrical/Jazz/Ballet Combo Age 10+(Rebecca)		
3:15-4:45PM Ballet 2/3/Pre-Pointe (Liz) 4:45-6:45PM Pointe 1/2 (Liz)	Adult Ballroom (Taylor) Summer Night Dancing! Explore multiple genres of dance!		6:00-7:15PM Advanced Adult Ballet (Chandra)		
STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B
10:00-11:00AM Tumbling Tots— Age 3-5 (Anne)	9:00-10:00AM Creative Ballet— Age 3-5 (Anne)		Adult classes are italicized. *Notes all classes included in the Adult Fitness Package. Any class not starred needs its own registration to attend, as the instructor is focused on teaching skill development, rather than conditioning. **Dance Workout & Conditioning is open to ALL enrolled summer dance students age 12 to Adult—no added fee to attend, UNLESS it is your only enrolled class.		
3:00-4:00PM Creative Ballet - Age 3-5 (Rebecca) 4:00-5:00PM Ballet 1 - Age 5-9 (Rebecca)					