



60 South Street, Walpole, MA 02081 | (508) 668-3330 | www.walpole-ma.gov

April 9, 2024

Pratima Penumarthy
CEO, Founder & President
Volunteering for Seniors Inc.

Dear Pratima,

Thank you for bringing the “Bollywood Beats for Wellness” workshop to the Walpole Council on Aging. We had 25 seniors join the first class and they LOVED it! Thank you!


Instructor Ekta Jain and the rest of the *Volunteering for Seniors* group led a fun and energetic workshop. Bollywood was new to most; yet, they were made to feel comfortable. They experienced a new form of cardio wellness with lots of laughs along the way.

One student commented, “I am not a dancer. Ekta explained the dances in small steps which made it very easy for us to catch on. We didn’t want the class to end.”

Another member reflected, “Each dance was enveloped in a story...Ekta had a great personality.”

Our members are excited for Ekta to return to the South Street Center for future workshops. Thank you again, Pratima, and *Volunteering for Seniors*!

Much appreciated,


Debbie Fradkin, Assistant Director
Walpole Council on Aging