

Dr. Naledi Mokoena

Independent Medical Practitioner

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Profile

A committed medical practitioner with strong experience in emergency medicine, patient-centered care, and surgical procedures. Passionate about continuous professional development, teamwork, and delivering high-quality healthcare services across diverse communities.

Medical and Clinical Skills

Medical Expertise: Emergency Medicine, Surgical Proficiency, Anesthesiology, Obstetric Emergencies, Primary Care, Point-of-Care Diagnostics

Soft Skills: Patient-Centered Care, Effective Communication, Clinical Decision-Making, Team Collaboration, Adaptability, Active Listening

Work Experience

Locum Doctor

Private Practices & Emergency Centres | February 2025 – Present

- Cape Town – Southern Cross Emergency Centre
- Bloemfontein – Centralview Mediclinic
- Durban – Eastpoint Medical Centre
- Kimberley – Horizon General Practice (short-term)
- Polokwane – Riverside Family Practice (short-term)

Community Service Medical Officer

Mahlathi District Hospital | Limpopo | January 2024 – December 2024

- Managed outpatient and emergency departments, general and maternity wards.
- Performed C-sections, minor surgical procedures, and administered spinal/general anesthesia for district-level theatre cases.
- Provided after-hours emergency coverage.

Medical Intern

Ubuntu Regional Hospital & Lakeside District Hospital | Free State | January 2022 – December 2023

- Completed rotations in Surgery, Internal Medicine, Obstetrics & Gynecology, Pediatrics, Orthopedics, Psychiatry, Anesthesiology, and Family Medicine.
- Provided after-hours support in the Emergency, Obstetrics, and Pediatrics departments.

Education

MBChB (Bachelor of Medicine and Bachelor of Surgery)

University of the Free State, Bloemfontein, Free State – 2017 - 2021

National Matric Certificate

Willowridge High School, Pretoria - 2016

Certifications & Courses

- Evidence-based Management of Oxygenation, Ventilation and Airway (EMOVA) - *July 2025*
- Advanced Trauma Life Support (ATLS) - *February 2025*
- Basic Life Support (BLS) – *July 2024*
- Advanced Cardiac Life Support (ACLS) – *July 2024*
- Paediatric Advanced Life Support (PALS) – *December 2024*
- International Trauma Life Support (ITLS) – *November 2024*
- Obstetric Emergencies (ESMOE) – *June 2023*
- Point of Care Ultrasound (ePocUS) – *September 2024*
- ECG Course – *September 2024*
- Organ Donation: From Life to Death – *2021*

Languages

English – Fluent

Afrikaans – Conversational

Sesotho – Conversational

Publications

“Simulation-Based Emergency Training for Medical Interns in South Africa: A Case Study.”

Published in **Southern African Journal of Medical Education (SAJME)**.

References

Dr. Sipho Dlamini, Head of Emergency Unit, Southern Cross Medical Centre

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Dr. Claire Jacobs, Clinical Manager, Mahlathi District Hospital

Phone: 083 222 3344 | Email: claire.jacobs@mahlathihospital.org