

Following your treatment, it is important to adhere to the aftercare advice provided to ensure optimal results and minimise any potential complications. Please review the aftercare recommendations below:

Avoid Touching the Treated Area:

Refrain from touching or rubbing the treated area for at least 4 hours after the procedure. This helps prevent the spread of the toxin to unintended muscles.

Remain Upright:

Stay upright and avoid lying down for the first 4 hours after treatment. This prevents the spread of the toxin to surrounding muscles and ensures targeted results.

Facial Expressions:

Practice normal facial expressions to help distribute the product evenly. Avoid strenuous facial exercises or exaggerated expressions immediately following treatment.

Avoid Heat Exposure:

Refrain from exposure to extreme heat or cold, including saunas, hot tubs, and direct sunlight, for 24 to 48 hours after treatment. This helps prevent vasodilation and minimises the risk of side effects.

Gentle Cleansing:

Cleanse your face gently with a mild cleanser and lukewarm water following the treatment. Avoid harsh scrubbing or exfoliation to prevent irritation.

Facial Massage:

Avoid facial massages or treatments for the first week after receiving Alluzience® injections. Gentle facial movements are acceptable, but avoid any excessive pressure on the treated area.

Pain Management:

If you experience discomfort or mild swelling, you may apply a cold compress to the treated area. Avoid using aspirin or non-steroidal anti-inflammatory drugs (NSAIDs) for the first 24 hours after treatment, as they may increase the risk of bruising.

Follow-Up Appointment:

Schedule a follow-up appointment with your practitioner as recommended. This allows for assessment of results and any necessary touch-ups.

Report Any Concerns:

If you experience any unusual or concerning symptoms after treatment, such as excessive swelling, muscle weakness, or difficulty breathing, contact your practitioner immediately.

Sun Protection:

Apply a broad-spectrum sunscreen with SPF 30 or higher daily to protect the skin from harmful UV rays. This helps maintain the results of your treatment and prevents premature aging.

It is essential that you have read all of the information available. Please let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided.

I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.