CHRONIC DISEASES IN AMERICA

6 IN 10
Adults in the US have a **chronic disease**

4 IN 10
Adults in the US have **two or more**

THE LEADING CAUSES OF DEATH AND DISABILITY
and Leading Drivers of the Nation's **$4.1 Trillion** in Annual Health Care Costs

HEART DISEASE

CANCER

CHRONIC LUNG DISEASE

STROKE

ALZHEIMER'S DISEASE

DIABETES

CHRONIC KIDNEY DISEASE

THE KEY LIFESTYLE RISKS FOR CHRONIC DISEASE

TOBACCO USE

POOR NUTRITION

PHYSICAL INACTIVITY

EXCESSIVE ALCOHOL USE

NCCDPHP PREVENTS CHRONIC DISEASE AND PROMOTES HEALTH
FOR PEOPLE OF ALL AGES

IMPROVING QUALITY OF LIFE

INCREASING HEALTHY LIFE EXPECTANCY

REDUCING HEALTH CARE COSTS

WE WORK TO IMPROVE HEALTH ACROSS THE LIFE SPAN

Where People Live, Learn, Work, and Play

Infants
Reduce the leading causes of infant death and illness.

Children and Adolescents
Help support healthy communities, child care programs, and schools so children can eat well, stay active, and avoid risky behaviors.

Adults
Help adults lead healthy and active lives and increase the use of preventive services like cancer screenings.

Older Adults
Promote quality of life and independence for people as they age.

WHAT WE DO

Find out how chronic diseases affect populations in the United States.

Study interventions to find out what works best to prevent and control chronic diseases.

Fund and guide states, territories, cities, and tribes to use interventions that work.

Share information to help all Americans understand the risk factors for chronic diseases and how to reduce them.

HOW WE DO IT

Measure
how many Americans have chronic diseases or chronic disease risk factors.

Improve
environments to make it easier for people to make healthy choices.

Strengthen
health care systems to deliver prevention services that keep people well and diagnose diseases early.

Connect
clinical services to community programs that help people prevent and manage their chronic diseases and conditions.

Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion