



WrightLink

PERFORMANCE SUPPORT,
TRAINING & RESEARCH

*Children's Services, Youth Justice,
Criminal Justice, Community Safety*

Girls, Young Women, and Aggression/Violence

Team Development & Action Planning Support

Support Package Briefing

March 2024 (V.1.0)

Workshop(s) Content/Elements

- a) Support and develop a 'team-wide' understanding of the UK and International literature surrounding female developmental pathways to violence and aggression.
- b) Six 'snapshot' sessions (2 days duration: 3 sessions per day) including:
 - 1) Psychologically informed understanding of aggression and violence: What do we know so far?
 - 2) Psychologically informed understanding of development and relational trauma
 - 3) Girls and young women who offend: What do we know so far?
 - 4) Local level service-wide female cohort data analysis and reflection workshop
 - 5) Violence risk assessment and case formulation approaches
 - 6) Personal change processes, interventions, and approaches to supporting girls and young women
- c) Each session will capture team feedback/thoughts following each snapshot session, to inform a draft team development/action plan to address any identified gaps based on the literature shared during the workshop and staff contribution towards discussions.
- d) Delivery method: Remote via MS Teams
- e) Start time: 10am / End time: 4pm
- f) Maximum of 20 participants permitted per cohort (2 days duration)
- g) Certificate of attendance and contribution for each delegate who **fully** completes the support workshops
- h) Letters of evidence of CPD training hours completed for those participants who are required to evidence CPD (e.g., HCPC registered practitioners).
- i) Participant evaluation summary report submitted to the commissioner/service manager.

What participants say about the support package...

"I found the training very informative and it has opened many discussions for future projects/thoughts"

"The content will support me to complete more focused and robust assessments for young people by giving me a better understanding of the potential reasons behind their behaviour. This will then allow me to create and deliver an intervention that will support the young person to desist from this behaviour in the future"

"The course exceeded my expectations; it was far more engaging and informative than I imagined. I will be applying various aspects of this training to my practice on a daily basis, for example thinking about where people gain a sense of self, why people are motivated to engage in violence and how best to approach talking about offences with young people."

"The course immediately captured my attention, expanding my knowledge using theory and practice examples"

What participants say about the experience of WrightLink online training compared to other online training providers/training experiences...

"Although the group size was big, Andi was able to make sure that everyone was able to talk, give opinions, and it was never rushed"

"It was nice to see how much passion and knowledge Andi had about the subject and especially how much time he had put into focusing on our area and the specific needs targeted to our team"

"Always enjoy any training delivered by Andi"

"Good pace and inclusive"

“Very good trainer with a vast amount of knowledge and experience. Good resources too”

“Andi is super knowledgeable and informative, whilst making the content interesting and engaging. Andi is friendly and open, and facilitates a welcoming learning environment. Andi also creates space for the development of independent thought and recognises the value of each contribution from participants and the practice-experience that comes from the different roles and organisations in the group”

“More flexible and open in his approach, less stuck to a stringent plan”

“No cringey or embarrassing ice breakers or activities”

“I loved the training and have found myself engaging in discussions with colleagues since about the content”

What participants say about the facilitator...

“The trainer was very knowledgeable – fantastic delivery as always – I enjoyed how the information was relayed / good pace – encouraged discussion and group participation”

“Knowledgeable, personable, open-minded, interesting, reflective, engaging, enthusiastic, informative, confident, passionate, friendly, interested, willing to listen, relaxed”



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