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www.glcpr.com

## Great Lakes Center of Rheumatology



Mark Braden, DO

Osteopathic  
Manipulative  
Medicine and  
Platelet Rich Plasma  
Injections

### Welcome to Great Lakes Center of Rheumatology

Our rheumatology practice aims to care for patients in a compassionate and cutting edge style. We believe in the treatment of the entire person and our goal is to work with everyone to find the style treatment that works for them.

This appointment was requested by another physician who is treating you and who should have already notified you of this appointment. The following points should be kept in mind to avoid delays or the need to reschedule. Visits with our physicians are by appointment only.

If you must **CANCEL/ RESCHEDULE** an appointment, **we require a minimum of 24 HOURS** notice for all NEW PATIENT APPOINTMENTS. Failure to cancel your scheduled appointment will result in a **\$50 charge**.

- **Due to the length of this packet, please arrive 20 MINUTES prior to your appointment time with this packet completed in FULL. This allows us time to process your chart. Arriving less than 20 MINUTES prior to your appointment or not having this packet completed will result in having to reschedule your appointment.**
- Bring your picture ID and all of your current insurance cards. If you do not bring your insurance cards to your new patient appointment, your appointment will be rescheduled.
- Bring copies of lab and x-ray reports with you to your appointment, if applicable.
- If your insurance changes between scheduling the appointment and your appointment date, please call our office to make sure that we accept your new insurance.
- We are frequently asked to fill out paperwork. **It is our office policy to meet with a patient at least 3 times before we are comfortable filling out paperwork.**
- **COPAYS ARE DUE AT THE TIME OF SERVICE!** For your convenience, we accept Cash, Check, Visa, MasterCard, and Discover. If your insurance does not cover office visits, you will be required to pay at the time of service. If you are unsure of your co-pay amount for a specialist, please contact your insurance carrier prior to your appointment.

**Your New Patient Appointment is scheduled for:**

**Date:** \_\_\_\_\_ **Arrival Time:** \_\_\_\_\_

**Appointment Time:** \_\_\_\_\_ **Provider:** \_\_\_\_\_



# Great Lakes Center of Rheumatology

## Patient Information Release

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I hereby give permission to release any medical information regarding myself to the family, friends and/or physicians listed below:

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The following information will assist us in your care, and in communications with you while protecting your confidentiality. Please circle **YES** or **NO** and fill in the necessary information.

**I give Great Lakes Center of Rheumatology permission to:**

YES NO N/A | Leave a voicemail on my Primary Number.

YES NO N/A | Leave a voicemail on my Alternative Number.

YES NO | Send me a notice of potential Research Study that I may qualify for.

***Please Note: This would result into a transfer of care if you qualify for any Research Studies.***

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Consent for treatment:**

I voluntarily consent to treatment by the medical staff of Great Lakes Center of Rheumatology as deemed necessary in their judgment. I am aware that the practice of medicine is not an exact science and that no guarantees have been made to me regarding the results of examinations, treatments or tests.

Patient/ Responsible Party Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Great Lakes Center of Rheumatology

## Privacy Practice Part 1

### HIPAA Privacy Practice:

I agree to Great Lakes Center of Rheumatology HIPAA and Privacy Practices. If you would like a copy of all policies, please request one at the front desk.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Release of Information:

I authorize the release of medical information to my primary care or referring physician, to consultants if needed, and as necessary to process insurance claims, insurance applications and prescriptions. I also authorize payment of medical benefits to Great Lakes Center of Rheumatology. I am aware that my provider may release my medical information to other providers, in order to continue my care.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Payment Policy:

**Medicare Patients:** We are participating providers of the Medicare program. We will accept assignment on all claims. Patients are responsible for meeting their annual deductible and paying for the 20% co-payment. We do file with secondary/supplement carriers. However in the event of the secondary does not pay within 60 days, patient will be billed the balance.

**HMO, PPO or other Managed Care Patients:** You will be responsible for paying your annual deductible and co-payments, as well as any changes of non-covered services. All co-payments are due at the time of service.

**Commercial Insurance Patients:** If you are covered by a private or commercial plan in which our physicians are not providers, we will bill your insurance company as a courtesy, however, if your plan does not pay, you will be responsible for the entire charge. If your insurance plan does not cover office visits, you will be responsible to pay the entire amount of the time of service.

Patient co-pays are due at the time of check-in. If you do not pay your co-pay at check in you will receive a paper statement in the mail, that amount is due when received. If your payment is not received within 30 days, you will incur a **\$20 late fee**. If your payment is not received within 60 days, you will incur a second **\$20 late fee**. **After 90 days of no payment, you will be sent to collections and unable to be seen or scheduled with the practice.** At any time, you may set up a payment plan with the office. There will be a **\$5** fee for any phoned in prescription refills. **It is the patient's responsibility to take care of all refills during the appointment.** Patients may schedule an appointment to receive their refills. All cancellations require **24 hour notice**; the fee for not canceling is \$25.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_



# Great Lakes Center of Rheumatology

## Privacy Practice Part 2

### Medicare Patients Only:

The office is required to keep your signature on file authorizing us to file claims to Medicare for you and that payer if they require it for the proper consideration of a claim. Please read and sign the following statement:

*I authorize any holder of medical or other information about me to release the Social Security Administration and Health Care Financing Administration or its intermediaries any information needed for this or a related Medicare claim. I permit a copy of the authorization to be used in place of the original and request payment of medical insurance benefits either to the party who except assignments or to me. Regulations pertaining to Medicare assignment of benefits apply.*

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ ☐ Not Applicable

If you have a supplement policy and it is a MEDIGAP policy to which your Medicare Carrier Automatically “crosses over”, we are required to keep a separate signature on file.

*I request authorize MEDIGAP benefits to be made on my behalf for any services furnished to me. I authorize any holder of medical information to release to the MEDIGAP carrier any information needed to determine these benefits or the benefits payable for related services.*

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ ☐ Not Applicable

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**\*\* If you do not have Medicare, Please check “Not Applicable”, Print and Sign your name, and complete DOB and Date \*\***





# Great Lakes Center of Rheumatology

## Patient Registration Form

Work Related?

Yes / No

Auto Related?

Yes / No

Date: \_\_\_\_\_

### Personal Information:

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Number: \_\_\_\_\_ Alternative Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Language: \_\_\_\_\_

Marital Status: ☐ Never Married ☐ Married ☐ Divorced ☐ Separated ☐ Widowed

### Responsible Party Information:

Primary Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Group Number: \_\_\_\_\_ Specialist Co-Pay: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Subscriber DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Subscribers Relationship (if not self): \_\_\_\_\_

Secondary Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Group Number: \_\_\_\_\_ Specialist Co-Pay: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Subscriber DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Subscribers Relationship (if not self): \_\_\_\_\_

### Emergency Contact Information:

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Referral Information:

Referring Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_



# **Great Lakes Center of Rheumatology**

## **Directions to Great Lakes Center of Rheumatology**

**Address: 4052 Legacy Parkway Ste 100 (lower level), Lansing MI 48911**

**Phone: 517-272-9700 Fax: 517-272-9706**

### **Ann Arbor, MI:**

Take **23 North to 96 West** to **Exit 60B**, on the **Left** towards **Brighton/ Lansing** to **496** towards **Lansing**, take **Exit 106B**. Take **Exit 11** to **Jolly Road**.

**\*\* see below for further instructions \*\***

### **Detroit, MI:**

Take **96 West** to **496** towards **Lansing**, Take exit **106B**. Take **Exit 11** to **Jolly Road**. **\*\* \*\* see below for further instructions \*\***

### **Flint, MI:**

Take **69 West to 127 South**, Take **Exit 89A** towards **Lansing/ Jackson**. Take **Exit 11** to **Jolly Road**.

**\*\* see below for further instructions \*\***

### **Grand Rapids, MI:**

Take **96 East** to **496W/ US-127 North**, Take **Exit 106B** toward **East Lansing**.

Take **Exit 11** to **Jolly Road**.

**\*\* see below for further instructions \*\***

### **Kalamazoo, MI:**

Take **94 East** to **69 North**, Take **Exit 108** towards **Lansing**. Merge onto **96 East**, Take **Exit 72** towards **Detroit**. Merge onto **496 W/US 127 North**, Take **Exit 106B** towards **East Lansing** to **Exit #11** to **Jolly Road**

**\*\* see below for further instructions \*\***

### **St. Johns, MI:**

Take **27 South** to **127 South**. Take **Exit 11** to **Jolly Road**.

**\*\* see below for further instructions \*\***

**\*\*\* At the end of the exit ramp there will be a stop light. Turn **Right** at the stop light. You will be on **Dunckel Road**. Follow this road around the curve; you will see a **Quality Dairy** on the **corner of Jolly and Dunckel**. Go **thru the light** to the street which is **Legacy**. Turn **Left** on **Legacy** (this is the only way you can turn). We are the **second to last building on the Left** (brick building).**

**If you hit pine tree you went too far. \*\*\***



# Osteopathic Manipulation Medicine

## Patient History Form

Date of first appt: \_\_\_\_\_

Describe briefly your present symptoms:

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Date symptoms began (approximate): \_\_\_\_\_

How long have you had the current pain: \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later):

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Please list the names of other practitioners you have seen for this problem:

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**OVERALL, your pain is?** (Check one)

☐ Improving   ☐ About the same   ☐ Worsening

**Throughout the day, your pain:** (check one)

☐ Increases   ☐ About the same   ☐ Decreases

**How did your current pain start?**

(check all that apply)

☐ Twisting   ☐ Pushing   ☐ Pulling

☐ Bending   ☐ Lifting   ☐ A Fall

☐ Overuse   ☐ Recreational   ☐ Degenerative

☐ Work Related   ☐ Motor Vehicle Accident

☐ Unknown   ☐ Other: \_\_\_\_\_

**If your pain is the result of injury**

**Date of injury:** \_\_\_\_\_

**How did the injury occur:** \_\_\_\_\_

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Please shade all the locations of your pain over the past week on the body figures and hands.

Example

LEFT   RIGHT

LEFT   RIGHT

Adapted from CLINHAQ Wolfe Fand Pincus T. Current Comment — Listening to the patient — A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42 (9): 1797-808. Used by permission.

**Type of pain:** (Check all that apply)

☐ Sharp   ☐ Dull   ☐ Throbbing   ☐ Aching

☐ Periodic   ☐ Intermittent   ☐ Occasional   ☐ Constant

**Does your pain interfere with sleep? If so when?**

☐ Lying still   ☐ Changing positions   ☐ Both

**Check activities that relieve your pain:**

☐ Sitting   ☐ Walking   ☐ Stretching   ☐ Massage   ☐ Exercise

☐ Standing   ☐ Medication   ☐ Rest   ☐ Heat   ☐ Cold compress

☐ Wearing splints/ Orthotics   ☐ Nothing

Patient Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_



# Osteopathic Manipulation Medicine Patient History Form

**Check the activities that increase your pain:**

*(Check all the apply)*

- ☐ Sitting ☐ Walking ☐ Sleeping ☐ Yawning
- ☐ Chewing ☐ Coughing ☐ Talking ☐ Bending
- ☐ Standing ☐ Squatting ☐ Sports ☐ Reaching overhead
- ☐ Reaching across ☐ Reaching forward ☐ Reaching back
- ☐ Walking up stairs ☐ Walking down stairs ☐ Laying down
- ☐ Household actives ☐ Repetitive Activity
- ☐ Other: \_\_\_\_\_

### What would you like to achieve from OMM?

*(Check all that apply)*

- ☐ Free from all pain    ☐ Any amount of pain relief
- ☐ Doing all desired    ☐ Tolerate simple  
                activates                 activates

Comment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**List any other chronic medical problems you are being treated for:**

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_  
6. \_\_\_\_\_ 6. \_\_\_\_\_

## Social History

**Do you drink caffeinated beverages?** ☐ Yes ☐ No

If yes, how many cups/ glasses per day and type of beverage?

**Do you drink alcohol?** ☐ Yes ☐ No

If yes, how many cups/ glasses per day and type of beverage?

**Has anyone ever told you to cut down on your drinking?** ☐ Yes ☐ No

**Do you smoke?** ☐ Yes ☐ No ☐ Past (*tobacco or vape*)

If yes, how much and how long? \_\_\_\_\_

Previous smoker, how long? \_\_\_\_\_

**Do you use smokeless/ chewing tobacco?** ☐ Yes ☐ No

**Do you use marijuana?** ☐ Yes ☐ No

**Do you exercise regularly?** ☐ Yes ☐ No

Type: \_\_\_\_\_

Amount per week: \_\_\_\_\_

**How many hours of sleep do you get at night:**

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**Do you feel like you're getting enough sleep at night?** ☐ Yes ☐ No

**Do you wake up feeling well rested?** ☐ Yes ☐ No

**Occupation:** \_\_\_\_\_

**Do you have work restrictions?** \_\_\_\_\_

**Allergies:** \_\_\_\_\_

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Patient Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_





# Osteopathic Manipulation Medicine

## For Woman Only

Are your periods regular? ☐ Yes ☐ No

How many days apart: \_\_\_\_\_

Date of last pap: \_\_\_\_\_

Number of children: \_\_\_\_\_

Age when period began: \_\_\_\_\_

Date of last period: \_\_\_\_\_

Bleeding with menopause: ☐ Yes ☐ No

Number of miscarriages: \_\_\_\_\_

## Present Medications

List any medications you are **CURRENTLY** taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.

Name of Medication	Dosage	Frequency
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

## Previous Medications

In the **PAST**, have you tried any of the following? If yes, Please indicate the medications name and how long you were on the medication?

Anti-Inflammatory Medications		Narcotic Medications	
Anti-Depressant Medications		Muscle Relaxant Medications	

Patient Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_



# Osteopathic Manipulation Medicine

## Previous Medical History

In the **PAST**, has any of this treatment's Improved, Made the problem worse or gave no change?

Treatment	Improved	Made Problem Worse	No Change
Stretching Exercises			
Heat/ Ice			
Massage			
Electrical Stimulation			
Physical Therapy			
Home Exercises			
Traction			
Bed Rest			
Chiropractic Treatment			
Osteopathic Treatment			
Injection Therapy			
Brace			
Acupuncture			
Surgery			

In the **PAST**, have you had any diagnostic testing for the problem you are being seen for today? If so, when and where.

Ultrasound		Bone Scan	
X-ray		EMG/ Nerve Conduction	
CT Scan		MRI Scan	
Myelogram		Discogram	

## Previous Surgeries

Type	Year	Reason

Patient Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_