

# THE FFMS NEWSLETTER

7th Edition February 2025

## Forester Family Medical Supply, Inc.

A Forester Family Medical Supply: Growing Stronger Every Day!

As we step into February, we're excited to share the continued growth and momentum at Forester Family Medical Supply! Our team has been working tirelessly to expand our reach, strengthen relationships, and enhance the quality of service we provide to our customers. With new team members bringing fresh energy and expertise, we're building a foundation for even greater success in the months ahead.

We're grateful for the trust and support of our customers and partners who make this growth possible. As we move forward, our commitment remains the same—to provide top-quality medical supplies with exceptional care. Here's to another month of progress and impact!

Stay tuned for more exciting updates! 🚀

### REASON - VIDAFUEL



#### INTRODUCING: VIDAfuel & REASON

At Forester Family Medical Supply, we're always looking for ways to provide the best products to support health and wellness. This month, we're featuring Reason and Vidadfuel—two exceptional nutrition products designed to help individuals meet their dietary needs and improve overall well-being.

Reason is a delicious, high-calorie nutritional shake packed with essential vitamins and minerals, perfect for those needing extra nutrition support. Whether for recovery, weight maintenance, or general wellness, Reason provides a convenient and tasty option.

Vidadfuel offers specialized protein and nutrient-rich formulas that aid in muscle recovery, wound healing, and overall strength. These products are great for seniors, those managing chronic conditions, or anyone looking to optimize their nutrition.

## Fun Facts...

1. **Shortest Month** – February is the only month with fewer than 30 days. In common years, it has 28 days, but in leap years (like 2024), it has 29 days.
2. **Named After Purification** – February comes from the Latin word Februa, which means "to purify." It was named after an ancient Roman festival of purification called Februa, celebrated on February 15.
3. **Once the Last Month** – In the original Roman calendar, February was the last month of the year. When January and February were added to the calendar around 713 BC, February became the second month.
4. **Groundhog Day Tradition** – Every February 2, Groundhog Day is celebrated in the U.S. and Canada. If a groundhog sees its shadow, there will be six more weeks of winter; if not, spring will come early (according to folklore).
5. **Rare Birthdays** – Leap Day, February 29, only happens once every four years. People born on this day (Leaplings) technically celebrate their birthdays less frequently than most, making them part of an exclusive club!

Want a bonus fun fact? February is the only month that can pass without a full moon—it happened in 2018 and won't happen again until 2037! 🌙

## Introducing...

### Tyler & Brady Forester

Welcome Tyler and Brady Forester to the Team!

We're excited to welcome Tyler Forester and Brady Forester to the Forester Family Medical Supply team!



Tyler joins us as a Patient Account Advisor, bringing a strong foundation in business as he continues his college studies. He has a background in basketball, where he excelled both on and off the court, developing leadership, teamwork, and dedication—qualities that will serve him well in his new role.



Brady is stepping in to support our growing operations, bringing enthusiasm, a strong work ethic, and a commitment to helping us provide top-quality service to our customers. His willingness

to learn and contribute makes him a valuable addition to the team.



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