



North Wind Behavioral Health

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Caroline J. Atkinson

Licensed Professional Counselor
Alaska License #PCOP3

National Provider Identification # 1689717316

Education:

<u>DEGREE</u>	<u>YEAR</u>	<u>INSTITUTION</u>	<u>COURSE WORK</u>
Masters of Arts	1995	Phillips Graduate Institute Chatsworth, CA	Marriage, Family and Child Therapy
Bachelor of Arts	1991	University of San Diego San Diego, CA	Psychology

Caroline works within a holistic framework that considers mental, emotional, spiritual, relational and physical wellbeing. Her therapeutic approach is to provide compassion and nonjudgmental support to help clients through difficult times. She uses an integrated approach in order to meet the individual needs of each client. Caroline has been trained in Grief Counseling, Animal Assisted Therapy, and Brain Spotting technique. Caroline is experienced in working with individual adults and adolescents struggling with depression, anxiety, trauma, anger, addiction, ADHD, OCD and a variety of other difficulties. She is also experienced in providing therapy for couples, families and groups.

Confidentiality:

Confidentiality is an important component of therapy. Information you share cannot be disclosed except as required, or allowed, under state law. See “Counseling and Fee Policy Agreement” and “Notice of Privacy Practices” for additional information on confidentiality and client rights.

Your signature is required on the Acknowledgement Form.