



# North Wind Behavioral Health

1867 Airport Way, Suite 215  
Fairbanks, Alaska 99701  
(907) 456-1434  
(907) 456-1481 fax

**Cathy Johnson**  
Nurse Practitioner

## License

Licensed Psychiatric Nurse Practitioner

## Education

<u>DEGREE</u>	<u>YEAR</u>	<u>INSTITUTION</u>	<u>COURSE WORK</u>
Certificate	1979	US Army Nurse Corps	Nurse Practitioner – Mental Health
Masters of Science Psychiatric Nurse	1982	Medical College of Georgia	Clinical Nurse Specialist, Adult Mental Health
Masters of Health Care Administration	1997	Baylor University	Health Care Administration

## Professional Organizations

Alaska Nurse Practitioner Association  
American College of Healthcare Executives

American Nurses Association  
American Psychiatric Nursing Association

## Counseling Philosophy & Specialization

Cathy employs a combination of the medical model, cognitive behavioral, and system approaches in her work with individuals and groups. Her specialties include psychiatric evaluations and medication management. Her work with individuals includes specialties in anxiety disorders, depression, mood disorders, attention deficit disorder, post-traumatic stress disorder, and grief/bereavement issues. Cathy has over 25 years of experience working with military members and their spouses and veterans of combat.

## Confidentiality

Confidentiality is an important component of therapy. Information you share cannot be disclosed except as required or allowed under State law.

**Your signature is required on the Acknowledgement Form.**