



Center for
Spiritual Living[™]
Salt Lake

Where Transformation Happens

**FOOD.
FUN.
FRIENDS.**

2026 Event Guide

*The recipe for
joy: friends,
food, and
endless
conversations.*



myfoodvalley.net



Event #1

Ruth & Robert's Bowling Party

Saturday, June 6

Hosted by: Ruth Mikkelsen and Robert Wetzel

Location: All Star Bowling in Sandy

Date & Time: Sat., June 6, 11:00 AM-2:00 PM

Maximum Number of Guest: 24

Fun for all ages and skill levels. There will be trophies for many unique categories. No bowling experience necessary—just the ability to have fun and play!

Includes shoes, bowling, lunch and soft drinks.

No Host Bar available.

Starting Bid: \$25.00

All ages and abilities welcome!

Event #2



MOVIE & ICE CREAM

Tuesday, June 16

Hosted by: Ric and Chamainge Sharette

Location: Orem Cinemark

Date & Time: Tuesday, June 16th 6:00 to 9:00 PM

Maximum Number of Guest: 4

CINEMARK MOVIE & ICE CREAM

We will either see:

"Remarkably Bright Creatures"

with Sally Field, or

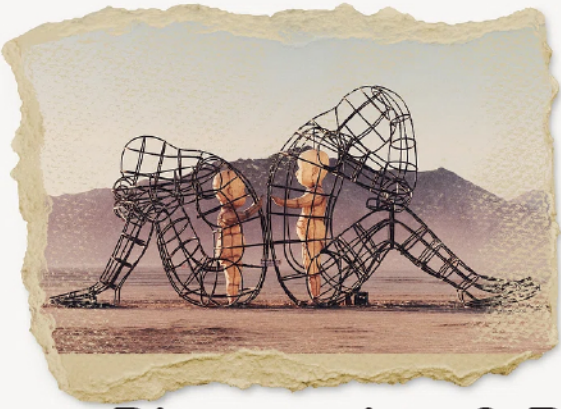
Steven Spielberg's "Disclosure Day"

Then go for ice cream

at HANDEL'S ICE CREAM PARLOR!

Starting Bid: \$25.00

Event #3



Discovering & Recovering Your Inner Child

Thursday, June 25

Hosted by: Linda Brewer

Location: Private Home in Sugarhouse

Date and Time: Thursday, June 25 6:30 to 9:30 PM

Maximum Number of Guests: 6

Using guided visualization, guests will explore their childhood from birth through their teens, recognizing needs they had that went unmet & decisions their inner child made as a result, that often unconsciously continue to impact their lives & relationships as adults. This will be followed by sharing & a healing exercise.

Special Instructions: Anyone who is in therapy, should discuss with their therapist if this is right for them. All participants will need to sign a self-responsibility contract. Snacks will be provided.

Starting Bid: \$45.00



**Game Night
w/optional Swim and Hot tub**

Friday, July 10th

Hosted by: Rev. Cindy and Bren

Location: Taylorsville

Date and Time: Friday, July 10th 6:00 - 9:00

Maximum Number of Guest: 40

A night of fun and games with Rev Cindy and Bren.

Includes dinner and deserts, a swim and hot tub if you want to jump in. Games will include, Hand n Foot, Mexican Train Dominoes and a few others. No worries if you don't know these games we will teach you.

Starting Bid: \$15.00

Event #5



Ruth & Robert's Bowling Party

Saturday, August 8

Hosted by: Ruth Mikkelsen and Robert Wetzel

Location: All Star Bowling in Sandy

Date & Time: Sat. August 8th, 11:00 AM-2:00 PM

Maximum Number of Guest: 24

Fun for all ages and skill levels. There will be trophies for many unique categories. No bowling experience necessary—just the ability to have fun and play!

Includes shoes, bowling, lunch and soft drinks.

No Host Bar available.

Starting Bid: \$25.00

All ages and abilities welcome!



Connections Card Game & Snacks

Tuesday, August 18

Hosted by: Sue Gardner & Linda Brewer

Location: Sugarhouse Home

Date and Time: Tuesday August 18th 6:30 - 8:30

This game is cooperative, not competitive. It offers the players the opportunity to recognize & appreciate diverse perspectives, backgrounds, and life experiences. There are 23 cards & each tells the story of a person & asks the player, to notice their body responses as each card is read.

Maximum Number of Guests: 5

Starting Bid: \$20.00

Adults only. A great chance to explore yourself in a supportive environment with others seeking to better know themselves.

Event #7



Carpenters Platinum Concert Saturday, August 29th

Hosted by: Kevin Daniels & Lynn Dee Mueller

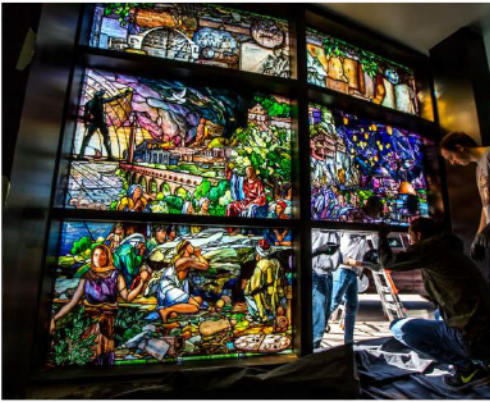
**Location: Mid-Valley Performing Arts Center
Taylorsville**

Date and Time: Saturday, August 29th, 7:30 PM

Maximum Number of Guests: 10+

**Enjoy the beautiful voice of
Lynn Dee Mueller performing
as Karen Carpenter and the
fantastic band. Relive the best hits of
both original ballads and upbeat hits.**

Starting Bid: \$25.00



DREAMWALK PARK & THAI SUPPER Tuesday, September 1st

Hosted by: Ric Sharette

Location: Orem

Date & Time: Tuesday, September 1st 3:00 to 6:00

Maximum Number of Guests: 4

Take a 90-minute, indoor stroll through The Dreamwalk Park portal into a world beyond your wildest imagination and experience marvels of engineering in amazing, artistic display: cosmic symphonies of light and sound; science fiction fantasy in larger-than-life scenes of sensational color. Imagine walking through a Galactic Grotto or a towering Mushroom Forest! Afterwards, we'll dine at the yummy Thai Papaya Cuisine restaurant!

Starting Bid: \$45.00



Sicilian Pasta and Pesto making and Dinner Saturday, September 19th

Hosted by: Salina Baugh

Location: Private Home in Murray

Date and Time: Saturday, Sept 19th 4:00 - 8:00 PM

Maximum Number of Guests: 5

We will be making homemade pasta (flour and water) and pesto (almonds, lemons, olive oil, parmesan cheese, basil, garlic) and possibly sundried tomatoes. I will provide copies of the recipes for the pasta and pesto, which I received while cooking in Sicily. We will then share dinner together which will include a salad and meat course. This is not appropriate for people with flour, nut, or cheese allergies or other issues.

Starting Bid: \$50.00

This is an adult only event.

Persons allergic to cats should be aware there is a cat in the home.

Event #10



Italian Dinner & Concert with Mothership!

Sunday, September 27, 5:00 PM

**Hosted by: Salina Baugh,
Donna Mirabelli, Robert Wetzel**

Location: Three Fountains East Clubhouse

Date and Time: Sunday, September 27, 5:00 PM

Maximum Number of Guests: 30

**Enjoy a gourmet dinner of Salina's homecooked
pasta (meat, vegetarian/vegan options),
Donna's delectable dessert and the
musical stylings of Rory and DelAnne
This will be an event to remember.
BYOB**

Starting Bid: \$75.00

Wheel Chair accessible venue

Event #11



Movie Night at Rev Cindy and Bren's house

Monday, September 28th

Hosted by: Rev Cindy and Bren, Snowy and Poppy

Location: Private home in Taylorsville

Date and Time: Monday, September 28th 6:00 -9:00

Maximum Number of Guests: 6

Come to the Rev's house and enjoy an evening with pizza, popcorn and a movie! We will have an opportunity to discuss the movie and end the evening with Bren's homemade lemon bars!

Starting Bid: \$25.00

Puppy Love included!

Two little doggies are ready to jump on your lap!



Sicilian Pasta and Pesto making and Dinner Saturday, October 17th

Hosted by: Salina Baugh

Location: Private Home in Murray

Date and Time: Saturday, October 17th 4:00 - 8:00 PM

Maximum Number of Guests: 5

We will be making homemade pasta (flour and water) and pesto (almonds, lemons, olive oil, parmesan cheese, basil, garlic) and possibly sundried tomatoes. I will provide copies of the recipes for the pasta and pesto, which I received while cooking in Sicily. We will then share dinner together which will include a salad and meat course. This is not appropriate for people with flour, nut, or cheese allergies or other issues.

Starting Bid: \$50.00

This is an adult only event.

Persons allergic to cats should be aware there is a cat in the home.



Hanukkah Party Time!

Friday, December 4th

Hosted by: Rev. Cindy & Bren Turner

Location: Legacy Village in Taylorsville

Date and Time: Friday, December 4th @ 6:00 PM

Maximum Number of Guests: 50

Enjoy authentic Jewish soul food, including potato latkes and brisket, games and music.

Rev Cindy will be doing all the cooking!

Learn about this fun holiday and receive a special Channukah gift!

Starting Bid: \$40.00

Kids are welcome, Soft drinks, water and tea will be served. Bring your own wine.



Bike Ride with Laila

Date TBD

Hosted by: Laila Bremer

**Location: Park City Railroad
(or other suitable location)**

Maximum Number of Guests: 10

This will be an easy 8-10 mile ride in a location without automobiles. Snacks & drinks will be provided after. Helmets are required, glasses or sunglasses recommended.

Starting Bid: \$10

Family Friendly



Artisan Chocolate Tasting

Date: Friday Evening - TBD

Time: 7:00 - 8:30 PM

Location: Taste. - Provo, UT

Maximum Number of Guests: 10

Host: Ric and Rev Cindy

Taste a variety of Artisan chocolates from around the globe! We will learn how to utilize all our senses while tasting and enjoying a memorable experience!

Family and Kid friendly

Starting Bid: \$20



Pizza, Puzzles & People

Saturday, July 25th

Hosted by: Robert Wetzel

Location: Sugarhouse Location

Date and Time: Saturday July 25th

12 PM to 3 PM

Maximum Number of Guests: 5

Piece together a perfect afternoon with us! Whether you're reconnecting with old friends or making new ones, come help us tackle a 500-piece masterpiece.

We've got the puzzle covered, along with a full spread of pizza, snacks, drinks, and—of course—plenty of dessert to keep the brain power flowing.

Starting Bid: \$25.00

Intuitive Reading by Renelle



Date TBD with the winner

Hosted by: Renelle Smith

Location: Private Home in Murray

Date and Time: TBD with the Winner

Maximum Number of Guest: 1

75 to 90 minute Intuitive Reading

Rooted in decades of experience with meditation, hypnotherapy, energy healing, & embodied wisdom practices, this session is designed to gently support your inner clarity and calm. Whether you're navigating a transition, seeking insight, or just craving deep rest for your spirit — This session will be attuned to you.

Starting Bid: \$50.00

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Starting Bid: \$50.00



Mystery Dinner

Date: TBD

Time: 6:00 PM

Location: Private Home

Maximum Number of Guests: 5

Host: Renelle Smith

Enjoy a Mexican dinner including salad, chips, salsa, guacamole, rice & beans. ALL special diets will be accommodated including vegetarian, gluten free, vegan, etc! Top it off with a sugar free chocolate mousse dessert.

Event for adults only.

We will be playing a “mystery game” throughout the dinner.

Starting Bid: \$40