

TOXIC ESSENTIAL OIL DANGER TO YOUR PET

Saturday night, I got home late, and my dog didn't recognize me. As a nanny, I thought I had woken him up, and he was having a night terror. On Sunday, he was still acting weird. I realized that I had been running my new diffuser and decided to turn it off. On Sunday afternoon, he was feeling better.

Today at work, my dog sitter said that he wouldn't come out from under the bed. It was very odd as he is a happy dog. I came from work early, and again, he was very confused about who I was. So, I took him to the emergency vet. It turns out that the tea tree oil I was using in the diffuser is toxic for dogs. Thankfully, the test showed that his liver was ok. But we weren't out of the woods yet. He was given fluids under his skin to help remove the toxins.

The vet and poison control are saying that they see these cases often now that the popularity of essential oils is growing.

Please make sure that the essential oils you are burning are not toxic to your pets.

Here is a list of toxic essential oils that are dangerous to your pet. Please do not use if you have a dog at home.

Anise (*Pimpinella anisum*)
Birch (*Betula*)
Bitter Almond (*Prunus dulcis*)
Boldo (*Peumus boldus*)
Calamus (*Acorus calamus*)
Camphor (*Cinnamomum camphora*)
Cassia (*Cassia fistula*)
Chenopodium (*Chenopodium album*)
Cloves (*Syzygium aromaticum*)
Garlic (*Allium sativum*)
Goosefoot (*Chenopodium murale*)
Horseradish (*Armoracia rusticana*)
Hyssop (*Hyssopus* sp. with the exception of *Decumbens*)
Juniper (*Juniperus* sp. with the exception of Juniper Berry)
Mugwort (*Artemisia vulgaris*)
Mustard (*Brassica juncea*)
Oregano (*Origanum vulgare*)
Pennyroyal (*Mentha pulegium*)
Red or White Thyme Rue (*Ruta graveolens*)
Santolina (*Santolina chamaecyparissus*)
Sassafras (*Sassafras albidum*)
Savory (*Satureja*)
Tansy (*Tanacetum vulgare*)
Tea Tree Oil (*Melaleuca alternifolia*)
Terebinth (*Pistacia palaestina*)
Thuja (*Thuja occidentalis*)
Wintergreen (*Gaultheria procumbens*)
Wormwood (*Artemisia absinthium*)
Yarrow (*Achillea millefolium*)

Please share this story as it may save someone's precious furry family member!