



Lisa Fowler, President
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I am a mom of 4, with only our youngest left in the home, who is a Freshman in high school this year (2023-2024).

We are a family that values the benefits of youth sports and other extracurricular activities. My husband played football and soccer in his youth, raced dirt bikes, became a volunteer youth football coach during the time our son was in school, and now serves as a high school football coach for our daughter's school. He also loves SCUBA diving, fishing and spear fishing. Throughout my youth, I was a competitive dancer, gave women's rugby a try for one season (*wasn't really my cup of tea – but had bragging rights as part of the first women's team of our intermediate school*), on the high school pep squad/dance team, participated in various plays, and on the debate and mock trial teams. I also love dirt bikes, hiking, repelling, SCUBA diving and sky diving. Our children's activities include cheer, color and winter guard, equestrian vaulting, photography, ceramics, football, soccer, baseball, wrestling, and competitive dance.

Let me tell you – it was not until I had children that I realized just how expensive extracurriculars are, which makes me even more appreciative of my parents for giving me these wonderful opportunities as a child – opportunities I believe every child should have access to. These extracurriculars, that turned into passions, taught me hard work and dedication, how to overcome obstacles and mind limiting beliefs, built lifelong friendships, and taught me to cheer for not just my teammates, but my opponents as well. **I love to celebrate wins, mine or not.**

I've always found great fulfillment as an adult in serving on volunteer Boards that make a positive impact.

Prior to co-founding YABA Foundation, other non-profit involvements include:

- Equestrian Vaulting Competition Coordinator;
- Secretary, then President of a Fresno Chapter of Kiwanis (where I met my husband, Clint);
- Treasurer, then President of a youth football and cheer organization (I was the first female president in the league, and eventually became Co-Chair of the league, where I helped every team in the league develop a cheer division);
- Secretary and Procurement Officer for Seattle Givers Board (an organization dedicated to raising money through large events, for disadvantaged populations such as homeless and foster youth);
- Operations Officer for College Success Foundation – which provides grants, scholarships and education to marginalized youths.
- I also help coordinate and often escort senior citizens on trips they otherwise wouldn't be able to go on without assistance.

I am absolutely thrilled to be part of an organization that promotes positive youth development!