



Courage to Connect: Mental Health Wellness Walk



Hosted by Adams County Health Action Team (ACHAT) & Partners

Wye Campground, 3604 Highway 95

New Meadows 83654

Saturday, September 19, 2026 – 9:30am – Noon

Join us for a FREE community walk! Connect with your neighbors, learn about local organizations and their resources supporting the health and wellbeing of Adams County, and enjoy the fresh air.

FREE trail walk
or run - 5K or 1
mile! All ages!

Pre register
by September 12 for
C2C swag!

Volunteer!



*Learn more and
register here!*



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