

October Trek Rider Information



The Weiser River Trail October Trek is the first weekend of October (Saturday and Sunday). We invite you to join us for another fun weekend on the Weiser River Trail!

CONTACT INFO

Email: weiserrivertrail@gmail.com

Pam Lakey, Event Director, 208-739-3366

Information <https://weiserrivertrail.org/events>

REGISTRATION

Registration (discount for riders ages 17 and younger) <http://www.bikereg.com/october-trek>

MEMBERSHIP

Friends of Weiser River Trail is a nonprofit that owns and manages the trail. Membership details at <https://weiserrivertrail.org/membership-%2F-donations>. (You do not have to be a member to participate).

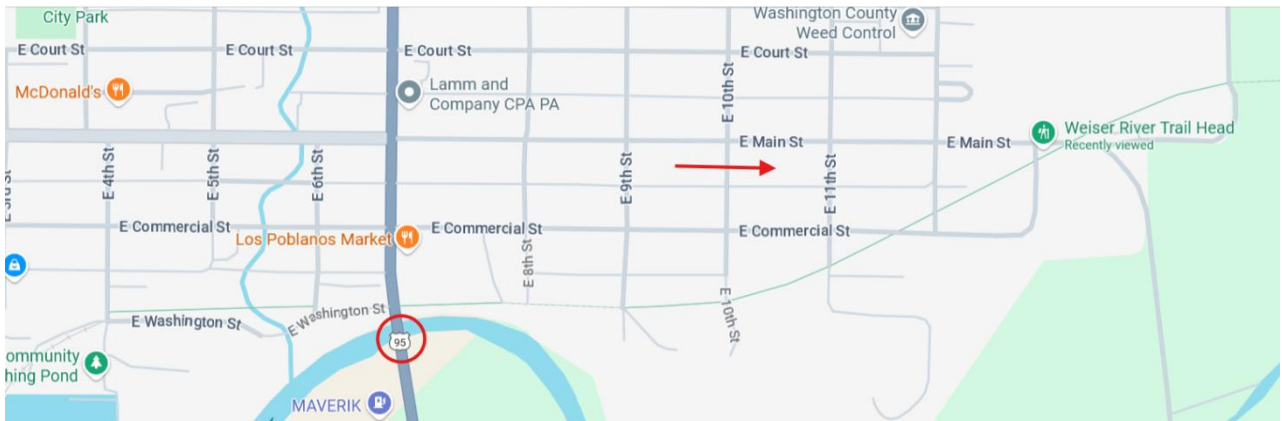
NONRIDERS ARE WELCOME

You may bring people with you who are not riding, but there are fees for them. 1) Saturday lunch, 2) Sunday breakfast, 3) Saturday supper/camping/soaking. Nonriders are not allowed on the shuttles or the trail ride. Nonriders need to be registered to stay in camp.

WEISER TRAILHEAD CHECK-IN

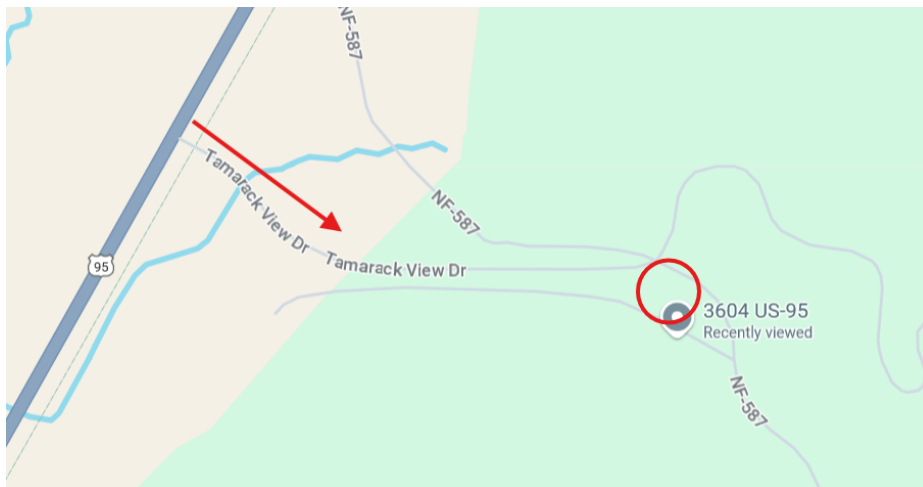
Saturday morning check in opens at 7:30 at the Weiser Trailhead at the end of East Main Street in Weiser, Idaho (see map below). You will receive an event shirt when you check in. Please park in the lot east of the paved parking area. Be on time, we depart at 8 a.m. You MUST call us if you are running late so we can make alternate transportation arrangements. Day of event contact number 208-861-8614 or 208-739-3366.

Your bike will be loaded on a truck for transport to the Wye Trailhead and your luggage will be loaded in a trailer for transport to Mundo Hot Springs. Before you load your luggage, be sure to take out what you need for cycling that day. Items such as a windbreaker, rain jacket, gloves, camera, water, snacks, and your helmet need to be with you on the bus. Please remove packs and panniers from your bike and carry them with you on the bus so we can efficiently carry and protect everyone's bike.



NONSHUTTLED RIDERS

Riders who want to meet us at the start point at the Wye Campground should contact us at weiserrivertrail@gmail.com. Check in there will be about 9:30 am. Please check in with our designated person before you start to ride. Wye Campground physical address is 3604 Highway 95, New Meadows, ID 83654 (one-half mile east of highway 95).



START LOCATION

We will start at the Wye Campground. Water is **not** available at the start location but there is a vault toilet.

WHAT TO BRING

We recommend luggage be durable, water resistant duffle bags weighing no more than 30 pounds. We will transport your luggage during the event so that you can travel comfortably on your bicycle. Please have your name on the baggage for identification. Rain, snow, and frost are guaranteed so please expect your luggage to get wet and pack accordingly.

Choose the proper clothing for the event. Cycling-specific shorts with synthetic chamois padding help prevent saddle irritation. Moisture-wicking, layered clothing with a wind/rain shell works well for staying comfortable in changing weather conditions. Come rain, snow, sun, hot, or cold, we will ride so be prepared.

A **helmet** that is CPSC or Snell approved is **required**. Suggested items for your bike ride are water bottles, rack trunk or handlebar bag, air pump, spare tubes, patch kit, headlight, cycling gloves, first aid kit, sunscreen, insect repellent, and sunglasses. Identification and medical insurance cards should be carried with you at all times.

YOUR FITNESS

We suggest training by riding the distances you will be traveling during the event to build your endurance. Training at distances also helps discover and remedy any bike fit problems like an uncomfortable saddle.

YOUR BICYCLE

Your bike should be in good condition for riding 40+ miles per day over varying dirt and gravel surfaces.

Tires should be in good condition with adequate tread without cuts or bald spots.

Knobby tires or a smooth center tread with knobby sides are recommended to handle surfaces with gravel, dirt, mud, or uneven surfaces. Wide tires work better than narrow tires. The trail is rough in some areas and a suspension bike can be an advantage, but is not necessary. Be prepared to deal with the 3-Rs (Ruts, Rocks and Roots) in addition to loose gravel surfaces.

Know how to repair a flat tire, carry a pump, spare tubes, and patch kit. *Tribulus terrestris* (a.k.a. tackweed, puncturevine, goathead, devil's thorn) is present in the area and has caused many flats. We control it by spraying and pulling, but have not eliminated it. Check with your bike shop for equipment that may stop a flat from occurring. This could include slime tubes, Stan's No Flat in tubeless tires, or tire liners that stop large thorns. We recommend you carry more flat tire equipment than you normally carry.

Have your bike serviced before you come to the event. A mechanic *may* be available for emergency repairs during the event (we cannot guarantee a mechanic on site). This is not a substitute for bringing a well prepared bike to the event. Mechanics will have normal items for general repairs. Expect to pay for parts. Mechanics are not paid by us for their time and do not charge you for their time, so please tip generously.

CAMPING ACCOMMODATIONS

Camping Saturday night will be at Mundo Hot Springs. The campground and hot springs pool are located about two miles north of Cambridge near the trail (see map below). You should bring a tent, sleeping bag, flashlight, swimsuit for the hot pool, change of clothes, washcloth, towel, and related items you prefer to have at camp. If you prefer RV hookups, a hostel with 6 bunks, hotel-style room, or cabin, they are available at additional cost. They may fill fast. Contact Mundo Hot Springs at 208-257-3849 for questions and to reserve these upgrades on a first come, first served basis. The Mundo Hot Springs web site is <http://www.mundohotsprings.com> If you prefer to stay at motel accommodations in Cambridge, those arrangements are your responsibility and the event price is not reduced. See the Weiser River Trail website for information about lodging in Cambridge. Nonriders in your group may purchase meal, soaking and campground privileges during registration.



ON THE TRAIL

This is a supported ride. We will have riders with the group plus a sweep of the trail to ensure that everyone is off the trail each day. For your safety, we would appreciate it if you would not explore side trails in a way that we could miss you with the sweep. We will have a sag support vehicle if someone cannot continue. We will require you to ride if you unnecessarily delay the sweep. There is limited opportunity for access to the trail in some locations. We will do our best to get to you expediently if you need help.

Saturday we will ride 43 miles from our drop-off point to Mundo Hot Springs. Lunch will be at the Council Senior Citizen Center (one block off the trail). Supper will be at the campground. If you want to ride into Cambridge in the evening, headlights may be needed.

On Sunday, we will ride from Mundo Hot Springs to Weiser Trailhead, a distance of about 43 miles. Sunday is a more relaxed day, with breakfast in Cambridge and a box lunch along the trail. The sweep will leave Cambridge at 10 am so please be on the trail before that time. We will wait in Weiser with your baggage until everyone is off the trail.

MEALS AND DRINKING WATER

Please verify this with any updated information you receive before the ride. We will have aid stations with water and Gatorade at the following locations

- Starkey about mile 16 on Saturday
- Presley Trailhead about mile 30 on Sunday

Meals provided as follows:

- Lunch Saturday will be at the Council Senior Citizen Center (see map below)
- Supper Saturday and breakfast on Sunday will be at Mundo Hot Springs
- Lunch Sunday will be a box lunch distributed along the trail (we will send information prior to the ride so you can place your order)

Nonriders can register for the Saturday lunch, Saturday supper, soaking and camping and Sunday breakfast. Sunday lunch is not available to the nonriders.

WAIT LIST

If the event is full and will not accept your registration, contact the event director at weiserrivertrail@gmail.com to request placement on the wait list. Include your name and phone number and send the message from the email account you want us to use to contact you. The waiting list will be first come, first served based on your email date and time. You will receive an email confirmation that you are on the list. If we have a cancellation, you will have 24 hours to respond after we contact you by email.

CANCELLATION AND REFUNDS

If you need to cancel for any reason, please contact email weiserrivertrail@gmail.com. (Note registration can be transferred.) 90% refund up to 09/13/2025 (10% to cover BikeReg fees); 50% refund 09/13/2025 through 09/27/2025. No refunds after 09/27/2025.

