## Stairs, Guards and Handrails (NBC 2010 - Part 9)




Figure $A-3.4 .3 .4$. Measuring clear height

## Stairs (NBC Section 9.8)

- Stairs must be at least 900 mm (36") wide (NBC 9.8.2.1.)
- Clear height over stairs must be at least 2050 mm (80") (NBC 9.8.2.2.(2). Refer to NBC Figure A-3.4.3.4. above.)
- At least 3 risers must be provided in interior flights of stairs (NBC 9.8.3.2.)
- The vertical height of any flight of stairs must not exceed 3.7 metres (12') (NBC 9.8.3.3.)
- Risers must be of uniform height between $125-180 \mathrm{~mm}(5$ " - 7") and treads must have a uniform run at least 280 mm (11"), with a tread depth at least 280 mm (11") (NBC 9.8.4.1. \& 9.8.4.2.)
- Where winders are incorporated into a stair, each set must not turn through more than $90^{\circ}$ and must conform to NBC 9.8.4.5. requirements.
- The top of tread nosings must have a rounded or bevelled edge extending between $6 \mathrm{~mm}-14 \mathrm{~mm}(1 / 4 \mathrm{c}-1 / 2 \mathrm{~L})$ from the front of the nosing (measured horizontally), or extending $3 \mathrm{~mm}\left(1 / 8{ }^{\prime \prime}\right)$ if a resilient material is used (NBC 9.8.4.6.)


Figure A-9.8.4.-B
Elements of steps and their measurement

- Interior stairs (NBC 9.8.8.1.(3), and exterior stairs where there is a difference in elevation of more than 600 mm (24") between the walking surface and adjacent surface (NBC 9.8.8.1.(1a), must be protected on both sides by a wall or a guard that is at least 900 mm (36") above the step nosing (NBC 9.8.8.3.(4).
- Exterior wood steps must not be in direct contact with the ground unless treated with a wood preservative (NBC 9.8.9.3.)
- Wooden stair stringers must have a minimum effective depth of $90 \mathrm{~mm}\left(3.5^{\prime \prime}\right)$ and an overall depth of at least 235 mm ( 9.25 "), be supported and secured top and bottom, and be not less than $25 \mathrm{~mm}\left(1^{\prime \prime}\right)$ actual thickness if supported along their length and $38 \mathrm{~mm}\left(1.5^{\prime \prime}\right)$ actual thickness if unsupported along their length (NBC 9.8.9.4.)
- Wooden stair stringers must be spaced not more than 600 mm (24") o.c. (NBC 9.8.9.4.(1d).


## Guards (NBC 9.8.8.)

- Guards at least 1070 mm (42") high (NBC 9.8.8.3.(1) are required if there is a difference in elevation of more than 600 mm (24") between the walking surface and the adjacent floor/ground surface (NBC 9.8.8.1.(1a).
- Guards are also required if the adjacent surface within 1.2 m (4') of the walking surface has a slope greater than 1 in 2 (meaning a ratio of 1 ' out and 2 ' down) (NBC 9.8.8.1.(1b).
- Guards no less than 900 mm (36") high are required for flights of steps, except in required exit stairs (NBC 9.8.8.3.(4).
- Height of guards for flights of steps must be measured vertically from the top of the guard to a line drawn through the leading edge of the treads served by the guard (NBC 9.8.8.3.(5).
- Guards must be designed to resist specified loads, as prescribed in NBC Table 9.8.8.2.
- Guard members (i.e. vertical spindles or safety glass inserts) must be spaced to have no opening that would permit the passage of a $100 \mathrm{~mm}(4 \mathrm{C})$ sphere (NBC 9.8.8.5.)
- Guard members must be designed so that no member, attachment or opening facilitates climbing (NBC 9.8.8.6.)
- Permanent installed bench seating must meet the guard requirements, as per NBC 9.8.8.
- Glass in guards must be CAN/CGSB approved tempered, laminated, or wired safety glass (NBC 9.8.8.7.)


## Handrails (NBC 9.8.7.)

- All straight stairs less than $1100 \mathrm{~mm}(43 ")$ wide require at least one handrail. Curved stairs, or stairs equal or greater than 1100 mm in width, required handrails on both sides (NBC 9.8.7.1.(1).
- Handrails serving ramps are required on both sides (NBC 9.8.7.1.(1).
- One required handrail must be continuous throughout the length of the stair, including landings, except where interrupted by doorways or newel posts at changes in direction (refer to NBC Figure A-9.8.7.2. below for examples.)


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