Outlook

KINDNESS Matters July, 2026

From KIND Families <kari@kariabaker.com>
Date Wed 7/1/2026 7:10 AM
To Kari Baker <kari@kariabaker.com>

KIND KINDNESS MATTERS

KIND FAMILIES

Your Monthly Connection to All Things KIND!

KIND = Kids with Invisible Neurological Differences

July 1, 2026

"And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work." 2 Corinthians 9:8 ESV

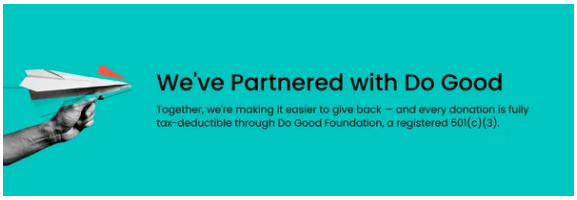
KIND REWIND

Announcing the KIND Families Foundation

This month we have BIG NEWS and you are the first to hear! You may remember when I offered the Kindle version of ***Finding KIND*** for free on Amazon and orders went through the roof. Since then, the Holy Spirit has been flooding me with stories and sermons of the impact of generosity, reminding me why God put this ministry on my heart. Today, I am thrilled to announce the next phase of outreach.

Through a fiscal sponsorship affiliation with Do Good Naas, a 501(c)(3), we have officially launched the **KIND Families Foundation**,

creating a new way to support our mission of encouraging, equipping, and inspiring families raising children with autism, ADHD, and other invisible neurological differences.

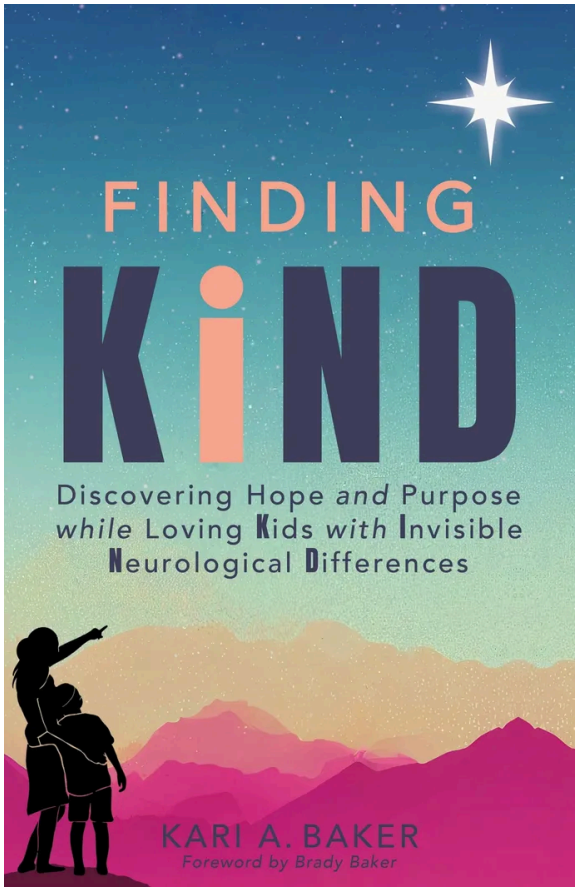


One of the most exciting benefits of this partnership is that ***all donations made through the KIND Families Foundation are tax-deductible***. This allows individuals, churches, businesses, donor advised funds and foundations to invest directly in projects that help families discover hope, find purpose, and experience the love of Christ in the midst of their KIND journey.

Our first major initiative is one repeatedly requested by KIND caregivers: the production and distribution of an audiobook version of ***Finding KIND***. We know that many parents in our community are balancing therapies, appointments, work, school meetings, and countless daily responsibilities. Finding time to sit down and read can feel impossible. An audiobook will allow busy and overwhelmed parents to listen while driving, walking, exercising, or managing everyday life.

More details about additional projects can be found in this donor introduction document. Please consider sharing with your network or simply reply to this email if you'd like to set up a call with me to discuss further. If you feel led to donate, you can do so HERE.

Only because of your KINDNESS is this all possible. Thank you for continuing to support KIND Families and now the **KIND Families Foundation**!



KIND MASTERMIND

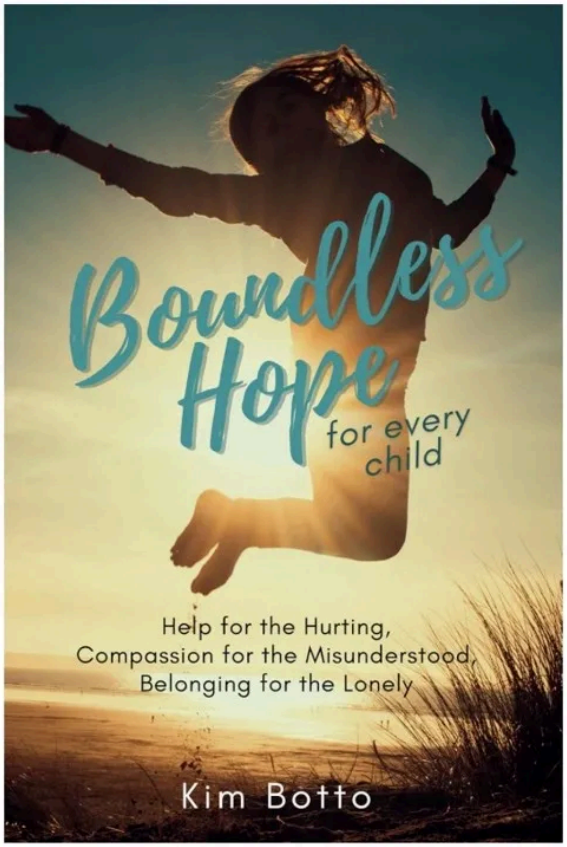
Instructions on Instruction

My son Brady and my husband John recently participated in a 25-mile charity bike race in Northern Idaho. John, an enthusiastic long-distance cyclist and mountain biker, could have chosen a race with more mileage, but he set aside his own training to coach Brady. Biking was challenging for Brady when he was younger, so his interest in sharing his dad's passion was a courageous undertaking.

However, instructing your teenage son in a new skill is a lesson in patience and compromise, and occasionally frustration. At times Brady, and probably John, wanted to quit. John is strategy and data driven and wants to track heart rate, miles per hour, and other statistics to maximize results. Brady just wants to go fast and complains the information overload steals the fun from the exercise. I worried the constant tension between the two motivations may drive Brady away from an activity they could enjoy together.

In the end, John chose to let Brady forego most of the data tracking to keep him engaged and excited, and the two finished the race with wide smiles and a core memory of accomplishing a goal together. Sometimes as KIND parents we must throw away all the knowledge and wisdom we've collected over the years to meet our kids where they are. We must sacrifice being right for being effective. We must release control to foster a better relationship. We must remember that sometimes it's not about the journey, it's about the destination.

KIND FINDS



Boundless Hope

If you are a ministry leader, children's pastor, or anyone interacting with kids, you need this book!

I met Kim Botto at a writer's workshop in 2024. I knew I needed to be her friend when she popped up out of her seat during introductions and said she is PASSIONATE about helping ALL kids belong, but especially those who are neurodivergent, have experienced trauma, or have a disability.

This book is the fruit of decades of experience leading children's and student ministries, training providers in trauma-informed care, behavior support and more. Kim speaks all over the country to remind adults that a child with big behaviors does not need to be fixed – he or she needs to be understood. Through personal stories, tested research, and practical examples, Kim's wisdom will change the way you relate to any child – maybe even your own. Visit KimBotto.com to learn more, and pick up ***Boundless Hope for Every Child*** here.

FINALLY, HAPPY 250TH BIRTHDAY TO THE U.S.A!

I hope you and your family have a fantastic 4th of July!

KIND Families Resources at Your Fingertips:

Purchase ***Finding KIND*** on Amazon HERE!

Visit the KIND Families website HERE!

Purchase KIND Merch HERE!

Want to contact Kari about one of the topics above? Simply reply to this email!

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