

North Carolina East Optimist News

Fellow Optimists,

It's time to prepare for our District Convention which is scheduled to be held September 10 – 13th in North Myrtle Beach, SC this year – the first time we have been out of state! We will be at the beautiful Bay Watch Resort and I believe each of you will agree with me this location has a lot to offer us in this economy that will be worth the trip! So, make plans to have fun and bring your family and your grandchildren for a great weekend! This will be a fun filled weekend and a time for socializing with old friends, making new ones, enjoying great food and entertainment, receiving great training and having lots of fun things to do.

We have several special guests joining us this weekend! First, join me in welcoming our International Representative Vice President Sam and Mary Keiffer. They are from the Colorado-Wyoming District. Sam will be working with our training classes and will be available for our questions. Maybe we can get first-hand ideas on places to visit and things to do for our next International Convention which is scheduled to be in Denver, Colorado! Please join me in welcoming them to the **Best District!**

Also joining us for the first time will be Officers and Members from our **NEW Wake Forest Optimist Club!** This club has already been busy with service projects and participating in their Zone meeting! I would like to give a special thank-you to the North Raleigh Optimist club for sponsoring this new club and the support they have for this new club. I would like



also to give a special thank you to **Les Craft** for the donation to this new club of a Creed Banner. Les offered to do this at our first district meeting this year. *Les, I appreciate all you do for our district!* Together, we can accomplish great things!

We will start the weekend with our traditional Golf Tournament to benefit the Boys and Girls Home in Lake Waccamaw. Following the tournament, all Optimists are invited to attend an evening meal honoring our Past Governors. On Friday morning, the Executive Committee will meet and in the afternoon, training for our incoming club officers will begin. Friday evening will be an evening of entertainment as we watch our “Womanless Wedding” which is a fundraiser for the Childhood Cancer Campaign. These “participants” will keep you in stitches as the drama unfolds! Each club is asked to sponsor their participant and come out to support their role!

Saturday morning starts out with our “Old Timers Breakfast”! This is for all Optimists – new, convention first timers, and of course – our old timers! This will be followed by the District Board of Directors meeting and continued officer training. We will end the day with the Governors Banquet and Ball. Starting the evening with our “Prom Picture” and reception. At the banquet, our new District officers for the 2009-2010 Optimist year will be formally installed. For the evening’s entertainment, DJ Gary Gibson (Loafers Beach Club of Raleigh Owner) will provide the music. I think you will really enjoy his style and music. Then on Sunday morning we will close the convention with our parting breakfast at the hotel!

The training at this convention is essential for your President-elects and Secretary/Treasurer-elects. This is the best training and it will also give your officers a chance to meet their Lt. Governors and the new district chair people for the upcoming year. Governor Elect Auston Pusey as put together a great team and they need to meet your club officers. This is a time to learn and get to know those you will be working with during the 2009-2010 year.

I have had the great pleasure to attend two very important events in our district recently that I would like to share with you. Our **Greenville Optimist Club** has celebrated **50 Years of Service** this year! Please join me in congratulating their many years of contributing to their community and serving their youth! Also, our very own **Auston Pusey, Governor Elect and Zone 1 Lt. Governor** was recognized for **Sponsoring 50 Members!** Both of these mile stones are great for our district! As you see members of the Greenville Optimist Club and Auston, please congratulate them! I also encourage you to ask Auston for some recruiting advice! He would love to share them with you!

So many times during this year, we have been bombarded with uncertainty about the economy and I am sure this uncertainty will continue. Perhaps this explains some of the decline in member retention and new membership. When I think of how this has affected our communities and clubs, it makes it very clear that no one will be untouched by the decline. With this in mind, we must recognize the affect on the children as well. Now more than ever, we need to keep our children at the top of the list of people that will need our services. They don’t always have a voice and it is up to us to “watch over them”. We can’t stand idly by and say no to their needs. If you think last year brought a lot of request at the Thanksgiving and Christmas holidays – wait till this year. As it stands, *we have fewer Optimists serving the needs of so many more children.* Do you know a child that does not have food on the weekends – many are receiving the benefits of the “back pack buddies” program! Could your club members donate food for this program? Do you know a child that cannot play

sports because they don't have money for registration and uniform? Can your club help sponsor this child? Do you know a child that will not have "Christmas"? Can your club help? The needs for children are *unlimited!* You don't have to look far to see the needs! **We need to make a decision to serve our children as best we can! This is what we as Optimist do best! We are the "Friend of Youth".**

As of this writing, our District has lost 221 members! The effect this has on the children in these communities is profound! We have added 125 new members! **Thank you to each Optimist that has sponsored a new member!** There are many opportunities to recruit new members! Wouldn't now be a good time to sponsor a new member!

As we come to the end of our Optimist year, please remember to complete your President's Pride Report (on-line) by September 30th and submit your club's CPA entry!

This year has been a wonderful year of memories for me! I want to thank each of you for the opportunity to serve as your Governor!

Yours in Optimism,
Barbara Timmons

1st Quarter A&A Winners NCE District 2007-2008

Top Ten Clubs

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. Garner 2. Wilmington Winter Park 3. Whiteville 4. Raleigh 5. Henderson | <ol style="list-style-type: none"> 6. Wilmington Cape Fear 7. Wilson Golden Circle 8. North Raleigh 9. Wilson Breakfast 10. Roanoke Rapids |
|---|---|

Top Clubs in Each Zone

- Zone 1. Wilmington Winter Park
- Zone 2. Whiteville
- Zone 3. Washington
- Zone 4. Wilson Golden Circle
- Zone 5. Henderson

Top Lt. Governors

1. David Fritz, Lt. Governor Zone 6
2. Auston Pusey, Lt, Governor Zone 1
3. Carey Foster, Lt., Governor, Zone 5

**Worth
Starling,**
District
A&A
Chair



District Essay Contest

The Power of Youth.. Jeanna Buck Washington Optimist, Washington High school



**Jeanna Buck
1st Place**

One of the most poignant examples of the power of youth in our country is the recent nomination and subsequent election of Barack Obama: the first African-American President of the United States of America. It was young Americans ages 18 to 25 that helped him win the democratic nomination; and again, it was America's youth, ages 18 to 25 that carried him in the election. At a difficult time in the nation, when politics could have divided our country, the youth came together, no matter what their race or religion, to campaign for the promise of



Joe King, Essay Committee Chair

change.

Students became more interested in learning about the political process and many taught others, such as their parents and grandparents, about the importance of participating in this election.

On many occasions, youth underestimate their own power. However, history has proven many times the power of youth. For example the Holocaust is a much studied topic in Middle School Social Studies, as well as High School History Classes. Students read about it in text books, view powerful documentaries, and study various supplemental materials in an attempt to understand the impact this event had on our global society. On occasion some have asked, "What can we do to share what we have learned and make sure this does not happen again?" One group of middle students designed and completed a project that not only demonstrated their understanding of the holocaust, but impacted their entire community. They researched the number of victims of the holocaust and collected paperclips, one to represent each victim. The students collected enough paper clips to fill a train car. Once the project was complete, they placed the train car on school property and turned it into a holocaust museum. A documentary was then produced to share the story with millions. This

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story inspired others to learn more about the holocaust.

Individuals can also make an impact. In 2003, a teenage name Jessica Riminton, traveled to Johannesburg, South Africa, to attend the Children’s Earth Summit. As a result of what she learned during this summit, she founded the “Young People’s Decade of Commitment”. In 2004 the Young People’s Decade of Commitment launched One Worlds Youth Project, a cultural exchange initiative for middle and high school age young people.

I have personally been inspired by stories such as these and strive on a personal level to impact those in my everyday life. Through school and community activities such as Future Farmers of America and volunteer coaching opportunities, I have seen firsthand how those that have mentored me have changed my life, and now I am passing my knowledge to others. As Maya Angelou so elegantly said, “When you get, give. when you learn, teach”.



The Power of Youth Alexandra Baltzegar Cape Fear Optimist
E A Laney High School

Robert F. Kennedy once said “Few will have the greatness to bend history itself, but each of us can work to change a small portion of events and in the total of all those acts will be a written history of this generation” (Senator P12430). Despite the beliefs of many, today’s generation of youth has the power to change the world, to redefine society, and make it a better place for generations to come. It is my belief that among our nation’s schools there lies a future president, the cure for cancer, and possibly the next Aristotle, Mozart or Einstein.

Alexandra Baltzegar
2nd Place

Today’s youth have more power and potential than any generation before. Society is changing on a daily basis and we, the young people of America, will soon be taking our places as active members of society. We carry a duty passed down for centuries and it is our obligation to become productive, responsible citizens that make this world a better place. We will face greater challenges than any faced before but we are more equipped to handle them than the teenagers of the past. There has never been a more advantaged, educated and prepared generation than ours.

Ultimately, the power of youth lies in three things: the power of potential, the ability to follow our dream, and the willingness to put others above ourselves. Teens today are already acting on their potential and power, changing the world and making it a better place. Nineteen year old Chad Bullock from North Carolina is fighting the tobacco industry one butt at a time. After losing several family members to cancer, he convinced the state attorney general to take action against tobacco ads aimed at kids. Dallas Jessup, a sixteen year old Tae Kwon Do black belt, taught teens how to defend themselves after multiple attacks in her

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neighborhood. Teen Kjerstin Jackson decided to take action following a trip to Botswana. After witnessing war firsthand, she created Project Forge that has helped over 60,000 refugees in five different countries.

By following my dreams, I can also act on my own potential. My dream is to impact the lives of children by becoming a teacher. A teacher has the ability to touch a child's life in a way that no others can. Through education, children are introduced to lifelong skills that will enable them to become change agents. As an educator, I will teach children how to read, write, think, share, nurture and how to unleash their own potential. By giving a child the gift of education, they too can use that gift to change the world. By becoming a teacher, I will do my part to make a difference in the lives of others.

If each of us will put our potential to work to fulfill our own dreams and destinies, work together to make a difference, the world will be a better place. Then we will have unleashed our nation's true power, The Power of Youth.

The Power of Youth Shampa Panda, Optimist Club of Greenville

Growing up my parents led me to believe that anything was out of my reach and the credit for my activism and interest goes to them. When I announced I wanted to be the next Secretary General of the UN, my dad didn't even look up from his morning coffee, because he has such unwavering faith in me and my potential that he would never doubt my ability, or resolve. I have unwavering belief in the power of youth to instate far reaching change, for change begins with one person. Me.

I am chairperson of my city's youth council. The most important of the multitude of lessons I have learned as chairperson is that the only thing I want to do for the rest of my life is improve the lives of others. From local events such as Riverrock Festival to international service project like the Million Meals Challenge, I have learned that our community does not end at city limits, but begins, for we have a greater responsibility to the world that surpasses our boundaries.

Although my academic classes have given me the didactic facts to make sense of my world, community service projects have influenced me in an indefinable fashion. I have spent my weekends constructing meals for third-world countries around the globe, reading to the elderly and planting trees in disadvantaged areas. I know that the hours I spend impact someone's life, from countries thousands of miles away to communities close to home and that



Shampa Panda
3rd Place

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sensation is the purest form of euphoria.

Some may dismiss my activism and exuberance as typical youthful naiveté, but youth are making substantial differences throughout their communities. We work hard academically and put in countless hours in extracurricular, especially volunteerism. I refuse to let expectations govern my conduct, because, I believe that youth can do anything and everything that we put our minds to. Through service and academia, I am preparing for a diverse, intricate world that is rife with problems but also resplendent with hope.

Perhaps General Douglas MacArthur put it best when he said, “People grow old only by deserting their ideals. You are as young as your faith, as old as your doubt...as young as your hope and as old as your despair...When your heart is covered with the snows of pessimism and the ice of cynicism, then, and then only, are you grown old. And then...you just fade away.”

The youth of today are the future of tomorrow, for the most effective change in a society comes not from outside but from within. We are the mayors, the senators, the legislators that will pass bills and make laws. We are the scientists and the doctors that will find a vaccine for the HIV virus and isolate the oncogenes that cause cancer. The world is in our hands, and it is our privilege and responsibility to change it for the better.

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Al Ludlum, Web Master
A note from the web master to ask ALL optimists. If you have an e-mail address please e-mail it to me at aludlum@nceast-optimist.org and if at any time they see a problem with web site links or wrong information to also email me about the corrections.



←

Ed Taylor, Left, Rocky Mount Evening Optimist, Awarded First Place CPA in #1 Category for year 2007-2008. Presenting the award, Past Governor, Dan Durham .

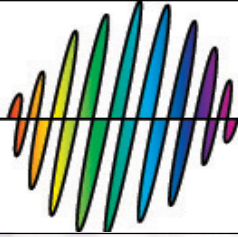
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Barbara Timmons, North Raleigh Optimist, receives 1st Place CPA, category #2 award for 2007-2008 from Past Governor Dan Durham



←

Tom Lamont, Boys and Girls Home Representative, presents Governor Barbara Timmons an award for the 60 North Carolina East members that participated in a Boys & Girls Home work Day.



COMMUNICATION CONTEST for the Deaf & Hard of Hearing

OPTIMIST INTERNATIONAL 



NC East Optimist District CCDHH Contest participants from the North Carolina School for the Deaf in Wilson.. From Left: Ericka Smith, Dennisha Snead, Quisuana Carter, Megan Everette and Ayana Boone. Winner was Quisuana Carter, Center..

The district Communication Contest for the Deaf and Hard of Hearing (CCDHH) was held in Wilson at Something Different Restaurant, Thursday, May 14th. The winner was Quisuana Carter. She will receive a \$1500 scholarship, to be used at any college she chooses. All participants this year attend the Eastern North Carolina School for the Deaf in Wilson, NC.

Bill Edgerton, Chairman
919-920-8541
bedgerton4@nc.rr.com



Boys & Girls Homes of North Carolina

Boys and Girls Homes of North Carolina Christmas 2009

The Optimist Cottage boys invite all Optimist Clubs to help us decorate our Christmas tree this year by making a club ornament. Make sure to include your club's name on the ornament and be creative. It is our hope that all Optimist Clubs will be represented on the tree.

All ornaments should be sent by December 1, 2009 to:

Tom Lamont
Director of Civic Club Development
P. O. Box 127
400 Flemington Drive
Lake Waccamaw, NC 28450

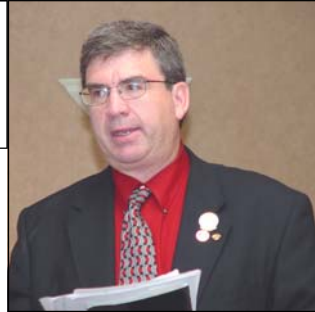


Please help us make Christmas 2009 a joyous holiday!





Tom Lamont
Boys & Girls Home
Representative



Optimist Century Club

“For the Love of Kids”

In 1968, the Optimist Cottage at the Boys and Girls Homes at Lake Waccamaw was dedicated to the service of abused, neglected, or otherwise on-the-street children. Since that time, Optimists from across North Carolina have continued to serve as friends of children of the Boys and Girls Homes with their visits, involvement, and financial support.

In 1981, the North Carolina Past-Governors of Optimist International recognized the importance of an endowment as a means of providing for the ongoing financial support of the Optimist Cottage and the programs of care for the Home’s children and endorsed the concept of raising \$1,000,000 to endow the operation of the Optimist Cottage, to that end the 5 x 12 Club was established. Individual members pledged \$5 per month for 12 months for a total of \$60 per year. At the Optimist West District Convention in August 2002, the NC Optimist Boys and Girls Homes Endowment goal of \$1,000,000 was attained! The 5 x 12 annual pledge played a major part in reaching this goal.

Following the accomplishment of this goal, the question became “What now?” That led to the establishment of the “Climbing the Next Mountain” program to support the programs of care for the children. The ultimate goal for Optimists is to raise \$150,000 per year for the operation of the Optimist cottage. Through the combined earnings, other efforts and a new focus on individual contributions called the Optimist Century Club Fund, the goal for funding the operational needs of the Optimist Cottage can be achieved. You can become an annual Optimist Century Club member by pledging one hundred dollars (\$100) to the support of the Optimist Cottage to make a difference in the life of a child.

You can do this in one payment or in combination of payments to occur during the club year. In return, you will become an annual member of the Optimist Century Club and will receive a commemorative pen and your club will be credited with your gift.

The same motivation of caring that led to the establishment of the Optimist Cottage and the development of a million dollar

Optimist endowment, will spur individual Optimists to continue efforts to provide, hope, build dreams, and further accomplishments of those children who find peace and solace in the Optimist Cottage.

To make your contribution, complete the attached Optimist Century Club form and mail it with your check to the Boys and Girls Homes of North Carolina, Inc., P. O. Box 127, Lake Waccamaw, North Carolina 28472. Your efforts “For the Love of Kids” will be greatly appreciated.



Optimist Century Club

Name.....

Address

.....

.....

.....

E-mailOptimist Club

..... District

.....

Amount enclosed \$I

pledge a minimum of \$100 to the Optimist Century Club of the

Boys and Girls Homes of North Carolina. Please credit the

Optimist

Club of

Signature

Date

Payment of pledge should be completed by September 30 of

the current club year.

Updated Optimist Cottage Needs List and Wish List-July 2009

Please share with other Optimist Leadership !

Needs List for 9 residents in the Optimist Cottage

1. Set of large plastic drinking glasses-Hard plastic-doesn't break
2. Bath towels and wash cloths
3. Bike helmets-needed for boys to ride their bikes

Wish List

1. Portable DVD players-(3)
2. Play station 3 games
3. Wii games (racing, exercise, combat)
4. Hanging Boston ferns (4)-to hang outside cottage
5. Large picnic table for back yard of cottage
6. Center piece or nice decorative piece for the mantle in the cottage
7. Full Size punching bag on a base
8. Radio/cd players for each boy
- 9 . MP3 players-For incentives to move to a higher behavior system
10. Boyish matching bathroom decor (sports, etc) for three bathrooms-shower curtains, toothbrush holders, wastebasket, soap holders, etc
11. Ankle weights for exercising
12. Yard decor for outside of cottage

Thanks for any help we can get for these items for the Optimist Cottage boys....Direct any questions to Tom Lamont at 910-646-3083 ext. 241.



NC East members attending the International Convention In Orlando in July.
 Top from left: Barbara Durham, Alice Pusey, Governor Elect, Auston Pusey, Dan Durham, Tommy Peele, Jermey , Ashley Peele, Jean Taylor, Voloria Peele, Ed Taylor. 2nd row: Phil Best, Sandy Cyphers, Dave King, Tom Lamont, Alan Ludlum, Janice Edgerton, Harmony Nicholson, Maurice Nicholson, Terrance Nicholson, Billy Edgerton. 3rd row: Justin Timmons, J.P. Timmons, Jennifer Timmons, Hailey Timmons, Governor Barbara Timmons, , Ronnie McLamb, Alan Ludlum. Bottom row: Bob Verne, Trish Verne, Cynthia Mattocks, Hank Mattocks, Wayne Sidelinger, Worth Starling, Wanda Lamm, Doug Lamm.



Barbara Timmons, with Ronnie McLamb, take center stage at the Optimist International Convention while being introduced as the current Governor of North Carolina East District.



Mary & Auston Pusey, taking center stage at the International Convention in Orlando, Fl, while being presented as incoming Governor of North Carolina East District.



Doug Lamm, Past International Vice President has just been presented an award for achieving the highest new club building level during year 2007-2008. Award was presented by Past OI President, Theo Golding.



Tom Lamont presented Boys and Girls Home Century Club Membership Certificates to 4 NC East District Optimist members:
 From left: Jerry Medlin, Garner Optimist; Earl Miller, Raleigh Optimist; Wayne Sidelinger, Wilson Evening Optimist and Sandy Cyphers, Wilmington Winter Park Optimist.

District Junior Golf Tournament

Winner's of the NCEast District Golf Tournament held at the Scotch Meadows Country Club in Laurinburg, NC



Don Barringer, District Junior Golf Chairman



Eric Bae; Boys, 10-11 Winner. Raleigh



Brian Denton; Boys, 16-18 winner, Wendell



Tara Simmons; Girls 14-15 winner, finished 26 in Florida



Marsia Daquil-Kawabe; Girls 10-11 winner Fayetteville



Amanda D'Ostroph
Girls 16-18 Winner
Finished 35th in Florida



Amanda Hampton; Girls 12-13 Winner, Finished 35th in Florida



Will Minton; Boys 12-13 winner, Raleigh.

2008/2009 NORTH CAROLINA EAST
DISTRICT OPTIMIST

ORATORICAL
CONTEST



Darrell Fulcher
District Oratorical Chairman
2008-09



NC East Optimist Oratorical Contest, Girls
Winner, Dana Varnell, Wilson Golden Circle
Optimist



NC East District Oratorical Contest Boys
Winner, Evan Guthrie, East Carteret Optimist



Girls NC East District Oratorical Contest participants: From Left: Torisha Dozier, East Careret Optimist. Alexandra Baltezgar, Cape Fear Optimist. Maleah Murray, Whiteville Optimist. Machaela Robinson, North Raleigh Optimist.



Boys NC East District Oratorical Contest participants: From Left: Michael Deluna, Wilson Evening Optimist. William Benson, Cape Fear Optimist. Benjamin Huff, Laurinburg Optimist.

Childhood Cancer Campaign

Thanks to all the club members for their efforts in support of the Childhood Cancer Campaign. OI needs to raise \$400,000 by the end of December to meet our commitment to the Johns Hopkins research program. The duck race at the July convention raised over \$7,000. The race will be a part of next year's convention in Denver. You don't have to be present to win, but you do have to buy a duck to be in the race! The cost will be the same - \$10 a duck. This year they sold out of ducks and plan to buy more for next year.

Congratulations to the following clubs:

Golden Circle Club raised over \$750 using the Kisses project.

The Chapel Hill Club raised over \$10K this year. In addition to the Kisses for Cancer project and donations, the club assists Cardinal Track Club at three races during the year and shares in the proceeds.

The Garner Club raised over \$6K at their golf Tournament. They support Camp Rainbow and children treated at ECU.

The Raleigh Club treated 26 families affected by childhood cancer to a weekend at the beach. This project costs about \$1,000/family. Thanks to all the clubs that help fund this project.

Please send me information about your projects. I want to include your clubs success and encourage others.

For those clubs that send in donations to the CCC program before December, they will receive banner patches that honor their contributions of \$500, \$1,000, \$1,500 and/or \$2,000. Checks can be given to me at the district meetings or sent to the OI Foundation. Remember to specify on the check that the funds are designated for Johns Hopkins Research or CCC. Clubs that are donating to local hospitals also need to specify how those funds are to be used.

Last week the doctors and staff of the Pediatric Cancer Department moved into the new facility on the UNC campus.

September 15th will be the grand opening of the new NC Cancer Hospital. The Lineberger Comprehensive Care Center is one of only forty centers in the nation to receive this designation. You can check out more about this new facility at the web site www.unclineberger.org. This facility will provide much more for the patients, trainees, doctors, and families in the fight against cancer.

The Chapel Hill Club participated in the 1st annual STRIKE OUT CHILDHOOD CANCER NIGHT at the Durham Bulls Athletic Park. In addition to getting out the word about childhood cancer, we were able to network with many other groups that are also working to make a difference. These folks will gladly come to speak to your club. Let me know if you want the contact information.

Did you know that every day, 46 children are diagnosed with cancer? Everyday, 7 children die from cancer. There are many ways we can help raise awareness and funding for the research. September is the National Childhood Cancer Awareness Month. A reminder to all CCC chairmen, OI has a free information packet available. Call 1-800-500-8130 today to get

one for your club.

Let me know how I can help you and your club participate in the Childhood Cancer Campaign. I have smocks and canisters available at cost for the Kisses project. I also have applications for the Wal-Mart Community Grant.

We will have a special Friday night activity at the district convention in Myrtle Beach. Proceeds from the event will go to CCC. Great fun was had by all last year and we raised over \$3,000. I hope to see you there.

Thanks for all you do for the kids. Remember, we are making progress. It just takes time - more then we'd like.

Trish Verne

Trish Verne
Childhood Cancer Campaign
Phone 919-942-4144
Email: rverne@nc.rr.com



Good morning Optimist leaders. This is a Help Wanted Advertisement. Please take time to read the advertisement and consider the Great opportunity being offered for a limited time :



Governor of the North Carolina East District for the Year 2010-2011.

Job description. Be an Optimist Club member that has served as Club President and have the love to share with the Children in the NC East District. Remember when you served as Club President and each project that you attended you were excited by seeing the smile of each child that was a part of the project? Now you have the limited time opportunity to see projects up-close and personal in 31 Optimist Clubs within the Great North Carolina East District. The Election will be held during the District Convention in September in Myrtle Beach. Just consider being elected at the only Convention in the history of the Great NC East District held in Myrtle Beach! Current regulations within Optimist International no longer require that you must be a Lt. Governor prior to being the Governor. I request that you call me at 252-203-1602 if you want more information regarding this position. The position allows for in District and out of District travel. Training usually is held in January in a warm climate location. Barbara went to Myrtle Beach for her training and I went to Jamaica. I am sure you would feel the job is an honor and well worth the time, energy and cost of doing so. Feel free to talk with any past Governor and see what that Governor may tell you about the opportunity to serve.



Dan Durham, Candidate
Qualifications Chair

THANKS FOR ALL YOU DO!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

I cannot begin to express to each of you as optimist members and to the clubs in the North Carolina East District my utmost appreciation and thanks for the “**BIG**” part each of you played in helping make this year a rewarding year for the Optimist Foundation through your unselfish donations. It is through your donations that we as optimists can assist in the continued support of all the Optimist Projects for **KIDS**, such as the Oratorical Contest where 122 kids going off to college this year received scholarships they earned through their participation, the Essay Contest, the CCDHH (for Hearing Impaired Kids), the Jr. World of Golf and the J.O.O.I. Group.



As we come to the close of the 2008-2009 Optimist Year it is my hope that each of you and the clubs that have not already donated to the foundation will consider doing so during the Summer Conference in Myrtle Beach and possibly even consider donating again if you have already. We are so close to reaching last year’s all time record of \$16,125.00....assist the N.C. East District in being successful again by reaching an **ALL TIME RECORD OF \$17,000! REMEMBER IT’S FOR THE KIDS.....**

BE A FRIEND OF YOUTH and GIVE

Optimistically yours,
 Sandy Cyphers
 District Foundation Representative

WANTED...SUPER OPTIMIST HEROES.....

A Super Hero is defined
 precedent powers
 in the public, having ex-
 has done extremely

North Carolina District
 the chance to be SU-
 Summer Conference in
 right a SUPER HERO



as a fictional character of un-
 dedicated to acts of derring-do
 traordinary ability, one who
 courageous or amazing deeds.

Optimist Members will have
 PER HEROES during the
 Myrtle Beach, SC..yes that’s
 you can elect to be..

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200 SUPER HERO ducks will be dumped into the Baywatch Lazy River Saturday Evening at 5:00pm to compete for an array of cash and prizes. The TOP five winners will receive awards.

Become a caring, compassionate Super Optimist Hero and adopt a duck for only \$10.00 (which is TAX DEDUCTIBLE). Checks can be made to Optimist Foundation and adoption receipts will be given for cash adoptions.

For those members that are unable to attend the conference you may send your Tax Deductible \$10.00 through members attending and your adoption receipt will be given to them to return to you.

Proceeds from the Super Hero adoption will help the Optimist Foundation continue providing the necessary funds for Oratorical, CCDHH, Essay Contests as well as the Jr. World of Golf and the J.O.O.I organization.

Be one of the Super Optimist Heroes who has done an extremely courageous and amazing deed by donating to an unselfish act of derring-do.

For further information contact Sandy Cyphers, District Foundation Representative, 910-367-3295

Community Projects Award

It is that time of year again! Time to submit your CPA book! This year there are two categories: Community Service and Fundraising. All Club entries must be submitted in the official CPA binder or a plain 3-ring binder. Clubs must use the **2008-2009 Project Story** and it is now available on the Optimists website: www.optimist.org, click on leaders, click on clubs, and scroll down to Community Project Awards. Be sure to follow the 2008-2009 Project Story guidelines!

Last Year our district had two club international winners! It would be great to have more winners on the international level this year! Will your club be submitting a CPA book?

While Walt is recuperating, please submit all CPA entries to Cathy Potter c/o North Raleigh Optimist Club, P O Box 58381, Raleigh, NC 27658.



Walt Armentrout
District Activities Chairman

District Membership

Membership

Greetings Optimists

Being a member of an Optimists club is quite an honor! Being committed to giving back to the community is one thing we as optimists have in common. There are many opportunities in every community to serve our youth! Invite your friends, spouses and local businesses to be a part of your club. Increasing your membership means you have more people helping with your projects! Are there any clubs that need more help?

Just ask any of the **50 members Auston Pusey**, Governor Elect, has personally sponsored! Wilmington-Cape Fear is the largest club in our district! And they are serving the youth in their community! **Congratulations to Auston** – continue sponsoring new Optimists!

There are several ways to get new members. Just ask your friends to join you at a meeting, conduct a NOW meeting or invite a co-worker to help with a project your club is conducting!

OI also has a special promotion for a **“High Five”** member before September 30, 2009. Recruit a new club member who has recently lost their job and OI will waive the processing fee and international dues for ONLY this member for one year until September 30, 2010! There is a special processing procedure which is done on-line. There is a limit of one (1) member per club. This is a great opportunity for each club to get a new member!

Another special promotion is the members **Spouses**. For the spouses that take advantage of this program until September 30, 2009, their international quarterly dues will be reduced by half and the processing fee will be waived.

In addition to our regular application, do not forget our **“Friend of Optimists”** application. This is for friends that can't commit to being regularly involved in the club. For your local business, this is a partnership to help support your club. When you invite a local business to be a “FOO”, let them know you will keep in touch with them *regularly* letting them know what your club is doing and why and how your club needs their help. When you complete the application, be sure to put your name and club number in the space provided so that your club gets the credit. Every Wal-Mart and Target should be a partner with every club! Also, think about your banks – their accreditation requires they do so much “community service”. Does this give you some ideas?

Also, don't forget the **District New Member Promotion!** We still have members that are close to getting that gas card or cash for the 4th quarter! In addition to the regular promotion, we are adding a **4th Quarter Incentive Banner Patch** for having a net +1 in membership for the 4th quarter.

With the decline in membership, there are several **opportunities and incentives** to build your club roster and make your club stronger! **Utilize these programs!** The youth in your communities are counting on you!



Start an Optimist Club in Your Community!



North Carolina East District, Optimist International 3rd Quarter Board of Directors Meeting May 16, 2009

Attendees:

Executive Committee Members: Barbara Timmons, Bob Verne, Auston Pusey, Emery White, Lou Anna Hardee, Sheila Little, Carey Foster, Dan Durham

Clubs Represented: Cape Fear, Carteret County, Chapel Hill, Elizabethtown, Garner, Golden Circle, Goldsboro, Greenville, Henderson, North Raleigh, Raleigh, Raleigh Dinner, Roanoke Rapids, Rocky Mount Evening, Whiteville, Wilmington, Wilson Evening, Winter Park

Minutes:

- Governor Barbara Timmons called this 3rd quarter regular District Board of Directors meeting to order at 9:12 am.
 - Secretary-Treasurer Bob Verne presented the minutes from the 2nd quarter Board of Directors meeting. Carlton Baird moved to accept the minutes as presented. Motion passed.
 - Bob Verne also presented the 2nd quarter financial report. Sandy Cyphers moved to accept the financial report as presented. Motion passed.
 - The following committee reports were received:
 - Childhood Cancer Campaign Trish Verne
 - Membership Bennie Bass
 - Club Services Ed Taylor
 - PGI Alan Ludlum for Gary Pender
 - Webmaster Alan Ludlum
 - Activities (CPA) Dan Durham for Walt Armentrout
 - Boys & Girls Homes Carlton Baird & Tom Lamont
 - CCDHH Billy Edgerton
 - Oratorical Darrell Fulcher
 - Essay Barbara Timmons for Joe King
 - Convention Yancey Hines
 - O.I. Foundation Sandy Cyphers
 - Achievements & Awards Worth Starling
 - Candidate Qualifications Dan Durham
 - Elections for Lt. Governor for the 2009-2010 Optimist Year were held by the Zone representatives. The following new Lt. Governors were elected:
 - Zone 1 Tom Lamont
 - Zone 3 Gary Pender
 - Zone 4 Linda Watson
 - International Vice-President Ron Lackey offered his remarks.
 - Governor-Elect Auston Pusey offered his comments.
 - Governor Barbara Timmons offered her closing remarks.
 - The meeting was adjourned at 2:30 pm after a recitation of the Optimist Creed.
- Robert D. Verne
District Secretary-Treasurer



THE OPTIMIST CREED

Promise Yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear
and too happy to permit the presence of trouble.



NCE District Bulletin
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