

North Carolina East District Bulletin



4th Quarter Edition
September, 2023

Message from Governor Ray Cockrell

September GRT (Governor Ray's Thoughts)

Greetings Optimists! I hope everyone is as excited about being here at Pine Knoll Shores as I am. We are going to have a wonderful time of fellowship and fun. Let's all work hard to build each other up in true Optimist Spirit!

Yes – the year is winding down but it is not over yet! We still have time to have a positive impact on our District and our clubs. Let's make it happen! As I write this, we are currently plus in membership for the year. YOU are the ones making that happen. Keep sharing the great news about the positive work we are doing and the lives we are impacting. Let's finish strong!

You will remember we started the year by exploring WHY we are Optimists. Have you thought about your Why? At its core, what drives you to be involved in our great organization? We then celebrated Superbowl-style down at Lake Waccamaw and highlighted some of the signature programs that Optimists and District East support.

It was energizing to learn more about the OI Foundation, Childhood Health and Wellness and Boys and Girls Homes. And it was indeed an honor to have our International President and First Lady to come and spend the weekend with us!

Our 3rd quarter meeting brought a focus on having fun. Those who experienced Ms. Kimberly's original putt putt course will not soon forget it!

That brings us to Pine Knoll Shores. My hope is that we are able to relax, re-energize and celebrate all that we have accomplished during this year. Make an effort to do just that this weekend.

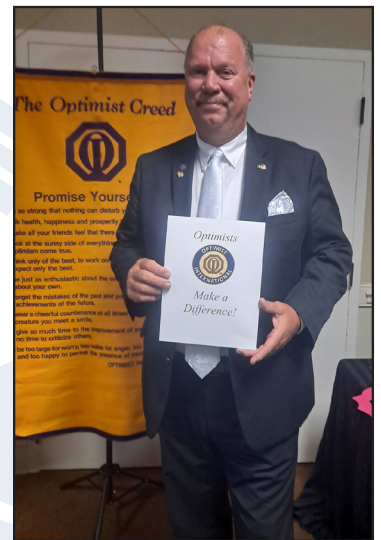
In every communication you have received from the District this year, you have seen the emblem at the top that reminds us, "Together We Can".

We cannot do this work alone. Even the most enthusiastic among us need each other to be the best that we can be and to keep the wheels of Optimism turning. I need you and we need each other. Just keep playing the music.

Together We Can! Finish Strong!

With Optimist Spirit!

Ray



Boys & Girls Homes Ray Cockrell, Chair

Optimists Make a Difference!!

Your Optimist Cottage looks amazing! We shared with you at the 2nd Quarter meeting that the Winterpark Optimist Club came for a visit and dinner for Christmas and were disappointed in the condition of the Cottage. They went to work! With help from Tim Burluson and Kent Homes, the Winterpark Optimists began and completed a complete transformation of your cottage. New floors, new paint, new walls in the hallway, a new island and countertops in the kitchen and wainscoting throughout the cottage all make your Optimist Cottage the premier Cottage on campus!

We are very excited to welcome President/CEO Marc Murphy to campus. He has surged through his first six months and is making very positive changes on campus. Our new model of care, the Teaching Family Model, is truly making a difference with our kids. Welcome aboard, Marc!

Below, you will find a list of just a few of the ongoing needs on campus. I welcome you to come visit and see firsthand the very positive work being done for children.

When is the last time you had someone from Boys and Girls Homes visit your club?? I would love the opportunity to come visit with you and bring you up to date on our program of care and share with you the true difference you are making.

For the Love of Kids,



**BOYS & GIRLS
HOMES**
of North Carolina



Making futures **brighter** since 1954

Ongoing Needs:

Twin size sheet sets
Twin size comforter sets
LED lights to go around the rooms
Night lights
Journal books/Stationary
School uniforms (polo shirts-green/black/white, Khaki pants)
Sneakers (male/female) all sizes
Ethnic hair care items (Cantu shampoo and conditioner, Edge control, wave gel, hair sponges)
Bath towel and wash cloth
Pillows
Throw blankets
Laundry Soap (HE or regular machines)
fabric softener
Plastic hangers
Laundry baskets
Hair brushes (all types)
Razors (women's and men's)
Lotion
Shower caddies
Adult sizes for our boys like 18-34 in boxers, basketball shorts, and xs-xl men size t-shirts
Tube socks that go up to the calf are needed
Plastic bowls (storage containers) for the cottages



Governor Elect 2022-2023 Terry Corle, Elm City Club

Fellow Optimists,

It is with much excitement that I write this message for the district newsletter. As my term as your governor for the 2023 - 2024 Optimist year is about to begin I can only hope that I can live up to your expectations and build this district bigger and better in serving the youth of North Carolina East.

The passing of Wayne Sidelinger, Curtis Hardee, George Lamm and Jim Hart this year leaves a huge void in our district, but at the same time, they leave a legacy of volunteerism and leadership that will never be forgotten.

My main goal this year is communications with not only my Lieutenant Governors and executive team, but direct communications with each and every member. Please review your email addresses that are listed for your contact, and make any corrections that are needed.

OI Foundation Representative Gary Pender, Goldsboro Club

Here is an update on how our district stands with the OI Foundation.

We have 62 Dime-A-Day Members , 11 Women's Philanthropy Members , 12 President's Club Members. We are ranked 16th in OI Foundation with a total giving of \$9,514.50.

As your Foundation Rep I am Ranked 14th with a total giving of \$13.16 per member in the NC East District. There has been \$250.00 donated to Childhood Cancer.

Our District has 723 members, and I feel that we as Optimists could do a lot better.

With the Essay, Oratorical, and CCDHH Contests our District receives \$10,000.00 from OI for scholarships.



My email address is governornceast@gmail.com. Looking forward to serving you, our members, and visiting with you several times each month via Coffee with the Governor.

Yours in Optimism,
Terry S. Corle, Sr.
Governor-Elect, 2023 - 2024



I will be your 2023-2024 OI Foundation Rep and look forward to serving you again this coming Optimist Year. I would like to thank all of you who have given to the Foundation this year.

We still have until September 30th, so please see me if you would like to give.

Gary Pender
NC East OI Foundation Rep



Communications Contest for the Deaf and Hard of Hearing

Gary Pender, Chair, Goldsboro Club

Our District CCDHH Contest was held at the Goldsboro Optimist Club Building this year with three contestants entering the contest.

If you didn't attend the contest you missed three great speeches. Our contestants each presented their speech orally which I thought was great.

In the first picture from left to right are winner, Suzanne Harrington; 3rd place, Maria Ambriz Gutierrez; 2nd place, Marcell Polk.

The second picture shows me with our District Winner Suzanne Harrington. Many thanks to my Judges, teachers and all who attended the contest. I know there are more than just 3 students in our communities to enter the contest so with your help, let's make it our goal to find those students to enter next year.

Thank you for your support of the CCDHH Contest.

Gary Pender

NC East District CCDHH Chair



Membership

Auston Pusey, Cape Fear Club

Greetings, Fellow Optimists!

I'll start by offering my condolences to the Sidelinger family and his Optimist family. Wayne was quite a HUGE asset to our District and will be missed by us all. There's no doubt Gail will fill in and do a great job. Thank you for stepping up, Gail.

So far (August 30), we're slow in our 4th quarter challenge recruiting incentive. We've only brought in one new member thus far. Right now, we are even for the year. We have a full month left to finish strong. Remember, your club has a chance to win (earn) \$500!

Here are some more numbers you may be interested in. Our District has 32 clubs and 723 members. We are ranked 10th internationally.

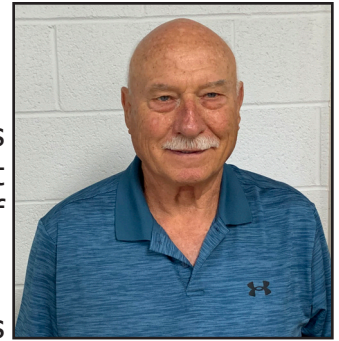
Our organization is minus 2,248 members with a net current membership of 52,298.

When recruiting, focus on what you are most proud of in your club. Some clubs have several fundraisers that I've heard you brag on at our district meetings.

Talk it up! We (fellow Optimists) know how proud you are of your projects, but we need to spread the word to our non-members. Let's finish our last month strong!

That's it for my final newsletter of our current year. It's been a pleasure serving as your membership chair. "Remember, membership is an honor and privilege....so SHARE it."

Auston Pusey, Membership Chair



JOI Club

Sam Toler, Rocky Mount Evening

With the dog days of summer soon to be in our rear-view mirror and the crispness of the fall air right around the corner, now is a great time for your senior Optimist club to consider raking together a group of like-minded persons to start a JOI Club.

What better way to ensure the future of our mission than to corral the next generation of community minded guys and gals and usher them under the Optimist umbrella!

A one time enrollment fee of \$50, an annual registration cost of \$60, plus a yearly \$10 individual membership dues (pro-rated!) is all that's necessary.



As for whom to seek out, just check with your nearest grandchild or contact me at stoler6@embarqmail.com. No need to let another season pass without planting your Optimistic seeds for the forthcoming years!

– Sam Toler



Photos are of JOI member William Webb, helping out around the West Wilson Church with the Men's Fellowship Group.

Leadership Development Sandy Cyphers, Wilmington Club

"Leadership plays a role in everyday life – in every little thing we do."

As a N.C. East Optimist for the past 30 years we have a GREAT DISTRICT within Optimist International. A wonderful group of members who care about the mission of our organization. However, we need members to take leadership positions to keep us GROWING & GOING STRONG! Step up to the plate and answer the call of becoming a future Governor, Governor-Elect, Lt. Governor, Secretary, Treasurer or a district chairman.

We need to continue to exist to fulfill the mission of our wonderful organization. It's up to me and it's up to you. Let us work together to motivate, excite, train and educate future leaders from this district to continue the mission of "Bringing Out the Best in Youth."



WHO WILL IT BE????

Did you click on any of the specific training areas provided by Optimist International? Several of you took the

time to do

this during the 2022-2023 year and I "Thank You" for your time, efforts and interest in fulfilling this request.

A winner's name for those participating will be drawn during the summer conference and will receive **\$100** from me as the Leadership Development Chairman.

Good Luck!

Sandy Cyphers

2022-2023 Leadership Development Chairman



Marketing, Social Media & Webmaster Gail Craft, Wake Forest Club

NC East District –

This is dedicated to Wayne Sidelinger for his faithful service for the past 40 years as an outstanding Optimist member. He joined the Wilson Club in March of 1964.

He has been creating, processing, printing and distributing the Bulletin digitally – since October, 2000. You can view it here: <https://optimistnceast.org/bulletins-2000-2007>

I was always amazed at how technical he was (for his age!). My parents won't even use an ATM.... He was an excellent photographer too – recording each District meeting behind his camera. A lot of people don't know that he also donated the food and drinks for the hospitality room at each District meeting. (That's why we need to ask for donations now....)

Wayne – Thank you for all you did for the kids in our community, and for all you did for the NC East District. Rest in Peace.

Thank you for being a great mentor!
Gail :)



Essay Contest

Angela Iwaniuk, Bennett Club

Topic for the 2023-2024 school year is: **"Optimism: How It Connects Us"**

Who: The contest is open to contestants under the age of 19 as of October 1st of the current Optimist International contest year (October 1 – September 30) and who have not yet completed secondary school or its equivalent.

There is no minimum age. Students must enter in the District in which they reside. U.S. students attending school on military installations outside the U.S. are eligible to enter in their last home of record.

How To Enter: Interested students must contact their local Optimist Club. They need to submit an essay on the pre-assigned topic. To find out a contact, please e-mail the Programs Department at programs@optimist.org.

The Essay Contest planning pages are intended for use by Optimist Clubs in organizing and conducting a contest in their Club. They contain no information on entering the contest and are of no use to students wishing to enter the contest. Students must contact their local Optimist Club.

When:

Students

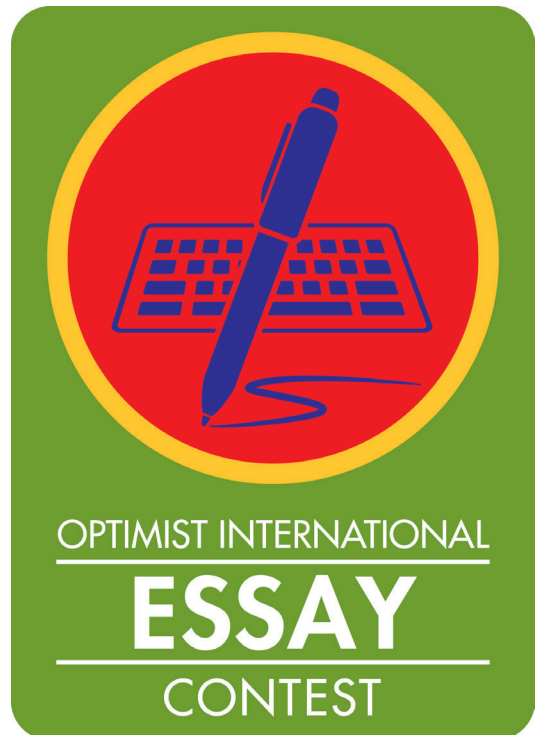
All Club-level contests are held by early February. Student submissions will not be accepted after the Club-level contests have closed. Please contact your District Chair for more information.

Clubs and Districts

The deadline for Clubs to submit their winning essay to the District Chair is February 28, 2024. The deadline for Districts to submit their winner's information to Optimist International is April 15, 2024. Club winners advance to the District contest to compete for a \$2,500 college scholarship. The District-level scholarships are funded by the Optimist International Foundations.

The Essay Contest is sponsored by Optimist International to give young people the opportunity to write about their own opinions regarding the world in which they live. The approach can encompass a young person's personal experience, the experience of their country or a more historical perspective. In addition to developing skills for written expression, participants also have the opportunity to win a college scholarship!

Club winners advance to the District contest to compete for a \$2,500 college scholarship. The District-level scholarships are funded by the Optimist International Foundations.



Oratorical Contest

Linda Shepherd, Golden Circle Club

Hello, Fellow Optimists!

Our 2022-2023 Oratorical Scholarship Contest is now in our rear-view mirror. To recap a little, our three scholarship winners at the district level were the following:

Kiara Haley, representing the Golden Circle Optimist Club of Wilson and 1st place winner of a \$2500 scholarship. Kiara participated at the Optimist International World Regional competition in St. Louis, Missouri.

Jordan Carter, also representing the Golden Circle, 2nd place winner of a \$1500 scholarship.

Mckenna Rowe, representing the Blackbird Optimist Club of Rocky Mount and 3rd place winner of a \$1000 scholarship.

Our judges at the district level were well-suited for selecting our winners as all three of them are outstanding speakers in their daily employment.

These were our judges:

Debra Morgan, WRAL TV news anchor

Jacques Gilbert, Mayor of Apex

Rev. Dr. Clay Warf, President of the NC Baptist Foundation

Sadly, only 5 clubs, all from Zones 3 and 4, participated in this year's contest. Please give

serious consideration to staging a contest in your club for the 2023-2024 year. There are many capable young people waiting for the opportunity to win scholarships. The OI Foundation funds the scholarships, but we as Optimist members must reach out to the youth in our local community to give them the opportunity to participate.

Let's Be Optimistic Optimists!

Now it is time to look forward to the 2023-2024 Oratorical Contest. The topic for the upcoming contest is **"How to Change the World with Optimism."** The contest is open to students under the age of 19 as of October 1st of the current Optimist International contest year (October 1 – September 30) and who have not yet completed secondary school or its equivalent. Previous participants who did not win at the regional level are eligible to participate again. There is no minimum age. We must start planning early to give students time to write, polish, and practice delivering speeches. Let's all help our local youth in this way!



Q3 District Meeting Pix



Childhood Health & Wellness Trish Verne, Chapel Hill Club

NC East District Childhood Health and Wellness
The Optimist Club of Chapel Hill held our first "Shop With a Cop" event in 2012 and has held one almost every year since. The project has grown from 25 students to 50 students with local police officers to help each student use a \$100 gift card at Walmart. The wonderful support from the school system officials, the teachers, and all seven local law enforcement units make it an easy and very rewarding project.

Each year the teachers add something new to make the activity even better. This is a reward for the hard work the students are doing in school. The police officers enjoy working with the students in a non-stressful situation. As Lt. Chambers said, this is the "Best field trip ever."

Our schools are very different from when I was teaching and when my children were in school. Every door has a lock. They buzz open the door for you to enter. At the front desk they take your picture and print a name tag for you to wear. Doors are not left open. The security is tight, to protect everyone. My generation practiced atomic bomb drills, hiding under our

desks. This generation has "active shooter" drills, starting in preschool. Unfortunately our colleges and universities have been lax in their preparation for this challenge. In the aftermath of the shooting on campus, the Daily Tar Heel newspaper front page expressed the reality of the terror they felt that the younger children could not. You don't think it can happen here until it does.

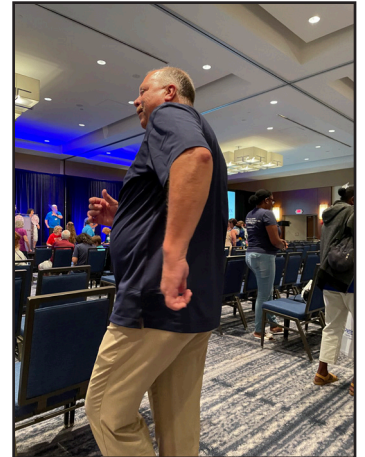
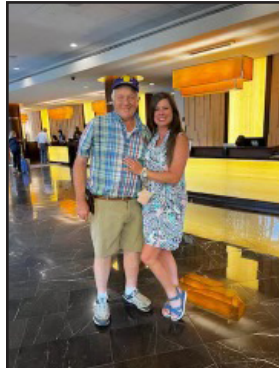
How can we as Optimists help our kids? First, listen to them. Let them share their fears and admit your own. We can, and must as adults, do better to support them. Children need safe places to play and to learn. They need opportunities for summer jobs and something to do. Talk with your local town officials about activities for the kids. Our communities can use our help and manpower. The children of a community are its future. Let's help them make it an Optimistic future.

Trish Verne, Childhood Health and Wellness Committee Chair



Optimist INTERNATIONAL

Optimist International Convention Arlington, VA • 6/28-7/4



Future note to photographers
- taking pictures of people
dancing is not a good idea!



President, Bob McFayden Optimist International



To our Optimist friends and family;

First Lady Penny and I want to thank you for attending your District convention and we wish you a convention filled with fun, fellowship, learning, entertainment, and inspiration.

This is an important time of transformation for Optimist International. We stand at a crossroads as we prepare our beloved organization for the opportunities and challenges that lie ahead. People, young and old, are looking for something positive in their lives, a purpose, a place of comfort where they can experience a more meaningful life. And do you know what? You and I have the key to all of this – the gift of optimism.

First Lady Penny and I have just had the opportunity to attend our Junior Golf Tournament with 615 participants and the World Oratorical Contest where we heard each District champion present to determine the Regional winners, and ultimately the World Oratorical winner, Sarah-Claude Simard of the Optimist Francophone Canadiens Region. Add to these two signature programs a new program focused on supporting the education of our youth, the OWLS program (Optimists Working for Learning Success) and we have a tremendous focus on making a difference in the lives of the youth in our communities.

But in order to continue to support our youth, we need to replace the members we are losing and replace ourselves, to strengthen our clubs and our organization so we are here to bring out the best in our youth, our communities and ourselves for decades to come. The youth need your commitment to share your love and passion for this organization with the people you care about. If we don't do it, who will?

Thank you for being Optimists. Thank you for making a difference in the lives of the youth in your communities.

Yours in Optimism,

Bob McFadyen
2022-23 President



Optimist INTERNATIONAL

Q3 Minutes

Submitted by Gail Craft

NC EAST
Q3 District Meeting
Homewood Suites, Cary, NC
5/13/23

Governor Ray Cockrell started the meeting at 8:50 am. Appreciate everyone being here on this beautiful morning and great fellowship.

Gary Pender led us in prayer.

No first timers.

Past Governors: Wayne Sidelinger, Terry Corle, Russell Leake, Gary Pender, Auston Pusey, Bob Verne, Angela Iwaniuk, Carey Foster, Linda Shepherd.

Ray handed out chocolate bars to winners of miniature golf game last night.

Everyone recited the Optimist Creed.

Motion to approve the agenda:

1st Louwanna Pender
2nd David Jennings

Motion to approve the 2nd Quarter Minutes:

1st Gary Pender
2nd Auston Pusey
All aye

Finance Report – Wayne Sidelinger
\$1 less than last quarter, over \$27K in the bank.
Solid year and the most money that we've ever had.

Gary Pender proposed giving Oratorical Winners cash instead of plaques.
Linda Shepherd - OI states plaques. Clubs can give cash.
General discussion back and forth.
Gary – more incentive for kids there were only three at the District level for CCDHH.
\$750 in the budget - he will present the checks and get reimbursed.

Jonathan Bivens – Wake Forest Essay Contest three monetary winners at Club level. We had 15 kids participate. Cash was big influence.

Gary Pender – CCDHH should be equal for them too. Three should be rewarded.

Terry Corle - Past Governors Association in VA gave \$2500 to CCDHH. Ask for donations.

Motion to accept the Financial Report
1st Angela Iwaniuk

2nd Paige Bivens
All aye

Membership Report – Auston Pusey
Auston lost his voice so Ray spoke for him. We are net plus two. Region – only two plus. We are #8, moving in the right direction. Talk to Everyone about what you are doing! Auston has brought in eleven new members (so far).

Ray Cockrell gave out membership pins.

OI Foundation Report – Gary Pender
We are doing great. Goal is \$13,500, so far \$7,379
So far 55 Dime a Days, last year 65
\$250 is President's Club, Women's is \$100 and Dime a Day is \$36.50
Christian D. Larsen is \$1,000. Honor a member of your club.

Gary gave out OI Foundation pins. Altar Call.

Boys and Girls Homes Report – Ray Cockrell
Winter Park club is renovating the Optimist Cottage. It's taken on a life of its own. Floors, kitchen, pantry, island, hallways, bathrooms.
Paige – is there a list of items to buy for the kids?
Ray- will provide a list from the kids. We know that we need rugs and pots and pans.

Betty Jo Mosely – Generic stuff – younger/older?

Trish Verne – Do they have stuff when they come in?
Ray Cockrell – Yes, it's the Waccamaw Bundle – sheets, towels, stuffed animal. What they need right now.

Angela Iwaniuk - Do they need movies and DVD's?
Ray Cockrell - PG

Bennie Bass - June 17th is the work day.

Jonathan Bivens - Wake Forest does Comfort Kits with 'no sew fleece blankets' for the kids taken by CPS. JOI club also helps to make. We can do for the Cottage too.

Ray Cockrell- \$40K raised so far. Gift in kind \$25K, one donor \$10K, clubs \$15K
Gary Pender – There was an endowment from the NC West & East. It's gone down through the years. We need to set up an account for renovations like other civic groups. Create a Legacy Fund – restricted to cottage renovations.

Angela Iwaniuk – next quarter use a little money from District funds to make a donation too. Will talk to Finance Committee and will recommend to do this.

B&G Homes altar call.

New Club Building – Terry Corle

Currently have 32 Clubs. Need one in Fayetteville Area. OI will send an OI Representative in. Last week building three clubs. We need to build clubs to help more kiddos! Sandy is building one in Topsail.

Linda Shepherd – NC Wesleyan University we're trying to build a club there.

JOI Clubs – Sam Toler not present

Paige Bivens – Our JOI club awesome but mighty, The group this year takes projects very seriously. Made \$670 in a Fundraiser to give back to Teachers for their materials. I love JOI clubs! We have to get them as members. Middle School Clubs are not too early to start.

Jonathan Bivens – reach out to the counselor. Volunteer for different events. Get Teachers and counselors to join.

Ray Cockrell – Infusion of energy with young folks.

Leadership Development– Sandy Cyphers, not present Sandy's husband, Ray, has cancer. Going through chemo. Please continue to pray.

Marketing & Social Media – Gail Craft

We Communicate to the District through Facebook, our website and Constant Contact. If there are typos in the email address – they will not get our email messages. If you change an email address on the OI site – please send me an email too. I will then correct the email address in our Constant Contact database.

Childhood Wellness – Trish Verne

We are so lucky to be living in NC with health services for pediatric cancer patients. 25 years of research for RSV virus vaccine for young children. Pfizer & Moderna. Ronald McDonald House has needs for supplies. Please visit their website. Also collecting new sheets and pillow cases. They are opened back up and are still very conscious of masking. There are two new variations for the Corona Virus sweeping the country.

Bob's (Verne) Wood Turners Association make 'Beads of Courage' for the kids getting multiple treatments. Trish sews dolls for the kids to use as an Avatar – so that they can practice (shots, etc) on the doll. Trish also sewed over 3,000 masks for Covid.

Crazy Katie has a craft cart with special arms so that the kids can do craft in a safe sterile environment. (like NICU arms).

Shop with a Cop – 15 years with one elementary school. Great programs and the cops love it. Engaging with children not in a desperate situation.

Mile of Hope – Take the whole family to the beach for fun, food and activities. Ed Moore is the architect. Pool, beach, sand castles, Pirates. 35 families.

Gary Pender – the OI Foundation has given over a million for childhood cancer.

Trish – we're working on the second million.

First St. Jude - \$1M

Second John's Hopkins \$1M

The Covid vaccine has changed how we develop vaccines for kids with cancer.

Happy Mother's Day!

Guest Speaker

Ray Cockrell – Introduced Roger Sullivan of Children's Cancer Partners, a virtual Optimist Club in SC. He is a 4x cancer survivor. There is no test for childhood cancer – usually diagnosed at Stage 3 or 4.

Childhood Cancer Facts:

#1 Killer Disease of Children is Cancer

#2 Too few places to treat – NC has six hospitals

#3 2x Greater risk in rural and poor children

#4 Only 4% of research \$\$\$

#5 One in five will not survive past 5 years

CPP is referred by Treatment Centers. They pay for mileage, gas, hotels, parking, home care, etc.

Can be \$12k-\$15K per child.

Another Program – 'Kids in Lids' – pay \$1 to wear a hat, \$5 for teachers to wear jeans – Currently 145 schools do this.

Holiday Gala's in Durham & Spartanburg.

CPP has generated over \$20M so far. 85% of every dollar goes directly to families for assistance.

Over 450 Volunteers. Anyone can join and/or donate to this virtual Optimist Club.

Ray – this is a critical need.

Oratorical Contest – Linda Shepherd "Discovering the Optimism in Me"

Linda explained today's winners will receive \$2,500, \$1,500, \$1,000. First place to World in St Louis MO in July. Regional \$5K, world \$15K. Today there will be four students. There are three judges and a timekeeper. Scores will be announced after lunch.

Four students gave their speeches. All were impressive!

Ray – Thank you so much for all your work and effort that you have done.

Lt. Governor Reports –

Bennie Bass – Zone 1 - It's ball season, Winter Park had season opening, workday at B & G Home. Need all to help. Wilmington held a Teacher Appreciation Breakfast for two schools.

Angela Iwaniuk – Zone 3 – Elm City Bunco postponed til Fall. Wilson Golf \$20K-\$40K, Bennett Childhood Cancer Club – all are looking for younger members.

Joyce Leake – Zone 4- Can't get in touch with a number of clubs. Rocky Mount – Community youth event to give out scholarships. Roanoke Rapids & Blackbird had both Oratorical and Essay Contest, Easter Egg Hunt, Baseball pitch. Need younger members, staying busy.

David Jennings – Zone 5 – (in place for Mac Delbridge) – Henderson Club - 8 new members, raised \$3,200 for fish fry, 50 bike helmets.

Jonathan Bivens – Wake Forest – snacks, clothing, hygiene items for local schools. Comfort kits for CPS. Kars for Kids car show in September, Our youth help a lot. Our College student is trying to recruit other college students.

Angela – when is car show? It was fun and they had the best ice cream (Lumpy's).

Jonathan Bivens – It's no charge for families to attend. Cars that display/show are \$20.

Paige Bivens – Rotary and Kiwanis will help us with the event. All community organizations have realized that we need each other.

Pamela Franks - Greenville – Zone 4 – Lost member (Curtis Hardee), yard sale through downtown, pizza party and sponsored baseball team.

David Jennings– sponsored three 4H students to summer camp.

Ray Cockrell– Grow Membership! Ideas of other clubs will allow us to help more kids.

Terry Corle – Next year – all 32 clubs need to feed the kids. OI is pushing branding. There is a 58 page document about branding. Only use the one Logo. Coming soon – a huge surprise for the District!

Essay Contest – Angela Iwaniuk – there were eleven entries, three judges from Wilson. "Who is an Everyday Hero that brings out the Optimism in Me". Winner is Caleb Ward from Wilmington. He received his award in Wilmington on Tuesday night.

Oratorical Contest Winners - Linda Shepherd

Student A – McKenna age 13	Third Place
Student B – Jordan age 18	Second Place
Student C – Nathaniel age 18	
Student D – Kierra age 15'	First Place

Linda gave out plaques. 1st place to advance to World in St. Louis.

Thank you to our Judges – Linda Isbell - Timekeeper, Deborah Morgan – WRAL, Jacque Gilbert - Mayor of Apex, Dr. Clay Warf of NC Baptist Foundation. Linda invited our guests to become Optimists!

Ray – Terry pull winning ticket of 50/50 – Auston won \$50. Other \$50 to B&G Home and OI Foundation.

Closing Remarks – A father is sitting with his teenage son on a train. The boy says 'the train is going so fast but the clouds keep up with us'. Another passenger states 'isn't he too old to act this way'? Father – 'he's been blind since birth – today is the first day with eyesight'.

You never know what someone else is going through. A small smile will help them. Remember to have fun in Optimism!

Recitation of the Optimist Creed.

End of meeting 1:30pm

Respectfully submitted, Gail Craft

LAST NAME	FIRST NAME	CLUB
Bass	Bennie	Cape Fear
Bivens	Jonathan	Wake Forest
Bivens	Paige	Wake Forest
Carter	Jordan	Golden Circle
Carter	Parent	Golden Circle
Carter	Parent	Golden Circle
Cockrell	Ray	Wilmington
Cockrell	Kimberly	Wilmington
Corle	Terry	Elm City
Craft	Gail	East Wake
Craft	Greg	East Wake
Durham	Dan	Roanoke Rapids
Durham	Barbara	Roanoke Rapids
Foster	Carey	Roanoke Rapids
Franks	Pamela	Greenville
Haley	Kiara	Golden Circle
Haley	Parent	Golden Circle
Haley	Parent	Golden Circle
Isbell	Linda	Golden Circle
Iwaniuk	Angela	Bennett
Jennings	David	Henderson
Jennings	Jeanetta	Henderson
Johnson	Timothy	Raleigh
Leake	Joyce	Roanoke Rapids
Leake	Russell	Roanoke Rapids
Moseley	Betty	Roanoke Rapids
Pender	Gary	Goldsboro
Pender	Louwanna	Goldaboro
Poland	Dianne	Blackbird
Pusey	Auston	Cape Fear
Rowe	Mckenna	Blackbird
Rowe	Parent	Blackbird
Rowe	Parent	Blackbird
Shepherd	Linda	Blackbird
Shepherd	John	Blackbird
Sideling	Wayne	Wilson Evening
Vasaturo	Nathaniel	Roanoke Rapids
Vasaturo	Parent	Roanoke Rapids
Verne	Trish	Chapel Hill
Verne	Bob	Chapel Hill

#370	Oratorical Contest	\$ 750.00				\$ 327.72	\$ (422.28)
#371	CCDHH Contest	\$ 750.00			\$ 500.00	\$ 500.00	\$ (250.00)
#380	Jr. Golf	\$ 1,500.00				-	\$ (1,500.00)
#390	Essay Contest	\$ 750.00			\$ 106.75	\$ 106.75	\$ (643.25)
#400	Badges & Pins Officers	\$ 300.00	\$ 298.42	\$ 15.79	\$ 97.79	\$ 412.00	\$ 112.00
#410	Awards Current Year	\$ 200.00				-	\$ (200.00)
#411	Awards, Past Year	\$ 500.00	\$ 73.19			\$ 73.19	\$ (426.81)
#420	Audit, Bank Charges	\$ 50.00				-	\$ (50.00)
#421	Audit Review 990	\$ 100.00				-	\$ (100.00)
#430	Merchandise	\$ 500.00				-	\$ (500.00)
#440	NCB Supplies	\$ 500.00				-	\$ (500.00)
#441	Membership	\$ 500.00				-	\$ (500.00)
#442	A&A	\$ -				-	\$ -
#443	Personal Growth	\$ 250.00				-	\$ (250.00)
#444	Childhood Health	\$ 500.00				-	\$ (500.00)
#446	Leadership Develop	\$ 300.00				-	\$ (300.00)
#447	OI Foundation	\$ 500.00				-	\$ (500.00)
#448	Boys and Girls Homes	\$ 500.00	\$ 475.00			\$ 475.00	\$ (25.00)
#450	Gifts (Guests)	\$ 200.00	\$ 246.98			\$ 246.98	\$ 46.98
#470	Miscellaneous	\$ 1,952.28	\$ 71.88	\$ 108.65		\$ 180.53	\$ (1,771.75)
#480	Previous Admin Exp	\$ -				-	\$ -
#490	Next Admin Exp	\$ 200.00				-	\$ (200.00)
	Total Disbursements	\$ 33,452.28	\$ 1,808.34	\$ 1,807.93	\$ 4,546.40	\$ 8,162.67	\$ (25,289.61)
	YTD Summary						
	Total Receipts		\$ 4,296.00	\$ 4,202.24	\$ 4,363.00	\$ 12,861.24	
	Total Disbursements		\$ 1,808.34	\$ 1,807.93	\$ 4,546.40	\$ 8,162.67	
	Beginning Bank Balance		\$ 22,196.73	\$ 24,684.39	\$ 27,078.70		
	Receipts		\$ 4,296.00	\$ 4,202.24	\$ 4,363.00	\$ -	
	Disbursements		\$ 1,808.34	\$ 1,807.93	\$ 4,546.40	\$ -	
	Ending Bank Balance		\$ 24,684.39	\$ 27,078.70	\$ 26,895.30	\$ -	

Leadership Development Sandy Cyphers, Wilmington Club

FUN, TRAINING, FELLOWSHIP & FOOD!

Where?

The NC East District

4th Quarter/Summer Conference

Pine Knoll Shores, NC



Come one, come all of the NC East Optimists!
Join fellow NC East Optimists as we conclude the 2022-23 Optimist year
and prepare for the 2023-2024 new Optimist year

Thursday Night: **PAST GOVERNORS' DINNER** for all NC East Optimist Members at the popular Sanitary Fish Market Restaurant, in Morehead City

Friday Day: **TRAINING** for new leaders in the District with International Vice President, Donna Akers & Governor Elect, Terry Corle

Friday Night: **HOEDOWN FUN? GOOD OLE BAR-B-CUE SUPPER WITH ALL THE TRIMMINGS**

- Dress in your country hoe down male or female attire (prize to be awarded to both)
- At the hoe down party where there will be photos, country games, games and more games).
- Guess the # of beans a Cowboy/Cowgirl eats in a day on a cattle drive.
- See who knows the most about the history of Cowboys & Cowgirls.



Saturday Morning: **OLDE TIMERS/ FIRST TIMERS' BREAKFAST**
With Special Guest Speaker, Rodney Kemp, Historian
(Gifts presented to special Optimists)

4th QUARTER NC EAST DISTRICT OPTIMIST MEETING

Welcome by John Brodman, Mayor of Pine Knoll Shores

Saturday Afternoon: **LUNCH**

Saturday Evening: **GOVERNOR'S RECEPTION & BANQUET**
Celebrating the past Optimist Year and the
upcoming new Optimist Year

Sunday Morning: **FELLOWSHIP/DEPARTURE BREAKFAST**

Sandy Cyphers
NC East Convention Chairman



NC East District Q4 Business Meeting Agenda Saturday, September 9, 2023



9:30 **Call Meeting to Order** Governor Ray Cockrell
 Presentation of Flags / Pledge of Allegiance / Invocation
 Optimist Creed
 Welcome John Brodman, Mayor
 Introductions Governor Ray Cockrell
 Visitors
 1st Timers
 Past Governors
 Approval of Agenda
 Approval of Minutes from Q3 Meeting

District Chair Reports

District Convention Update Sandy Cypher
 Finance Report Governor Ray Cockrell
 Membership Auston Pusey
 OI Foundation Gary Pender
 Childhood Health & Wellness Governor Ray Cockrell
 Boys & Girls Homes Governor Ray Cockrell

11:00-11:15 **Break**

Memorial Service for Deceased Members Kimberly Cockrell/Gail Craft

District Chair Reports (Cont.)

New Club Building Terry Corle
 JOI Clubs Sam Toler
 Leadership Development Sandy Cyphers
 Web / PR / Marketing / Social Media Gail Craft
 OI International Convention Timothy Johnson
 Candidate Qualification Governor Ray Cockrell
 Club Celebration All Clubs
 Lt. Governors Remarks Lt. Governors
 Governor-Elect Remarks Governor-Elect Terry Corle
 VP Mid-Atlantic Region Remarks Vice President Donna Aker
 Closing Remarks Governor Ray Cockrell

12:30 pm **Recite Optimist Creed** All

Adjourn All

The Optimist Creed

Promise Yourself

To be so strong that nothing
can disturb your peace of mind.

To talk health, happiness and prosperity
to every person you meet.

To make all your friends feel that
there is something in them.

To look at the sunny side of everything
and make your optimism come true.

To think only of the best, to work only for the best,
and to expect only the best.

To be just as enthusiastic about the success of others
as you are about your own.

To forget the mistakes of the past and press
on to the greater achievements of the future.

To wear a cheerful countenance at all times
and give every living creature you meet a smile.

To give so much time to the improvement
of yourself that you have no time
to criticize others.

To be too large for worry, too noble for anger,
too strong for fear, and too happy
to permit the presence of trouble.



Optimist

INTERNATIONAL

Facebook: North Carolina East District, Optimist International
communications@optimistnceast.org
www.optimist.org • www.optimistnceast.org