

North Carolina East Optimist Bulletin

Only a few more days before the current Optimist year ends and the new one begins. It has been an honor and a privilege to represent the NC East District during 2020-2021.

Although we have had challenges due to COVID and we have had quite a struggle to meet in person, we have learned to use Zoom and have become a little more comfortable with the "virtual" world. While we have maintained our District and our clubs by using Zoom it has given many of us a greater appreciation for seeing each other "in person". We can begin to look forward to times when we can meet and hug and talk in person and realize what a true blessing and privilege that will be!

Let's all do our best to spread Optimism in our clubs and our communities! Let's look forward to the new year with fresh hopes and dreams!

I am looking forward to the "fresh" approach that our new Governor, Pamela Franks will lead us in during the next year!

Here's wishing NC East one of the best years ever!

Angela Iwaniuk



District New Club Building

New Club-Building Activity

Exciting things are taking place in the New Club-Building arena. There has been much effort to establish a club in eastern

Wake County, comprising Knightdale, Wendell, and Zebulon. Two informational meetings have been held. At this writing, there are currently eleven applications for membership in this club. By the time you read this article, it is hoped that the club will have been chartered. We have a meeting scheduled for September 13 and are hoping to have enough member applications for chartering at that time.

In Wilson, efforts are being made to build a special needs club in conjunction with Diversified Opportunities. We anticipate that Barton College students will play a leadership role once this club gets off the ground.

E=MC²
(ENERGY = MANY CLUBS²)

- The charter fee is now \$325 for regular adult Optimist Clubs.
- Districts that build one new club between March 1 and June 1, 2021, receive two new club building credits.

OPTIMIST INTERNATIONAL
CHOOSE OPTIMISM

OPTIMIST.ORG

The Blackbird Optimist Club is meeting with the Activities Director and the Director of Foreign Students to organize a college Optimist club on the campus of NC Wesleyan College.

Perhaps there is a college near you where an Optimist club could be built. What better way is there to get younger people involved in service and outreach to the community and to those in need? Involving young adults in community service is a great path to lead to their involvement in Optimist International when they embark on a career.

Please let me know locations where new Optimist clubs can be established. I will gladly get started on making contact with individuals in that area. ~ Linda Shepherd



An Artist Among Us!

Ashley Fabrizio, the newest and youngest member of the Blackbird Optimist Club of Rocky Mount, is the featured artist at a solo presentation at the Mims Gallery in the Dunn Center at NC Wesleyan College in Rocky Mount. At the opening reception on Thursday evening, September 9, it was easy to see that Ashley is multi-talented in the world of art. Whether portraiture or landscapes, Ashley's use of vivid colors makes every painting pleasing, even to the untrained eye.

During the pandemic, Ashley created a huge train

mural on the side of a building adjacent to the train station in downtown Rocky Mount. It is quite realistic and evokes pleasurable memories to Rocky Mount natives, many of whom are the offspring of railroad employees. One person who is extremely proud of Ashley was her high school Spanish teacher, Optimist Linda Shepherd!

The expressionist paintings will be on display until October 9. It would be well worth your time to visit the exhibition at the Mims Gallery and then take a drive downtown to sit beside the train station and view the fabulous mural. You will not be disappointed!

District Essay Contest



First Place
Jacob Bastian

Sponsored by Cape Fear
Optiist Club

Reaching your Dreams by
Choosing Optimism

Pessimism is, in essence, a trap. As humans, we try to justify pessimistic behaviors by using them as a defense mechanism, telling ourselves that they help us to be realistic and to not get our hopes up

when we fail. The truth is, though, that pessimism is no more realistic than is optimism, and it ends up harming us more than we could have imagined. Optimism is a way of thinking that lets us improve and provides a healthy place for us to work towards reaching our goals.

Psychologist Martin Seligman said that “pessimism is an entrenched habit of mind that has sweeping and disastrous consequences: depressed mood, resignation, underachievement and even unexpectedly poor physical health.” Many studies have shown a strong correlation between optimism and improved physical health, mental fortitude, motivation, and coping skills in response to negative circumstances (Conversano et al.). One study showed that optimistic adolescents showed more adaptability in certain circumstances, which is a trait necessary for dealing with challenges to come (Abdullah).

Another study revealed that while students using “defense pessimism” performed as well as academic optimists in the short-term, they showed worsening academic performance and reported less satisfaction in life in the long-term (Norem and Cantor). These principles, of course, can be applied to any aspect of life. Optimism improves our ability to adapt to challenges and leads us to more consistent, long-lasting success.

Optimism gives us an environment in which we can thrive as scholars, educators, artists, or any other goal which we desire to achieve. The study by Abdullah showed a strong correlation between pessimism and an external locus of control, which can confine us to a limited amount of growth, if any. Those with an external locus of control put a mental cap on their own opportunity for success. They look at a situation and say that they will do what they can and leave the rest up to fate, luck, or some other external factor. This, however, is a demonstrably faulty way of thinking.

Personally, as someone with a passion for music but who has tended toward pessimism for much of my life, striving to look at my many undertakings--and my life

as a whole--through an optimistic lens has been integral for my success. I take part in regional piano competitions each year which require me to learn and fully memorize three classical works. For many years, I looked at my competitions and subsequent recitals with a rather pessimistic view. I didn't take responsibility for some of my mistakes--I practiced almost daily, but I did not make a concerted effort to prevent specific issues in memorization, justifying my actions by saying that some mistakes were out of my control and were simply bound to happen. Consequently, I began to develop a streak of memory lapses during recitals and would embarrass myself in front of others. When I began to look through an optimistic lens, however, I began to develop an internal locus of control. I made an effort to learn challenging sections by line, by chord, or by note. I began practicing my performance by performing for my friends and teachers. All of this work, though, didn't happen until I began to take full responsibility for my performance and acknowledge the fact that I am able to take complete control over my playing and that nothing is out of my reach. I have learned that it takes an incredible amount of work, but growth is never easy. All that we need to achieve our goals is either within us or around us.

Being an optimist, however, does not involve only what is to come. It includes acknowledging our past successes and recognizing that they are our own to take pride in and keep. It includes looking at our failures and knowing that we can move on. It includes pondering and discerning what we can learn and change from our past experiences. In order for our dreams to be achieved, we must allow ourselves to grow and reach further than we could have ever imagined. Only through this optimistic mindset will we be able to reach our dreams.

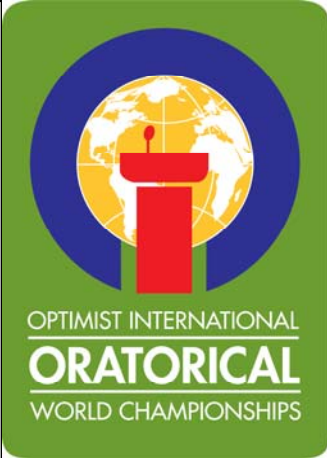
Optimism is, in essence, about growth. I have started to try to apply an optimistic perspective to every situation. Instead of becoming stressed, I try to view what is ahead of me as a challenge and a growing experience. Above all else, I have learned one thing: optimism is not about “half full” or “half empty,” but about whether we confine ourselves to the same small cup that we have been using for all of our lives, or whether we finally decide to get a bigger cup.



Sandy Cyphers

District Essa Chair

District Oratorical Contest



Hello Fellow Optimists,
 The North Carolina East District Oratorical Contest was held May 8, 2021, at 2:00 p.m. via ZOOM. Participating were seven outstanding young speakers who were: Tyler Fleming and Kiyona Patton, sponsored by the Henderson Optimists, Pranathi Gorty sponsored by the Golden

Circle Optimists, Jarah Newton sponsored by South Johnston Optimists, Lydia Denton sponsored by the Elm City Optimists, Wright Collins and Lauren Tulis sponsored by the Optimist Club of Greenville, NC. Contestants presented their perspectives on the topic: "Healing the World with Optimism."

Judges for the district contest were: Dr. Tracy Donohue, Associate Professor ECU Theater Arts and Dance; Dr. Julie Stanley, Teaching Instructor, ECU College of Education; Mr. Jay Jester, Teaching Instructor, ECU College of Education; and Timekeeper Dr. Todd Finley, Associate Professor, ECU College of Education.

Congratulations to the winners--First Place and the winner of a \$2,500 scholarship was Lydia Denton; second place was Wright Collins winner of a \$1,500 scholarship, and third place winner was Lauren Tulis with a \$1,000 scholarship. Lydia advanced to the Regional Contest in July where she made an outstanding presentation. However, she did not advance beyond the regionals. Please join me in congratulating these talented and outstanding young speakers.

It has been my distinct honor and privilege to serve as your NC East District Oratorical Chair for the 2020-2021 year. I have enjoyed hearing the many presentations from our gifted speakers.

Remember — "Serving Youth Today--Grows Optimists for Tomorrow!"

Yours in Optimism,
 Lou Anna Hardee
 2020-2021 NCE Oratorical Chair
 NC East District, Optimist International

hardee.louanna@gmail.com
 (252) 341-3565



1st Place, Lydia Denton, Elm City Optimist



2nd Place, Wright Collins, Greenville



3rd Place, Lauren Tulis, Greenville

District Convention

N.C. EAST DISTRICT SUMMER CONFERENCE

IT'S ALMOST HERE!!!!!

WHEN: SEPTEMBER 16TH-18th

WHERE: HILTON/BALLAST HOTEL BY THE CAPE FEAR RIVER IN DOWNTOWN WILMINGTON



WHAT TO EXPECT?????? FELLOWSHIP WITH OTHER OPTIMISTS, FUN, GOOD FOOD, FUN, SANTA HIMSELF, FUN, TRAINING AND YES, THE OLD TIMERS', FIRST

TIMERS, YOUNGEST, LONGEST AND OLDEST OPTIMISTS BREAKFAST WITH THE GUEST SPEAKER JOHN EVANS WITH WECT T.V. 6

THE CULMINATING OF THE SPECIAL OPTIMIST WEEKEND WITH THE BANQUET ON SATURDAY NIGHT WHERE WE AS OPTIMISTS ACKNOWLEDGE THE NEW LEADERSHIP IN THE DISTRICT FOR 2021-2022 AND THANK THE LEADERS FOR THE PAST YEAR.

INCOMING OPTIMIST PRESIDENT PATSY GARNER WILL BE PART OF THE DISTRICT SUMMER CONFERENCE AND WILL SHARE WORDS OF WISDOM FOR US, INSTALL THE NEW LEADERSHIP AND SHARE INFORMATION FROM OPTIMIST INTERNATIONAL.



BE PART OF THE WEEKEND. ATTEND THIS MEETING!

**See you there.
Sandy Cyphers
Carey Foster
2021 Convention
Co-Chairmen**



Marketing, Social Media & Webmaster

Hello NC East District -

Wow. Another year has passed. It has been so weird because of Covid... we are starting to get out more. We do have to wear masks again in my County.... But it's been nice to be able to go restaurants and the movies again.

We've been working behind the scenes to start a new club in Knightdale/Wendell/Zebulon - where I live. There are a lot of folks out there that are excited about it. I am amazed about the interest. Hopefully by the time this Bulletin comes out we will have chartered!

Please continue to post your clubs pictures on Facebook and we'll share them to the NC East District



page.

Here are a few pictures from the fun outing we had with the new incoming Governor Pamela.

Continue to stay safe!

Gail :)



Gail Craft District Chair.

Junior Optimist International



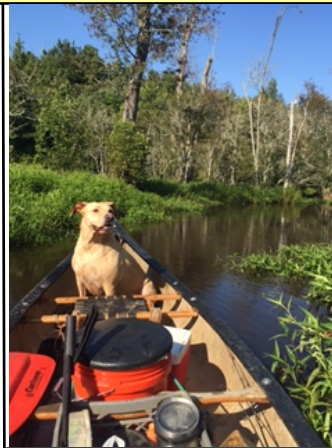
Hello again from JOI land! It's so great to report to you that, in spite of an aura of negativity which surrounds much of our day, our young people are still vibrant and full of hope

for tomorrow!

One of the ways we can ensure that their tomorrows are meaningful is to provide them a sense of direction through our positive leadership. JOI clubs do just that! Let's all make sure they follow our footsteps and be a beacon for their generation



River Rats Cookout

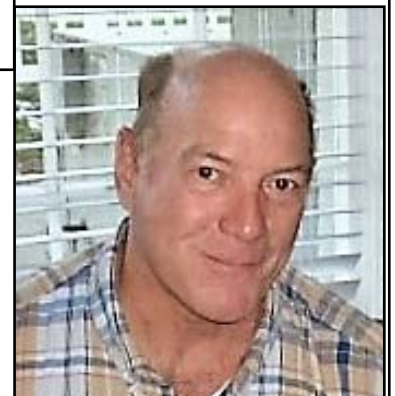


Jenny, the Scout Dog

through their work with Optimist clubs!

Let me know if I can be of service to you as you work to sow the seeds for OUR future! Sam Toler 252-904-8602 or

stoler6@embarqmail.com



Sam Toler, District JOI Chair

OI Convention Ambassador



2021 Annual Convention of Optimist International

Ten Optimists from the NC East District attended the 103rd Annual Convention of Optimist International held June 29 through July 3 in Atlanta, Georgia.

As a result of COVID-19 restrictions, in-person attendance was smaller than usual this year with approximately 400 Optimists present. However, there were also about 100 Optimist members who attended virtually.

As usual, the Opening Ceremony began with the very moving Parade of Flags from countries where we have Optimist Clubs. Having had lunch with Optimists in France in 2016, I was honored to carry the flag of France. In this session, OI President Mark Weinsoff suggested that we alter our brand to indicate we are an optimistic group who enjoy fun and fellowship with like-minded individuals and that we conduct projects to bring out the best in our community, especially our youth, and therefore ourselves.

Instead of the usual break-out sessions, there were seminars for everyone with panelists sharing on various topics such as projects and activities that are successful in their club.

Some members of our delegation were recognized on stage: Sandy Cyphers as a member of the OI Board of Directors, Terry Corle as International Vice President for the Mid-Atlantic Region, and Angela Iwaniuk as Governor of the NC East District. In addition, the Evening Optimist Club of Rocky Mount was recognized as winner of a matching grant awarded by the OI Foundation.

In the business sessions, we heard a farewell speech from Benny Ellerbe, OI Executive Director, who will be retiring at the end of the current Optimist year.

We were introduced to Cheryl Brenn, the first female in the history of Optimist International who will hold the top-level position after Benny's retirement. And we were privileged to hear the enthusiastic words of dynamic President-Designate Patsy Garner who will be leading us in the 2021-2022 Optimist year. We also heard inspirational speakers who motivated us to broadcast happiness and be resilient.

Interspersed among the meetings were an OI Foundation Donor Appreciation Reception, a Trivia Night of fun, and the Heritage of Optimism Brunch honoring our Past International Presidents. The grand finale was the President's Banquet and Ball on Saturday night.

During the week, convention attendees found time for recreation and fellowship. One of the joys of attending an OI convention is getting together with Optimists with whom you became friends at a previous convention. In addition, a group of about 140 people had fun together at a Braves-Marlins baseball game and fireworks show at Truist Park. Some of us had an excellent sightseeing bus tour of the city. Members from our district enjoyed a steak dinner together one evening!

Next year's convention is slated to be held in Reno, Nevada. Start making plans now to save the last few days of June and the first few in July. I promise it will be an experience you will not want to miss!



OI Convention Ambassador



From left; Carey Foster, John Shepherd, Linda Sheherd, Sandy Cyphers, Wayne Sidelinger, Angela Iwaniuk, Williwaniuk, Jan Edgdrton, Bill dgrton and Terry Corle.



Sandy Cyphers, extreme left, Receiving Certificate of serving 3 years as Optimist International Board of Directors

Childhood Health & Wellness

NC Childhood Health and Wellness

The news hasn't been good lately about the Delta variant and its effect on children. Research proves wearing a mask, social distancing, and getting the vaccine are the best ways to stay healthy and safe. I thought I was done making masks for my neighborhood, but the demand is high again. We also received a request from the children's hospital for the therapy/surgery dolls. Bob has been making Beads of Courage boxes and I have been making Beads of Courage bags and the dolls. They are simple to make and greatly appreciated. Contact me for the directions.

This virus reminds me of the polio epidemic of the 1950's. My first grade teacher and two classmates were stricken with polio. Nobody knew what caused it. Like this covid-19 virus, you couldn't 'see' it, until it struck. My friend Kay came back to school in fourth grade and Donna in seventh grade. I saw first hand the damage polio had done to my classmates and my teacher's lives. Those that survive still deal with the effects. Years later, when I was teaching, I was happy to get in line with my students to get the vaccine for polio. A nurse at UNC commented that the people who can't stand to wear a mask won't like being on a ventilator any better.

Research being done at the University of British Columbia, Canada, has identified a protein in cancer cells that fuels tumor growth. When oxygen levels are low, it enables cancer growths to adapt, survive, and become more aggressive. These researchers have identified an enzyme that helps diseased cells spread to other organs. This may be the key to treatment for the deadliest forms of cancer and the way we can stop the cells from growing. It could be the 'Achilles Heel' that we've been searching for to beat cancer.

Wonder Connection is a hands-on science and nature program for children in the hospital. It is celebrating its 15th Anniversary. Over the last year during the pandemic, they have served over 2,500 children and teens through their work. Their volunteer visits help mitigate the anxiety, fears and frustrations that children deal with during a hospital stay. Check out their web site at www.wonderconnection.org to see more of what they are doing. You can donate to their non-profit at <https://wonderconnection.wedid.it/>.

The local Ronald McDonald Houses are welcoming volunteers back for several activities. The Chapel Hill House needs volunteers to provide meals for the families. Groups of up to four fully vaccinated volunteers can sign up on their web site at Su-si@rmhch.org or call 919-945-0403. The Greenville House is open twice a week for groups of two volunteers. Call them at 252-847-5435. Check their web sites for their house donations Wish List and sign up dates.

Stay well and help your friends and family to do so too. We all look forward to being able to get our lives back to "normal". I'm reminded that a diagnosis of cancer or other illnesses becomes the "new normal" for many

families that we help as Optimists. Thanks for all you do to support the kids and their families.

Trish Verne, Child Health and Wellness co-chair



District Membership

Thank you for having me serves your membership chair person for 2020-2021 year. We have witnessed some very positive opportunities during these trying times. Keeping optimism current helps us with daily challenges we must face. To quote our current Optimist International President Mark Weinsoff, "Membership growth: You may be surprised to learn that during the last five months, International membership has grown at a pace of more than 100 members per month, resulting in a net gain of 640 members in the last five months People are

looking for what we have to offer in these troubled times. Our organization will flourish as long as we keep optimism at the forefront of everything we do."

Keeping a positive, optimistic attitude, makes success evident!



Brenda Farmer, District Membership Chair

1st Quarter

Member Name	Club	New Members Name
John Byrnes	Wilmington	Dawn Byrnes
Mike Popowitch Jr.	Wilson Breakfast	Milo Popowitch III
Derek Anderson	Wake Forest	Parge Bivens
Maggie Anderson	Wakwe Forest	Jonathan Bivens
Scott Brown	Raleigh	Stacey Smith
Jimmy Lamm	Wilson Bennett	Wally Herbst
Jimmy Lamm	Wilson Bennett	Helen Herbst
J. G. Baker	Raleigh	Daniel Strong
Scott Brown	Raleigh	Korey Coon
Billy Forbes	Wilson Breakfast	Babe Allen

2nd Quarter

Janice Edgerton	Goldsboro	Debbie Seagroves
Angel Iwaniuk	Wilson Bennett	Will Iwaniuk
Tony Langston	Wilson Breakfast	Bobby Moss
Brady Pinner	Wilson Breakfast	Mike Caddy
Linda Shepherd	Blackbird	Ashley Fabrizio



Hello Optimist

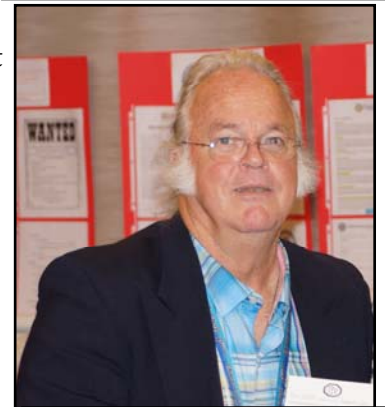
As you all know the past two years has been a challenging time for us all especially trying to make sure all staff and children at the home stay safe and healthy. My hat is off to all the staff for working so hard to serve the kids in their time of need. President Ricky Creech is doing an amazing job for such short time his has been at the home. I love how they call what they do the Waccamaw Way. They had a pro rodeo at the arena last month and over 5,000 attended the two night event. The Country Store is open back up and going strong so if you have anything to donate to the store let me know and I will make sure it gets to them. There are so many ways that you can help the kids the Walt Armentrout Fellowship what

a great way to honor a member of your club \$500.00 donation. The Optimist Century Club For the Love of Kids a \$100.00 donation or yes Christmas is right around the corner with a donation of \$250.00 you or your club can help a child have a great Christmas. I Thank You for letting me serve you as District Chair once again and for all that you do for the kids.

For the Love of Kids
Gary Pender District



Ray Cockrell, B&G Home



Gary Pender B&G Home

District A & A

Good morning Optimist members! This Optimist year has come and gone. Thanks for the clubs that have participated in the A & A program for the year. I want to thank Garner, Greenville, Henderson, Northern Wake and Roanoke Rapids for reports for 3rd quarter. Barbara and I will be proud to send \$10.00 to NC Boy's and Girl's home in honor of your clubs participation. Your report helps Optimist International and the NC East Optimist District to see what programs are being provided to the youth in your community. Many clubs may not use some of the Optimist programs used in your community and by seeing in the bulletin and hearing about the successful and interesting programs available can begin using more Optimist programs. I will remind you we are the 4th quarter is in progress now and this is the time to possibly use

new programs with the youth in the community and school starting again. Please complete the 4th quarter A&A report as soon after September as the 2020-21 is completed on September 30. and you should be given a date for the 1st District meeting during the District Convention. I need to report A&A report totals at the 1st quarter District, which is usually in October or November. I look forward in receive many new club reports for the 4th quarter as more clubs have returned to face to face meetings. Thanks for all your club does for all of the youth in the NC Optimist District.



Dan Durham A & A Chair

North Carolina East District
Optimist International
3rd Quarter District Board Meeting
Saturday, May 8, 2021

The following members of the Executive Committee were present:

Angela Iwaniuk	Governor
Russell Leake	Immediate Past Governor
Carey Foster	Past Governor
Carol Collier	District Secretary
Wayne Sidelinger	District Treasurer
Sandy Cyphers	OI Board of Directors

Clubs Represented: 10

Zone 1: Wilmington

Zone 3: Goldsboro, Wilson Golden Circle, Wilson Evening, Bennett Club, Elm City

Zone 4: Greenville, Roanoke Rapids, Blackbird

Zone 5:

Zone 6: Raleigh Dinner

Total Members Present: 24

Governor Angela Iwaniuk called the meeting to order and welcomed everyone in attendance. She then led us in the Pledge of Allegiance. Former Governor, Linda Shepherd gave the opening invocation.

Governor Angela Iwaniuk welcomed our first-timers and all past governors.

Carol Collier read the minutes from our second quarter meeting. Gary Pender made a motion to accept the minutes as read. Sandy Cyphers seconded the motion.

Wayne Sidelinger presented the financial report. Attention was brought to line item 350 (District Convention). We may have to spend more than the allotted amount. Attention was also brought to line item 442 (A&A Awards). It was noted that no money has been spent for A&A Awards this past year. Gary Pender made a motion to approve the financial report and Sandy Cyphers seconded. The minutes and financial reports were approved by all members.

Committee Reports:

Dan Durham, A&A Chair - Three clubs participated in the A&A reports. Everyone should have received the form to fill out a report. Dan is hoping that more clubs will participate in A&A in the future. As an incentive for participation, Dan has agreed to donate \$10 for each club that participates in the A&A Awards program. The Greenville Optimist Club, North Wake and Roanoke Rapids were the only participants for the third quarter. Dan encourages each club to participate in the A&A report for the fourth District meeting.

Gary Pender and Ray Cockrell, Boys and Girls Home Chair - Gary reported that the Optimist cottage is up and running now. Ricky Creech continues to do a great job. The Optimist cottage is currently house siblings. They are trying to keep families together if possible. They are asking for donations to the Country store. Ray reminded everyone that for a donation of \$100 you will receive a Walt Armentrout Century Club pin. Ray stated that we are making a difference at the Boys and Girls Home. They are working toward being a lead provider in Foster Care Adoption... They are now participating in the Christian Recovery Program. This program allows the home to take care of kids while the parents are in recovery. Ray reminded us that Optimist Day will be viewed virtually on May 29, 2021. The link to participate is in the bulletin. Ray thanked everyone for all we do to support the Boys and Girls Home.

Linda Shepherd, Optimist International Ambassador - Linda encouraged everyone to attend the OI Convention in Atlanta this summer. The convention will be held June 30 - July 3, 2021 and you may register online. She stated that if you have not registered, you still have time. She presented a video about the convention in Atlanta. She reminded us that we

will have a nice dinner as a District. There will be many opportunities for some great training at the convention. The theme this year is "Coke, It's the Real Thing - Atlanta".

Linda Shepherd, New Club Building, Chair - Linda reminded us that now is a good time to build a new club. We may want to consider supporting a club in a foreign country. Linda Shepherd, Terry Corle and Angela Iwaniuk attended a workshop on New Club building. Angela is currently working on starting a Special Needs club in Wilson. From now until June it is buy one get one. If you start a new club, you will get credit for two. Our special guest from Lynchburg, Virginia is currently living in Fuquay Varina. They are thinking about trying to start a new club in that area.

Sandy Cyphers/Carey Foster - District Convention Chairs - Sandy informed everyone that our District Convention will be held at the Cape Fear Hotel Ballast in Wilmington, September 16th - 18th. Our theme will be "If Every Day Could Be Like Christmas". She encouraged everyone to read the article in the bulletin for more information. She encouraged us to go back to our clubs and try to collect gift cards to Walmart, Target, VISA and Master card preferably in the amount of \$20 - \$25. We will have a real-life Santa in attendance on Friday night. We will put the gift cards in Santa's mailbox. A representative from Wilmington and New Hanover County will join us at the convention.

Sandy Cyphers, Essay Contest Chair - Sandy reminded us that the topic this year was "Reaching Your Dreams by Choosing Optimism". Eight clubs participated with a total of 102 essays. The third-place winner was, Ava Stone, from the Golden Circle Optimist club. The second-place winner was, Bansari Patel, from the Northern Wake club and the first-place winner was, Jacob Baskin, from the Wilmington Cape fear club. Congratulations to Jacob as he was the winner of \$2,500. Sandy thanked everyone for their hard work

and participation in this scholarship program.

Lou Anna Hardee, Oratorical Contest Chair – Lou Anna attended the meeting virtually by Zoom. The topic this year is “Healing the World with Optimism”. Lou Anna stated that the numbers in participation had declined. She is concerned about the reason for this and asked for our input as to why we think this is happening. Contestants from Zones 3, 4, 5 and 6 participated this year. Lou Anna reminded us that the contest will be shown virtually by Zoom this afternoon beginning at 2:00. She thanked everyone for their participation and encouraged everyone to watch the contest online.

Dennis Medlin, Junior Golf Chair – Governor Angela Iwaniuk spoke in the absence of Dennis Medlin. She asked that we refer to the bulletin for further information on the Junior Golf tournament. Sixteen golfers participated in the tournament at Wedgewood Golf Course in Wilson on May 1, 2021. Ten of these players qualified to go to the tournament in Florida. The district will provide \$750 for each golfer to help with meals and travel expenses. Dennis Medlin plans to be at our District convention in Wilmington to discuss more about Junior Golf.

Brenda Farmer, Membership Chair – Brenda was pleased to announce that we had 16 new members during the second quarter. She announced the names of the new members and their sponsors. Each new member was presented with a \$10 gift card from Walmart. Brenda encouraged all the clubs to have a NOW meeting and invite friends, family and co-workers. She announced that the club that brings in the most new members by September 30, 2021 will receive a surprise!

Billy Edgerton, Optimist International Foundation Chair – Bill reminded everyone that the OI Foundation makes a difference in the lives of our youth. He stated that 113 stu-

dents received scholarships last year. This was only made possible with the help of the OI Foundation. He has sent out letters to thirty of our former leaders encouraging them to give to the Foundation. He encouraged everyone to donate something this year. Billy’s goals are for each member to give \$50.00 to Dime-A-Day, for 50% of all members to give “anything” even if it’s \$5.00 and to have at least 20 President’s Club members from our district. He has committed to donating \$100 for every President’s Club member above ten that we have for this year. Billy was pleased to announce that Sandy Cyphers is now a member of the William H. Harrison Society.

Billy Edgerton, CCDHH Chair – Billy stated that the CCDHH contest will no longer be held at the Eastern NC School for the Deaf in Wilson, NC. This year it will be held in Goldsboro on May 15th. He has contacted all Directors of Special Education in Wayne County and the surrounding areas. Billy stated that he will be willing to chair this committee again next year and is hoping to have better participation for the 2021-22 school year.

Gail Craft, Marketing/Webmaster Chair – In Gail Craft’s absence, we were asked to refer to our bulletin for information and updates on Marketing and Web Master design.

Russell Leake, Candidate Qualifications Chair – Russell reported that Governor Angela Iwaniuk has a certified copy of a letter from Ray Cockrell announcing his candidacy for Governor for the 2022 -23 fiscal year. He asked if there were any other nominations. As there were no more, Gary Pender made a motion to close the election for Governor. Angela Iwaniuk seconded the motion. Ray Cockrell was approved to be our Governor-elect for 2022-23.

Lieutenant Governors for the 2021 – 22 fiscal year were elected. The following will represent each zone: Zone 1 – Ray Cockrell

Zone 2 - Tommy Brigman

Zone 3 - Gary Pender

Zone 4 - Jim Hart

Zone 5 - Cheryl Elman

Zone 6 - TBA

Optimist International Vice-President, Terry Corle, encouraged everyone to get their training on "The Learning Management System". The cost is \$6.00 a year for the license. He also suggested that each club consider sponsoring an overseas club. The cost is \$220 to get one started. If your club is interested, please contact Jim Boyd for more information. Terry reminded everyone that the Club Officer report is due May 20th and the Club Pride report is due September 30, 2021. He announced that if every club would bring in two new members by July 1st, we would be plus 23 in membership and we could regain our number 1 position in Optimist International. He reminded us to read the Optimist "Hot Line" each month in order to keep up with the news at OI. He was proud to announce that our own Governor, Angela Iwaniuk, has been in the top ten Governor's several times for our region. Terry reminded everyone that he has a Zoom meeting every fourth Monday night at 7:00. He encourages each member to join in on the meetings.

Governor-Elect, Pam Franks has been busy getting her team together. She attended Governor training in St. Louis, Missouri. Pam made the statement that former Governor Linda Shepherd "Planted her seed" that encouraged her to become more involved in Optimist. She asked that we "Plant our seed for the future" and get excited about the upcoming Optimist year. Let's help each other grow!

Former Governor, Russell Leake thanked everyone

for being on his team last year. He handed out plaques for his Lieutenant Governors and Committee chairpersons.

Governor, Angela Iwaniuk encouraged us to "let's get moving - let's get motivated". We need more participation in the A&A Awards program. Please try to get your club to submit their report each quarter. She asks that we send Wayne Sidelinger pictures of projects and activities that we have worked on each quarter so he can include them in the bulletin. She encouraged each club to post their activities on their Facebook page. Let others see how much fun we are having. The more we share, the better we will become. Go back to your club and encourage everyone to attend our District meeting in Wilmington in September.

Governor Angela led as we all recited the Optimist Creed.

As there was no further business to discuss, the meeting was adjourned.

Carol Collier

District Secretary



3rd Quarter Financial Statement NC East Optimist District 10-1-20 to 6/30/21

Receipts							
Acct #	Account Name	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	YTD	Budget
100	Dues [H]	\$2,948.50	\$3,305.50	\$3,093.00	\$0.00	\$9,347.00	\$11,416.00
105	Corporate Club	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
110	Allotment from OI [G]	\$390.99	\$0.00	\$260.87	\$0.00	\$651.86	\$599.00
120	District Convention [A]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$8,708.43
130	District Meetings [B]	\$530.00	\$250.00	\$624.00	\$0.00	\$1,404.00	\$3,407.00
145	Jr. Golf [D]	\$0.00	\$0.00	\$2,451.25	\$0.00	\$2,451.25	\$10,079.80
150	Miscellaneous Receipts	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$82.00
160	Interest Earned (MM)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
190	OI Foundation	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$500.00
191	Auction B&G	\$0.00	\$0.00	\$927.00	\$0.00	\$927.00	\$500.00
192	Other - fifty fifty	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$400.00
800	CCDHH [K]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
	Subtotal Receipts	\$3,869.49	\$3,555.50	\$7,356.12	\$0.00	\$14,781.11	\$35,692.23
650	Transfer from Prev Adm						\$20,089.11
	Total Receipts	\$3,869.49	\$3,555.50	\$7,356.12	\$0.00	\$14,781.11	\$55,781.34
Disbursements							
Acct #	Account Name	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	YTD	Budget
200	Governor	\$0.00	\$0.00	\$506.85	\$0.00	\$506.85	\$2,000.00
210	Lt. Governors [F]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$3,613.12
250	Secretary/Treasurer	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$600.00
255	Governor Elect	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,000.00
260	Immediate Past Governor (O)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
261	Past Governor (O)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
262	Boys & Girls Home (Chair Travel to B&GH)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$150.00
263	NCB Chairperson	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
265	Committee Chairs [N]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$7,159.92
300		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25.00
301	Postage	\$0.00	\$0.00	\$30.25	\$0.00	\$30.25	\$30.00
320	Office Supplies	\$52.40	\$0.00	\$0.00	\$0.00	\$52.40	\$60.00
330	District Bulletin	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$650.00
331	Web Page	\$251.88	\$0.00	\$0.00	\$0.00	\$251.88	\$200.00
340	District Directory	\$455.29	\$0.00	\$0.00	\$0.00	\$455.29	\$575.00
350	District Convention [A]	\$13.93	\$1,000.00	\$0.00	\$0.00	\$1,013.93	\$6,401.34
351	District Conv Allotment [A]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$760.00
360	District Meetings [B]	\$488.25	\$0.00	\$1,303.20	\$0.00	\$1,791.45	\$3,407.00
361	Lt. Governor's Conference	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$150.00
370	Oratorical [C]	\$0.00	\$0.00	\$332.99	\$0.00	\$332.99	\$1,200.00
371	CCDHH [K]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$200.00
380	Jr. Golf [D]	\$0.00	\$0.00	\$1,940.00	\$0.00	\$1,940.00	\$10,000.00
390	Essay Contest [E]	\$0.00	\$0.00	\$95.18	\$0.00	\$95.18	\$150.00
400	Badges & Pins/Officers	\$689.52	\$0.00	\$0.00	\$0.00	\$689.52	\$650.00
410	Awards, Current Year [J]	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$200.00
411	Awards, Past Year [J]	\$0.00	\$0.00	\$700.85	\$0.00	\$700.85	\$1,000.00
420	Audit/Bank Charges	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
421	Audit / Review / 990	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$100.00
430	Merchandise Expense	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$250.00
440	New Club Supplies	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$500.00
441	Membership Promotion	\$0.00	\$322.00	\$0.00	\$0.00	\$322.00	\$1,000.00
442	A&A Awards	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$100.00
443	Personal Growth	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25.00
444	Childhood Health & Wellness (CCC)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25.00
445	New Club Building	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$100.00
446	Leadership Development	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$150.00
447	OI Foundation	\$0.00	\$0.00	\$463.50	\$0.00	\$463.50	\$500.00
448	Boys & Girls Home	\$0.00	\$0.00	\$463.50	\$0.00	\$463.50	\$500.00
450	Gifts [I]	\$0.00	\$0.00	\$0.00	bvvvvvv	\$0.00	\$150.00
470	Miscellaneous Expense	\$0.00	\$0.00	\$176.10	\$0.00	\$176.10	\$100.00
480	Previous Administration Expense	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
490	Next Administration Expense	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
		\$1,951.27	\$1,322.00	\$6,012.42	\$0.00	\$9,285.69	\$43,681.38

3rd Quarter Financial Statement NC East Optimist District 10-1-20 to 6/30-21

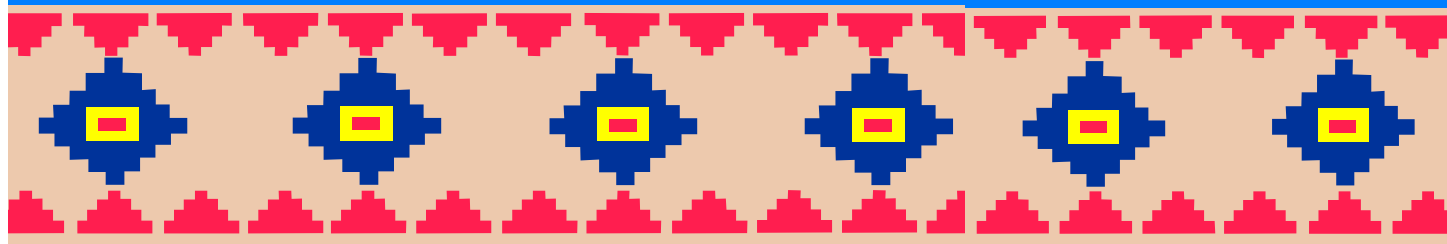
	International Convention						
500	Governor	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,000.00
510	Lt. Gov. Elect Max \$300. For 3	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$900.00
540	Secretary/Treasurer	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,000.00
550	Governor Designate	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,000.00
551	Secretary/Treasurer Designate	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,000.00
560	District OI Conv Meal	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$500.00
	Total International Convention	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$5,400.00
	Subtotal Disbursements	\$1,951.27	\$1,322.00	\$6,012.42	\$0.00	\$9,285.69	\$49,081.38
460	Transfer to next Administration Above line includes escrows. See escrow breakdown below.						\$6,699.96
599	Total Disbursements	\$1,951.27	\$1,322.00	\$6,012.42	\$0.00	\$9,285.69	\$55,781.34

Reconciliation

	YTD Financial Report Summary						Total
	Receipts (Includes Transfers from 2020-21)	\$0.00	\$0.00	\$0.00	\$0.00	\$14,781.11	
	Disbursements	\$0.00	\$0.00	\$0.00	\$0.00	\$9,285.69	
	Net	\$0.00	\$0.00	\$0.00	\$0.00	\$5,495.42	
	2nd Qtr Bank Account Summary	BB&T	Convention	Jr Golf			
	Beginning Balance	\$20,089.11	\$2,304.43	\$79.80			
	Deposits & Other Credits	\$14,781.11	\$0.00	\$0.00			
	Expenditures /Withdrawals	\$9,285.69	\$0.00	\$0.00			
	Ending Account Balance	\$25,584.53	\$2,304.43	\$79.80			
	Total Funds	\$25,584.53	\$2,304.43	\$79.80			

RECONCILLATION OF ESCROW FUNDS

	DISTRICT CONVENTION	Current Year Increase/(Decrease)	
	Start-of-Year Balance	\$ 2,304.43	
	Receipts 10-1-20 through 3-31-21	\$0.00	
	Disbursements 10-1-20 through 3-31-21	\$0.00	
	End-of-Year Balance	\$2,304.43	\$0.00
	JUNIOR GOLF		
	Start-of-Year Balance	\$79.80	
	Receipts 10-1-20 through 3-31-21	\$0.00	
	Disbursements 10-1-20 through 3-31-21	\$0.00	
	End-of-Year Balance	\$79.80	\$0.00
	CCDHH		
	Start-of-Year Balance	\$0.00	
	Receipts 10-1-20 through 3-31-21	\$0.00	
	Disbursements 10-1-20 through 3-31-21	\$0.00	
	End-of-Year Balance	\$0.00	\$0.00



THE OPTIMIST CREED

Promise Yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.

NCE Bulletin

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Published by Wayne Sidelinger

Bulletin Editor.

1104 Windemere Dr. NW,

Wilson, NC 27896

Cell 252-290-2858

Email: wsidelinger@nc.rr.com

NCE Web

www.optimistnceast.org

OI Web

www.optimist.org

