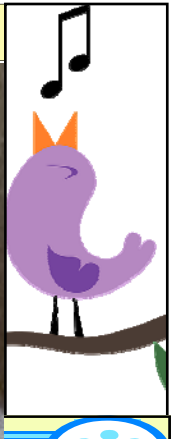




Bob McFadyen, OI
President 2022-2023



Donna Aker, Mid-Atlantic Region VP



North Carolina East Optimist Bulletin

Together We Can!

Jon Gordon has a great book out called The Coffee Bean. The basic concept of the book is – what happens when you put a carrot in hot water? It breaks down and becomes soft, but keeps it's shape. What happens when you put an egg in hot water? It hardens and becomes firm. What happens when you put a coffee bean in hot water? It breaks down and spreads out into the water, taking on the environment of the water, thereby transforming the environment it is in.

So what will we do? We can be like the carrot that weakens in the pot or like the egg that hardens. Or, we can be like the coffee bean and discover the power inside us to transform our environment. We need to spread our optimism to transform any environ-

ment we are in to an optimistic one.

Together We Can doesn't necessarily mean that we need to be beside each other and together at all times to embrace Optimism. It means that we need to be of like-mind and like-spirit and all working toward one goal.

At the first quarter meeting we explored who we are and why we do what we do. At this meeting, we will put an emphasis on District Projects. Those projects in which we



Ray Cockrell, Governor 2022-2023

have all placed a priority and work in unison – “together” – to make our environment a better place. We will focus on Childhood Health and Wellness, Boys and Girls Homes, and OI Foundation. That is not to imply that any of the other projects that we participate in are not worthwhile – they certainly are – yet these are areas that we as a District have committed to.

Thank you for all you do to make Optimist stronger! Thank you for all you do to support the work we do in this district! Thank you for all you are doing to be a coffee bean and transform the environment you are in!

Together We Can!!

Governor Ray



the gifts and resources we have here. He shares that, “BGHNC has been blessed for decades by North Carolina’s wonderful civic clubs and our many alumni, both of whom are important ‘gifts’ I want to make sure we closely embrace and celebrate. We would not be here without our civic club and alumni partners.”



Boys and Girls Homes Welcomes New President/CEO

We are excited to welcome our new President/CEO Marc Murphy to the Boys and Girls Homes family! I look forward to introducing him to you.

We actually are welcoming Marc back home. He and his wife Jen began their career as Teaching Parents in the Optimist Cottage. He moved from there to training new staff to starting the Foster Care and Adoption programs and designing the Emergency Care program. Marc says, “BGHNC is where I first entered the field of child welfare. Those 10 years at BGHNC were foundational to my career. Everything I learned there I carry with me to this day, and I am thrilled to return home.”

Marc indicates one of his top priorities in his first year is to ensure we are good stewards of

Please join me in welcoming Marc back to the BGHNC family!



Governor Elect 2022-2023

Fellow Optimist. Greetings from your Governor-Elect for the 2022 – 2023 Optimist year. I just returned from Governor's training which was held at the hotel where the Optimist International convention will be held this summer. (Hyatt Regency Crystal City at Regan National Airport, what an amazing hotel it is.) Within walking distance, metro or cab ride to our countries most amazing, exciting and patriotic buildings, museums and monuments. I sincerely hope that you are making or have already made your plans to attend this year's convention. Did you know the hotel is less than a six hour drive from anywhere in our District and better yet you can take Amtrak right into the heart of Washington, DC and a short cab ride to the hotel. I plan on taking Amtrak from Wilson to Washington (as I did for Governor's training) and return for less than \$200 business class. Don't have to worry about traffic, driving on I95 or I85, paying for parking, just relaxing with an adult beverage and enjoying the beautiful countryside of North Carolina, Virginia and DC.

On another note, I'm in the process of starting to build my leadership team for my term as your Governor. A great opportunity for you to get involved in

the operations of our district. You became an Optimist to help people in your communities but don't forget we also need help in our district. New fresh ideas and people in the leadership positions. New people, new ideas, new ways of looking at things is what's going to keep our district growing and moving forward, helping more and more youth in our communities. Interested or have questions please give me a call or email.

My favorite line of our Optimist Creed: To forget the mistakes of the past and press on to the greater achievements of the future.

Terry Corle

Governor Elect, 2022 – 2023



Communications Contest for the Deaf & Hard of Hearing

This years topic for the CCDHH Contest is Discovering the Optimism in Me. The contest is open to students through grade 12 and are competing for a \$2,500.00 scholarship. All contestants must have an uncorrected hearing loss of 40 decibels or more. If your club has a contestant please let me know or if your club would like to sponsor a contestant. Please have all info to me by April 20th and the District contest will be held in May no date has been set yet.

With your help we as Optimist can make a DIFFERENCE in a Child's Life.

Gary Pender

District Chair



You may think you know everything.

Taking off is harder on the wheels of an airplane than landing.

The largest number that has a name is Vigintillion. It has 63 zeros.

Continued on page 9

District Essay Contest



OPTIMIST INTERNATIONAL
ESSAY
CONTEST



Who is an Every Day Hero that Brings
Out the Optimism in You?

NC EAST ESSAY CONTEST

We are looking forward to receiving all clubs winning Essays this month. Remember, the deadline to get those entries into the District Chair is February 28, 2023. Each entry should contain the winning Essay, a completed District Essay Contest Entry Form and a copy of the writer's birth certificate or passport.

Please send your club's winning entry to:

Angela R. Iwaniuk
District Essay Chair
10861 McKenzie Rd.
Bailey, NC 27807

The winning essay will be chosen during March and announced at our 3rd Quarter District meeting in May. All applicants will be notified in April of the results of the contest.

This year our District is working with the SC District and The Childhood Cancer Club of the Carolinas to encourage participation from all youth who are battling childhood cancer. Any entry received from this group will be submitted to the club which is closest to their home address for club participation.

We have already received some which will be forwarded to the proper clubs.

Thank you for your efforts to make the District Essay Contest great again this year! We can't wait to award some talented young writer a \$2500 scholarship!



Angela Iwaniuk

252-289-5050

Email: ncangel49@aol.com

IMPORTANT TAX FILING REMINDER: For ALL U.S. Optimist Clubs, the due date for the applicable tax form 990 is February 15, 2023 (due every year by the 15th day of the 5th month after the close of the Club's tax year).

Optimist Clubs whose annual gross receipts are normally \$50,000 or less are required to electronically submit Form 990-N, also known as the e-Postcard. The new Form 990-N submission website is now open. For the filing link and more information on how to file, visit the Form 990-N webpage at: <https://www.irs.gov/charities-non-profits/annual-electronic-filing-requirement-for-small-exempt-organizations-form-990-n-e-postcard>.

District Membership

Greetings Fellow Optimists! I'm writing this a week and a half in advance of our District meeting, so some of the info could change slightly.

Our District is in pretty good shape. We're minus 5, but are trending in the right direction. Our Mid-Atlantic region is still number one, which is great news. On the down side, our Organization is trending in the wrong direction and I'm encouraging you to join me in the push to turn this around. Most importantly, remember, each new member equates to helping approximately 35 kids!

With spring sports coming up, there's no better opportunity than now to ask the parents, grandparents, and friends to join our organization.

However, it doesn't have to be just sports. What is the one thing your club does that you're most proud of. Use it as your "secret weapon" to recruit new members.

Buying a new car? Don't think for one minute that dealership will let you walk over the cost of a FOO membership (\$140).

In closing, I challenge all Past Governors to bring in at least one new member

this year (and every year). I also challenge all clubs to be plus in membership for the year. I made this promise to Governor Ray at the first of the year and we're well on the way to achieve this goal.

'Remember, membership is an honor and privilege.....so SHARE it"!

*Auston Pusey
Membership Chair*



O.I. Foundation

Hello Optimist

This year is going by so fast it is February already. It is my honor to serve the NC District as OI Foundation Rep. and the Foundation needs your help. As I said at the first quarter meeting our district receives \$10,000 in scholarships each year with our Essay, Oratorical and CCDHH contest even if we raise any money at all. I have set my Goal to raise \$13,500 for the Foundation and with your help we as Optimists can make a better future for our youth we serve.

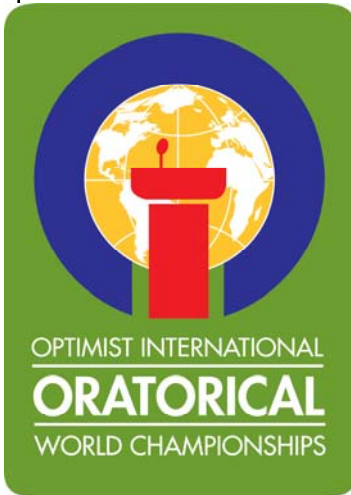
Here are just a few ways you and your club can help. The Dime a Day \$36.50 a year and receive a Dime a Day Pin, the President Club \$250.00 and receive a lapel pin, the Women's Philanthropy \$100.00 and receive a beautiful Pink Pocket Book Pin and guest what men you too can wear one. I can't leave off the Christian D Larson \$1,000.00 what a great way for a club to honor a member with this award for being a

great Optimist member. I will have Applications at the district meeting oh yeah don't forget to bring your cash, check book or credit cards. I love the three things our International President Bob McFadyen said Love is Better than Anger, Hope is Better than Fear, Optimism is Better than Despair. So let us be loving, Hopeful and Optimistic and we'll change the World. I am willing to come to your club and talk about the Foundation just let me know when and where.

Gary Pender DFR
919-920-9190



District Oratorical Contest



Greetings, My Fellow Optimists!

By now, all clubs should be in the midst of planning for the 2022-2023 Optimist International Oratorical Contest. The topic for this year's contest is "Discovering the Optimism within Me." Contests should be conducted before the end of March.

Check with your Lt Governor to learn the date of the zone competition. The district contest at which a scholarship will be awarded will be held in May at the 3rd quarter district meeting slated for the Raleigh Optimist Club Farm located at 2908 Optimist Farm Road in Apex.

The OI website has lots of information that you need to be aware of as you prepare for this scholarship competition. Use the guidelines below to follow the trail to oratorical contest information:

Type Optimist.org into the address or URL bar. Click on MEMBER RESOURCES, the third topic

from the left at the top of the page.

Scroll way down the next page on the far right to the heading "Programs" under which you will see "Scholarship Contests." When you click on "Scholarship Contests," scroll down the new page until you see "Oratorical Contest." VOILA! When you click on that heading, you will arrive at a wealth of information.

Don't forget to place your order to Shumsky (<https://www.optimist.org/member/supplies.cfm>) for medallions for the winners of your club competition so that they will arrive in plenty of time for your contest. If you need further assistance, don't hesitate to contact me.

Thank you for providing a contest in your club so that many young people have an opportunity to compete for a scholarship. I am...

Forever an Optimist!

Linda Shepherd

ljsprof@hotmail.com



First Timers 1st Board Meeting



First Timers, Jonathan (President, Wake Forrest) & Paige Bivens. Also not pictured, Diane Keeter

LEADERSHIP DEVELOPMENT

WHICH OF THESE TWO ITEMS ON A MENU
WOULD YOUR CLUB MEMBERS PREFER ?



**YES, THE YUMMY STEAK PLATTER
no doubt!**

Ask yourself as a leader which includes all OFFICERS AND COMMITTEE positions, **ARE YOU GIVING THE BEST OF YOURSELF AS A LEADER IN YOUR CLUB OR THE DISTRICT?** Are you learning all you can about your position and the optimist organization/club you serve as its leader?

We...YOU AND I as members of the N.C. East District of Optimist International need to help and assist with the grooming of perspective/potential members for leadership positions. We need to "ENCOURAGE" club members to learn more about the wonderful service organization to known as **OPTIMIST INTERNATIONAL**.

As club member or leader in the district "**HAVE YOU**" taken the time to check out the **OPTIMIST INSTITUTE?** (INSPIRING, EDUCATING, AND ENGAGING MEMBERS). Check it out! There may be a hidden surprise you may find.

2023 WEBINARS THE FOLLOWING ARE LISTED BELOW:

February's Webinar **KEEP THEM COMING BACK**
March's Webinar **SPREADING JOI**

April's Webinar **OPTIMIST INTERNATIONAL FOUNDATION**

May's Webinar **PGI & PDP**

August's Webinar **GROWING YOUR MEMBERSHIP, RETENTION THROUGH IMPROVING MEMBERS' EXPERIENCE**

All Webinars are planned for the second Monday of each month 8:00pm-9:00pm (Eastern Standard Time) To get on the site go to www.optimist.org

EVERY N.C. EAST OPTIMIST MEMBER THAT COMPLETES A WEBINAR WILL HAVE THEIR NAME PLACED IN A DRAWING FOR \$200. The drawing will take place at the Summer Conference. Example: If you take the Webinars for Optimist International Foundation or Club Officer you will have 2 chances. You could have as many as 9 or 10 chances.

If you have any questions, please feel free to contact me. I am here to assist you in becoming a better, stronger, more engaged, and knowledgeable Optimist Member.

Sandy Cyphers

N.C. East District

Leadership Development Chairman

910-367-3295 scyphers@ec.rr.com



Marketing, Social Media & Webmaster

Hi NC East District members!

I'm looking forward to the February District Meeting. We've all been cooped up for so long. Here's to less Zoom meetings and meeting in person from now on!

The best way to stay updated with our District is to visit both our Facebook page and our Website.

Facebook: North Carolina East District, Optimist International

Website: www.optimistnceast.org

(Note: please do not visit the old NC East website, the Russians have bought the domain and you could possibly get a virus. That site was discontinued in 2018).

Our website was updated in October - with new dates for scholarship contests, district chairpersons, the new presidents'

message, club info and our new governors' message. We will also be emailing out our new digital directory to all the club president's and secretaries as changes occur. If you'd like a copy, please email me.

Everyone is invited to attend our District meetings and encouraged to attend! This is a great place to hear about special events, direction from chairperson's and topical information that everyone needs to hear. We plan the meetings around the physical district area throughout Central NC and Eastern NC. The locations will be published in the new directory. All further information will be sent out through email and will be posted to the website under District Events as we do every quarter.

If you have any questions, please call or email me.



Gail Craft District Chair.



Childhood Health & Wellness



January 2023

NC East District
Childhood Health
and Wellness

It will soon be March, and the start of our fourth year dealing with COVID-19. This year we have added RSV (respiratory syncytial virus) along with a yearly version

of the flu. The daily news outlets no longer give us a day-to-day recount of those who are sick and those who have died from COVID. That doesn't mean it's not happening. We've just adapted to the situation. As of this week new cases in NC are down and the latest vaccine booster is very effective. Best of all the kids are back in school and doing well. They are



more mature and like being able to see their friends. Our club sponsored the Shop With a Cop project in December for fifty students. Most students and teachers are wearing masks. The latest development in the vaccine is a "no-needle" inhaled version that may give better protection. It is

easier to administer and to store. There is also a vaccine for RSV that is in early clinical trials. Research for a vaccine for this common virus has taken over sixty years.

Please support the Mile of Hope project that the Raleigh Club sponsors. It's a fun-filled event for the families of children who are affected by cancer. This year it is scheduled for the weekend of May 12-14. Donations and volunteers are welcome.

Another project that supports pediatric patients is Wonder Connection. It is a hands-on science and nature program that hospitalized patients can do without leaving their beds. The volunteer visits help ease the anxiety, fears, and boredom during their hospital stay. Check out the web site at www.wonderconnection.org to see what is happening this spring.

The Ronald McDonald Houses in Chapel Hill, Durham and Greenville have reopened for limited activities and small groups of volunteers. Contact them to make donations or volunteer.

It took four years to get past the 1918 Spanish Flu Pandemic. Hopefully we are close to the end of this covid pandemic. In many ways, we have returned to what we remember as our "normal lives". The US government is making plans to make available a covid booster shot along with the yearly flu shot.

Help keep your family and friends healthy this year by taking advantage of the vaccines available. Thanks for all you do for the kids and their families. Stay well.

Trish Verne,
Child and Wellness
Chair



Trish Verne
District Co-Chair

Continued from page 3

There is only one spot in the US where you can be in 4 states at one time. Colo. Utah. N.M. Ariz.

A frog breathes with it's mouth closed.

Junior Optimist International



As we begin a new calendar year, it's a great time to extend your club's Optimist umbrella! I cannot think of a better time or a better way to do so than to

out of the starting gate! From there, it's a matter of convening with your group in any fashion you choose. Look around and you'll see need and opportunity at every turn! If I can be of help, contact me and I'll assist you in any way I can!



Sam Toler

252-904-8602 or email me at stoler6@embarqmail.com

create a Junior Optimist club as an arm of your parent group.

OI has made it easy to build these younger clubs by keeping the costs at pre-Covid fees. There is a \$50 chartering fee and a \$60 initial startup bill, plus the pro-rated member dues (\$10 annually) and you're

Boys & Girls Homes



Hello Fellow Optimists, I am the committee chair for the Boys and Girls Homes this year. In all the years as an Optimist, I never thought about Boys and Girls Homes and what it does for the youth in our state. When I was elected Governor in 2014-2015 to hold

my second quarter board meeting, I thought about the B&G at Lake Waccamaw. It was a great success.

The thing I enjoyed the most was visiting the Optimist cottage. I was very impressed. My wife and I decided to support the cottage with financial gifts.



I know time are hard

now following the Pandemic, but I ant to encourage each club in the NC East District to increase their support by 10% during this Optimist year to help the financial support for our cottage.

Yours in Optimism,

Jimmy Lamm



Optimist Cottage B&G Homes Lake Waccamaw

NC East District Financial Report 10-01-22 to 12-31-22

Draft Budget/ North Carolina East District 2022 - 2023

Account Name	Budgeted	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	Actual	Difference
Receipts	Receipts	Receipts	Receipts	Receipts	Receipts	Receipts	Receipts
#100 Dues	\$ 11,744.00	\$ 2,945.00	\$ -	\$ -	\$ -	\$ 2,945.00	\$ (8,799.00)
#105 Corporate Partners	\$ 1,000.00					\$ -	\$ (1,000.00)
#110 Allotment OI	\$ 734.00					\$ -	\$ (734.00)
#120 Dist Convention	\$ 7,000.00					\$ -	\$ (7,000.00)
#130 Dist Meetings	\$ 3,000.00	\$ 1,351.00				\$ 1,351.00	\$ (1,649.00)
#145 Jr. Golf	\$ 1,500.00					\$ -	\$ (1,500.00)
#150 Miscellaneous Duck	\$ 600.00					\$ -	\$ (600.00)
#100 Interest Earned	\$ -					\$ -	\$ -
#190 OI Foundation Auction	\$ 500.00					\$ -	\$ (500.00)
#191 Auction B & G Home	\$ 500.00					\$ -	\$ (500.00)
#192 Fifty Fifty	\$ 400.00					\$ -	\$ (400.00)
#650 Transfer Prev Admin	\$ 6,474.28					\$ -	\$ (6,474.28)
#800 CCDHH	\$ -					\$ -	\$ -
Total Receipts	\$33,452.28	\$ 4,296.00	\$ -	\$ -	\$ -	\$ 4,296.00	\$ (29,156.28)
Disbursements							
#200 Governor	\$ 2,500.00	\$ 24.00	\$ -	\$ -	\$ -	\$ 24.00	\$ (2,476.00)
#210 Lt. Governors	\$ 1,800.00					\$ -	\$ (1,800.00)
#250 Secretary/Treasurer	\$ 600.00					\$ -	\$ (600.00)
#255 Governor Elect	\$ 600.00	\$ 36.73				\$ 36.73	\$ (563.27)
#260 Immediate Past Gov.	\$ -					\$ -	\$ -
#261 Past Governor	\$ -					\$ -	\$ -
#262 B & G Home Chair	\$ -					\$ -	\$ -
#283 New Club Building	\$ 1,000.00					\$ -	\$ (1,000.00)
#265 Committee Chairs	\$ 4,600.00					\$ -	\$ (4,600.00)
#300 Clerical/Secretary	\$ 100.00					\$ -	\$ (100.00)
#301 Postage	\$ 100.00	\$ 64.24				\$ 64.24	\$ (35.76)
#320 Office Supplies	\$ 100.00					\$ -	\$ (100.00)
#330 District Bulletin	\$ 500.00					\$ -	\$ (500.00)
#331 Web Page	\$ 200.00	\$ 191.88				\$ 191.88	\$ (8.12)
#340 District Directory	\$ -					\$ -	\$ -
#350 District Convention	\$ 6,000.00					\$ -	\$ (6,000.00)
#300 District Meetings	\$ 4,050.00	\$ 1,040.00				\$ 1,040.00	\$ (3,002.00)
#361 Lt Governor's Conf.	\$ 500.00					\$ -	\$ (500.00)
#370 Oratorical Contest	\$ 750.00					\$ -	\$ (750.00)
#371 CCDHH Contest	\$ 750.00					\$ -	\$ (750.00)
#380 Jr. Golf	\$ 1,500.00					\$ -	\$ (1,500.00)
#390 Essay Contest	\$ 750.00					\$ -	\$ (750.00)
#400 Badges & Pins Officers	\$ 300.00	\$ 298.42				\$ 298.42	\$ (1.58)
#410 Awards Current Year	\$ 200.00					\$ -	\$ (200.00)
#411 Awards, Past Year	\$ 500.00	\$ 73.19				\$ 73.19	\$ (426.81)
#420 Audit/Bank Charges	\$ 50.00					\$ -	\$ (50.00)
#421 Audit Review 990	\$ 100.00					\$ -	\$ (100.00)
#430 Merchandise	\$ 500.00					\$ -	\$ (500.00)
#440 NCB Supplies	\$ 500.00					\$ -	\$ (500.00)
#441 Membership	\$ 500.00					\$ -	\$ (500.00)
#442 A & A	\$ -					\$ -	\$ -
#443 Personal Growth	\$ 250.00					\$ -	\$ (250.00)
#444 Childhood Health	\$ 500.00					\$ -	\$ (500.00)
#446 Leadership Develop	\$ 300.00					\$ -	\$ (300.00)
#447 UI Foundation	\$ 500.00					\$ -	\$ (500.00)
#448 Boys & Girls Home	\$ 500.00					\$ -	\$ (500.00)
#450 Gifts (Guests)	\$ 200.00					\$ -	\$ (200.00)
#470 Miscellaneous	\$ 1,952.28	\$ 71.88				\$ 71.88	\$ (1,880.40)
#480 Previous Admin Exp	\$ -					\$ -	\$ -
#490 Next Admin Exp	\$ 200.00					\$ -	\$ (200.00)
Total Disbursements	\$33,452.28	\$ 1,808.34	\$ -	\$ -	\$ -	\$ 1,808.34	\$ (31,643.94)
YTD Summary							
Total Receipts		\$ 4,296.00	\$ -	\$ -	\$ -	\$ 4,296.00	
Total Disbursements		\$ 1,808.34	\$ -	\$ -	\$ -	\$ 1,808.34	
Beginning Bank Balance	\$22,136.73						
Receipts	\$4,296.00						
Disbursements	\$1,808.34						
Ending Bank Balance	\$24,684.39						
			Note: A negative (-) number in Difference column means we are under budget				
			A positive (+) number in Difference column means we are over budget				

North Carolina East District

Optimist International

NCE District Meeting

First Quarter

Leadership Training

Holiday Inn Greenville

Saturday, November 12, 2022

Governor Ray Cockrell called the meeting to order at 10:00 a.m. and led everyone in the Pledge of Allegiance. Past Governor Gary Pender provided the Invocation.

Governor Cockrell welcomed and introduced:

1st Timers – Jonathan & Paige Bivens, and Diane Keeter

Past Governors – Sandy Cyphers, Dan Durham, Lou Anna Hardee, Angela Iwaniuk, Jimmy Lamm, Auston Pusey, Pamela Franks, Russell Leake, Gary Pender, Linda Shepherd, and Wayne Sidelinger.

Charter Club Members – Linda Shepherd and Wayne Sidelinger

Review and Motion to accept the Minutes of the 4th quarter convention.

First Wayne Sidelinger

Second Lou Anna Hardee

All in favor. Aye

Review and Motion to accept the Financials of the 4th quarter convention.

First Jimmy Lamm

Second Gary Pender

All in favor. Aye

Governor Ray then handed out our Vision, Mission and Values.

Vision – our purpose – picture of our future success.

Mission – your purpose and your why... Where we are and where we are headed.

Values – things we cherish and we believe in. Our core beliefs.

From handout (please see attached).

We chose our top ten values.

Then we picked our top five.

Then we picked our top three.

Governor Ray then went around the room and we announced what each of our top three values are. He created a visual of who we are on the board. (picture attached).

Family, Faith and Integrity are our top three values as a group. This list is who we are and represents our Leadership Team. Collectively these are our core beliefs.

Governor Ray then showed us a video by comedian Michael Junior. “know your why”. When you know your why, your what becomes more impactful.

We are here for kids in need, to develop how we can help them and be better Optimists for the upcoming year.

Together we can.

Governor Ray then handed out our Optimist Creed in strips of each verse.

He separated us into groups. Each group had a verse.

We went around the room describing what each verse meant to us as a group.

Governor Ray then shared his goals from his training in St. Louis.

Jerry Delbridge rapped and 'acted out' the Creed. He suggested that we all learn and memorize the Creed.

Governor Ray's goals for our NC East District:

Monthly State of the District emails

Provide monthly communication with Leadership Team

Weekly posts to social media

Increase Membership by + 5

Increase attendance to district meetings by 15%

Retain all existing clubs - no disbandments (whole lot easier to keep members than to find new ones)

New Adult Club +1

New JOI Club +1

Increase Training of:

Club Leadership 50%

District Leadership 75%

Optimist Institute to 75%

International Meeting attendance to two attendees.

Have participation in all Scholarship programs from all Zones.

Terry Corle, Governor Elect - mentioned that Amtrak to DC is \$40. We need to fill up a train car.

Discussion of three Scholarship programs - Need letter from new President McFadyen to give to principals and counselors at the schools.

Break for lunch at noon.

Installed Board of Directors.

Took picture of Leadership.

Terry Corle as Finance Chair, read Budget description.

Reduced pages of budget to one page to make it easier to read and navigate.

Dues are for 734 members

Need to find Corp partners \$1000 each

No dues increase from District. Still \$4/ person per quarter

Intl raised dues \$15 each for year

Will have district store. Sara will run

Bringing back: OI foundation auction, B&G auction

Bringing back 50/50 next meeting

Transfer \$6,474.28 from previous year

Disbursements Governor- \$2500 for whatever - rooms, mileage., gifts

Lt Governor's \$300 each - most never use

Linda Shepherd- numbers are not hard and fast - it's a budget

Sandy Cyphers - past governor should go to convention if present governor not able to go.

New club building change to \$1,000 (bell, gavel, banner, plus expenses)

Gary Pender- each chair \$250

District Bulletin - Zero - since we are sending electronic and not printing

Wayne Sidelinger- Secretary Treasurer line needs to be split in two so that Wayne does not have to fight Gail for expenses J

Misc - 1900 make numbers come out the way they are supposed to.

New budget easier to read one page

Linda Shepherd - re Lou Anna Hardee - \$1,000 Oratorical expenses (in addition to winner gifts)

Have \$22,633 in bank

Lou Anna Hardee not here - Wayne stated that we approved the financial statements this morning.

Did we pay for girl to go to Regional? Is that the \$1,000 expense that Lou Anna was referring to?

Governor Ray motioned to vote budget as presented.

Gary Pender- need to present to Executive board.

Governor Ray - Will convene Executive Board by email and vote.

Then will send to membership.

Changes are under advisement and will bring recommendations back.

Linda Shepherd stated that the Oratorical information is on the OI website. We need to have final District competition on May 13th @ the Optimist Farm District Meeting- and then send the results to OI by May 15th.

Gail Craft - the new Directory - since it is electronic has links to go to each page directly.

Angela Iwaniuk - Essay contest information was sent to all club president's and secretaries.

There is a new 'Kids Speak Out' contest for kids under 12.

Each club has discretion for prizes. (certificates, awards, cash)

Gary Pender - OI Foundation goal from \$10K to

\$13K

Increase from 60 participants to 100.

There was only 8 that donated to the Woman's Philanthropy.

All of the above proceeds to go help children.

Sandy Cyphers will donate:

\$100 to the club with the most donations to OIF

\$200 to the club with the most donations to Woman's Philanthropy

Gail Craft- we received a \$1,000 grant from OIF to help feed the kids in Zebulon. Thank you!

Gary Pender will come to your Club to speak.

Governor Ray - next District meeting is in Lake Waccamaw. Will focus on District Projects, B&G Home, Childhood Health and Wellness.

Sam Toler - JOI Clubs - start with younger kids and get them from the ground up. They can do service projects like raking pine straw, serving chili and drinks at an event.

Paige Bivens - our JOI officers have a project once per month. Making Comfort Kits with the adult club in Wake Forest.

Austin Pusey - Membership Goals. Love them! Everyone needs to add just one member. Just one.

Sandy Cyphers - Optimist Institute and Webinars. Will make you a better Optimist.

Take the courses and your name will go in a drawing for \$100. Club with the most members to complete will get \$200. They are motivational and will make better President's! It is FREE this year.

International Convention will be in Chrystal City/ Arlington. It's Terry's host club. \$100 for First Class train ticket and \$59 for Coach.

Lt Governors:

Angela Iwaniuk

Had Zone Meeting. 28 people at the Goldsboro Club. Cover dish and each President came.

2 clubs selling Christmas Trees.

Scouting Club - going to meeting next week.

OI looking at the scouting model then will expand the idea.

Everyone is meeting now after the Pandemic.

Bennie Bass

Just volunteered for the position.

Cape Fear had a car show.

Good day. 130 cars. 5-7000 people during day

Two clubs will sell Christmas Trees

Fall Ball

Wilmington is happy to be meeting.

Governor Ray - We will continue to grow.

Next meeting February 10th & 11th in Lake Waccamaw at the Boys & Girls Home.

OI is not sending out a Welcome packet anymore. We have Pens and Decals to give out as a District.

Gary Pender asked for us to create a 'Welcome Letter'. Also go to optimiststuff.com for logo branded items.

Wayne Sidelinger-\$1486 collected for this meeting. Hotel bill is \$873.92. \$612 profit for this meeting.

Sandy Cyphers please look at costs for registration and meals.

Terry - Excited about his year and next year. He will reach out to people to join his team. He's been an Optimist for 43 years. Wants fresh faces to help us in District. His Contact info is in the Directory.

Governor Ray - Buffalo vs Cattle. When a storm is coming the Cattle run away and the Buffalo run into the storm.

We all need to meet the challenge. We can't outrun the storm.

We are a team. None of us can do this by ourselves.

Together we can meet the storm head on.

We can help kids together. Together we can.

Governor Ray can speak at your Club meeting.

Thank you for being here.

Governor Ray asked us to recite the Creed with a new understanding of each line.

Meeting adjourned at 2:20pm.

Ding.

Respectively submitted:

Gail Bardaxis-Craft

District Secretary



District Convention

As of publication date the location for the District Convention is still under consideration.

Sandy Cyphers and Russell Leake are co-chairs this year along with Governor Ray.

If you have a location you would like them to consider, tell them.



North Carolina East 2022-2023 Officers

Governor	Ray Cockrell
Immediate Past Governor	Pamela Franks
Past Governor	Angela Iwaniuk
Governor Elect	Terry Corle
Secretary	Gail Craft
Treasurer	Wayne Sidelinger

Lt. Governors 2022-2023

Zone 1	Bennie Bass
Zone 2	TBA
Zone 3	Angela Iwaniuk
Zone 4	Joyce Leake
Zone 5	Jerry Delbridge
Zone 6	J. G. Baker

District Chairpersons 2022-2023

Achievement & Awards	TBA
Activities	Pamela Franks
Boys & Girls Homes	Jimmy Lamm
Boys & Girls Homes,	
Campus Contact	Ray Cockrell
Bulletin Editor	Wayne Sidelinger
Candidate Qualifications	Pamela Franks
CCDHH	Gary Pender

Childhood Health & , Wellness	Trish Verne
Club Fitness	Pamela Franks
District Convention,	Russell Leake (Sandy Cyphers)
Essay Contest	Angela Iwaniuk
Finance	Terry Corle
International Convention , Ambassador	TBA
JOI Youth Clubs	Sam Toler
Jr. World Golf	Derek Anderson
Leadership Development	Sandy Cyphers
Marketing, Social Media, Web Master & ,	
Public Relations	Gail Craft
Membership	Auston Pusey
New Club Building	Sara Robbins
O. I. Foundation	Gary Pender
On-Site Registrars,	Linda Shepherd & Linda Watson
Oratorical Contest	Linda Shepherd
PGI	TBA
Sgt at Arms	John Shepherd



**NC East District
Q2 Meeting Agenda**
Lake Waccamaw, NC
February 10-11, 2023



Friday

Arrival	2 – 5 pm	
	Accept and sort items for Silent Auction	
5:30 pm	Dinner	Dale’s Seafood (Dutch treat)
6:30 – 8 pm	Holiday Trivia with Ned’s Head	BGHNC Fellowship Hall

Saturday

Super Bowl Theme – Everyone wear their favorite Team Jersey, T-shirt or Hat

9:00 am	Welcome Flag Ceremony / Pledge of Allegiance Invocation	
9:15 am	Welcome & Opening Remarks	Ray Cockrell
9:20 am	Presentations Childhood Health & Wellness Boys and Girls Homes OI Foundation	Trish Verne Jimmy Lamm/Ray Cockrell Gary Pender
10:00 am	Break	
10:15	Committee Reports Essay Contest Oratorical Contest Membership New Club Building JOI Clubs Leadership Development Web, PR, Marketing, Social Media	Angela Iwaniuk Linda Shepherd Auston Pusey Sara Robbins Sam Toler Sandy Cyphers Gail Craft
11:15 am	Lt. Governors Remarks	
11:30 am	Mid-Atlantic Vice-President Remarks	Donna Aker
11:45 am	International President Remarks	Bob McFadyen
12 Noon	Lunch	
12:45 pm	Service Project	Optimist Cottage
2:00 pm	Adjourn – Safe Travels Home!	

Thank you for serving our children in the spirit of Optimism!

THE OPTIMIST CREED

Promise Yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.

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