

## Diabetes Medication Guide (insulin/tablets) for Outpatient Testing

Check your blood sugar often (at least every 4 hours). Since you will be fasting, your blood sugar may drop faster than normal. If you have symptoms of low blood sugar, treat with glucose tablets OR 6 oz. of clear juice or carbonated beverage (coke, sprite, apple juice) and call the office 678-817-6505.

Type 1 Diabetics with **insulin pump**. Contact your endocrinologist for further pump instructions.

Type 2 Diabetics-Follow the diabetes medication guide below as you prepare for your procedure.

<b>IF YOU TAKE:</b>			
SGLT2 Inhibitor (either by themselves or combined with another diabetes medicine ) Invokana, Farxiga, Jardiance, Invokamet, Xigduo, Synjardy, Glyxambi, Suglat, Steglatro, Segluromet, Steglujan, Qtern, Deberza, Trulicity	<b>Discontinue these medications 4 days prior to your procedure.</b> If there is a continued elevation in glucose levels, you must contact the prescribing physician for guidance.		
<b>THE DAY BEFORE YOUR PROCEDURE</b>			
<b>IF YOU TAKE:</b>	<b>MORNING</b>	<b>LUNCH/DINNER</b>	<b>BEDTIME</b>
Metformin	DO NOT TAKE	DO NOT TAKE	DO NOT TAKE
Oral diabetes medicines (besides the SGLT2 inhibitors listed above and Metformin)	Tradjenta: Take your usual dose Glipizide, Prandin: take ½ your usual dose	Tradjenta:Take your usual dose Glipizide, Prandin: Take ½ your usual dose.	
Long acting insulin: Lantus, Levemir, Toujeo, Tresiba	Take ½ your usual dose		Take ½ your usual dose
Intermediate acting insulin: NPH, Humulin N, Novolin N	Take ½ your usual dose		Take ½ your usual dose
Rapid/ Short acting insulin: Humalog, Novolog, Regular, Novolin R	Take ½ your usual dose	Take ½ your usual dose	
Premixed insulin: Humulin 70/30, Novolin 70/30, Humulin 50/50, Humalog 75/25	Take ½ your usual dose	Take ½ your usual dose	
<b>THE DAY OF YOUR PROCEDURE</b>			
Metformin	DO NOT TAKE	DO NOT TAKE	After the procedure, eat and take your usual dose.
Oral diabetes medicines (besides the SGLT2 inhibitors listed above)	DO NOT TAKE	After the procedure, eat and take your usual dose.	
Long acting insulin: Lantus, Levemir, Toujeo, Tresiba	If blood sugar is over 100; take ½ usual dose If blood sugar is under 100: DO NOT TAKE		After the procedure, eat and take your usual dose.
Intermediate acting insulin: NPH, Humulin N, Novolin N	If blood sugar is over 100: take ½ usual dose If blood sugar is under 100: DO NOT TAKE		After the procedure, eat and take your usual dose.
Rapid/ Short acting insulin: Humalog, Novolog, Regular, Novolin R	DO NOT TAKE	After the procedure, eat and take your usual dose.	
Premixed insulin: Humulin 70/30, Novolin 70/30, Humulin 50/50, Humalog 75/25	If blood sugar is over 100:take ½ usual dose If blood sugar is under 100: DO NOT TAKE	After the procedure, eat and take your usual dose.	
<b>IF YOU TAKE: AFTER THE PROCEDURE</b>			
SGLT2 Inhibitor (either by themselves or combined with another diabetes medicine ) Invokana, Farxiga, Jardiance, Invokamet, Xigduo, Synjardy, Glyxambi, Suglat, Steglatro, Segluromet, Steglujan, Qtern, Deberza	After the procedure, eat and take your usual dose.		

Helpful hint:

It is okay to take liquids containing sugar if a clear liquid diet has been prescribed.

Sample Diet: May substitute equivalent clear liquids 8 oz. Diet Soft Drink, 8 oz. regular Jello (no red or purple), 1 regular Popsicle (no red or purple), 8 oz. apple juice, broth