

Diabetes Medication Guide (insulin/tablets) for Colonoscopy Prep

Check your blood sugar often (at least every 3 hours). Since you will be fasting, your blood sugar may drop faster than normal. If you have symptoms of low blood sugar, treat with 6 oz of clear juice or carbonated beverage (coke, sprite, apple juice) and call the office 678-817-6505.

Type 1 Diabetics and diabetics with insulin pumps

STOP: Contact your Endocrinologist for further instructions

Type 2 Diabetics- Follow the diabetics medication guide below as you prepare for your colonoscopy.

IF YOU TAKE:	MORNING	LUNCH/DINNER TIME	BEDTIME
THE DAY BEFORE YOUR COLONOSCOPY			
Oral diabetes medicines	-Metformin, Tradjenta: Take your usual dose -Glipizide, Prandin: Take ½ your usual dose	-Metformin, Tradjenta: Take your usual dose -Glipizide, Prandin: Take ½ your usual dose	
Long-acting insulin: Lantus, Levemir, Toujeo, Tresiba	Take ½ your usual dose		Take ½ your usual dose
Intermediate acting insulin: NPH, Humulin N, Novolin N			
Rapid/short acting insulin: Humalog, Novolog, Regular Novolin R			
Premixed insulin: Humulin 70/30, Novolin 70/30, Novolog 70/30, Humulin 50/50, Humalog 75/25		Take ½ your usual dose	
THE DAY OF YOUR COLONOSCOPY			
Oral diabetes medicines	DO NOT TAKE	After the procedure, eat and take you usual dose	
Long-acting insulin: Lantus, Levemir, Toujeo, Tresiba	-If blood sugar is over 100: take ½ usual dose -If blood sugar is under 100: DO NOT TAKE		After the procedure, eat and take your usual dose.
Intermediate acting insulin: NPH, Humulin N, Novolin N			
Rapid/short acting insulin: Humalog, Novolog, Regular Novolin R	DO NOT TAKE	After the procedure, eat and take your usual dose.	
Premixed insulin: Humulin 70/30, Novolin 70/30, Novolog 70/30, Humulin 50/50, Humalog 75/25	-If blood sugar is over 100: take ½ usual dose -If blood sugar is under 100: DO NOT TAKE		