



2022 PERMISSION FORM

The *Wildcats Wellness Walk for Education* will be on Friday, September, 30, 2022. The walk takes place from Mountain View Elementary through East High Acres, and children will walk a maximum of 45 minutes, approximately one mile. Along the walk there will be additional physical activity stations such as Karate, Soccer and Obstacle Courses followed by a healthy snack. Children will be able to take breaks as needed, and water will be provided at rest stations. Students are also permitted to bring their own water bottles.

_____ I give my child permission to participate in the Wellness Walk for Education

_____ My child cannot participate in the Wellness Walk for Education

STUDENTS WILL NOT BE ABLE TO PARTICIPATE WITHOUT SIGNED PERMISSION PRIOR TO THIS EVENT.

If your child is unable to participate, your child will have to sit in the office while their class is on the walk.

Student's Name: _____

Homeroom: _____ Date: _____

Parent/Guardian's Printed Name: _____

Parent/Guardian's Signature: _____