

# Class Schedule

WEEK: March 30th - April 5th

<b>Mon.</b>	<b>6AM   Hatha Flow Yoga</b>
<b>Mar 30th</b>	<b>6PM   Total Body Basics</b>
	<b>530AM   Small Group Strength</b>
<b>Tue.</b>	<b>9AM   Small Group Strength</b>
<b>Mar 31st</b>	<b>530PM   Power Sculpt</b>
	<b>630PM   Wind Down Yoga</b>
	<b>6AM   Yoga Sculpt</b>
<b>Wed.</b>	<b>9AM   Total Body Basics</b>
<b>Apr 1st</b>	<b>1015AM   Small Group Strength</b>
	<b>4PM   Small Group Strength</b>
<b>Thu.</b>	<b>6PM   Station Strength</b>
<b>Apr 2nd</b>	
	<b>530AM   Power Sculpt</b>
<b>Fri.</b>	<b>9AM   Small Group Strength</b>
<b>Apr 3rd</b>	
	<b>7AM   SWEAT</b>
<b>Sat.</b>	<b>810AM   Hybrid Training</b>
<b>Apr 4th</b>	