

Preparing for your Procedure

One | Before the Procedure

No specific preparation is required. Please notify us at time of booking if you are on any blood thinning medication or if you have a pacemaker/defibrillator device. You will require a driver post procedure.

Two | Procedure

The RFA procedure requires 2 appointments. The first appointment is known as the 'trial block' where a local anesthetic is placed around strategic areas to see if this will relieve your pain. The specialist will consult with you to determine if this has been successful. If so, you will proceed with RFA, this is done under sedation. Our experienced specialists use advanced imaging technology, such as ultrasound or CT, to guide the placement of the radiofrequency electrode precisely.

Three | Following the procedure

You may experience some temporary discomfort at the injection site, which is normal and should subside within a few days. Our specialists will provide you with personalised aftercare instructions, which may include recommendations for pain management, activity limitations, and follow-up appointments.

We are committed to supporting you throughout your recovery journey, and our team is available to address any post-procedure questions or concerns that may arise.

How long does it last?

Following your RFA procedure you may return to work the next day. Over the course of the coming days you may gradually increase activities as tolerated. It may take a few weeks or up to a month for the final result of your RFA procedure to be achieved.

The degree and longevity of pain relief varies and is dependent on many factors. The success rate for RFA is 50-70%. Pain relief usually lasts 6-12 months, in some cases a few years.

If you have had a successful RFA procedure previously, this can be repeated as required.

Contact Us



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Interventional Pain
GC

RADIOFREQUENCY ABLATION
INFORMATION BROCHURE



VISION. COMMITMENT. COMPASSION.

DR. DON VAN BREDA
RADIOLOGIST

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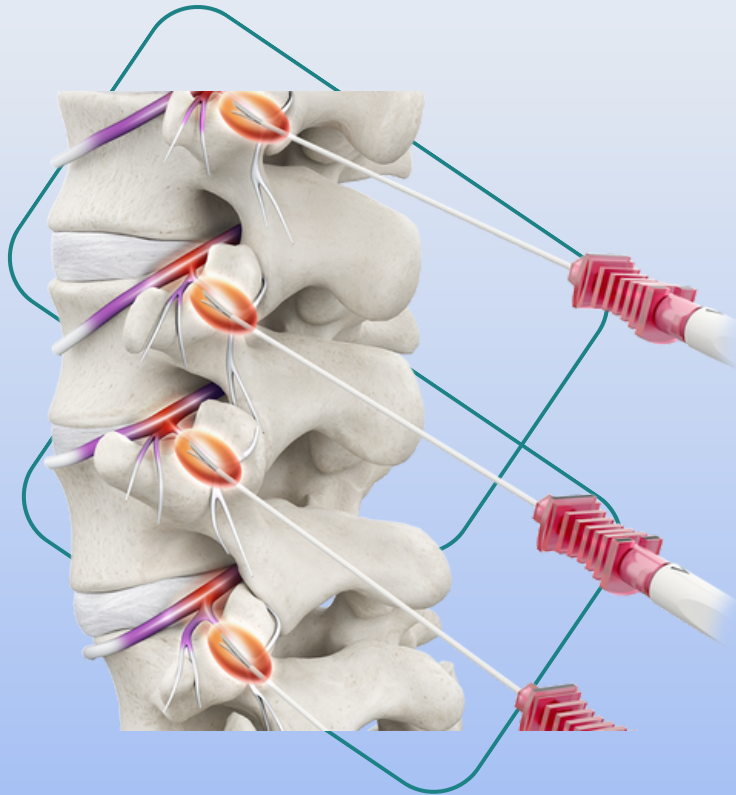
PRECISION. COMMITMENT. COMPASSION.

RADIOFREQUENCY ABLATION for Pain Management

Living with chronic pain can be overwhelming and affect every aspect of your life. At IPGC, we understand your struggle, each year we treat thousands of patients with chronic pain.

Radiofrequency Ablation (RFA) is a minimally invasive procedure that targets the nerves responsible for transmitting pain signals. RFA has the potential to offer significant and often prolonged pain reduction.

At IPGC, we are proud to say that we are the industry leaders in performing Radiofrequency Ablation.



How does it work?

During the RFA procedure, our skilled specialists use advanced technology to precisely deliver radiofrequency energy to the targeted nerves. This energy generates heat, which disrupts the pain signals, providing relief that can last for months or even years. RFA is typically performed under local anesthesia, and the procedure itself is well-tolerated by most patients. Our experienced team will ensure your comfort and safety throughout the process.



Conditions treated with RFA

RFA can be highly effective in managing pain caused by various conditions, including:

- Arthritis-related joint pain
- Chronic back and neck pain
- Sacroiliac joint dysfunction
- Peripheral nerve pain

Our specialists will evaluate your unique situation, and review your medical history to determine if RFA is the right course of action.

Advantages of RFA

Long-lasting Relief:

RFA can provide significant pain reduction for extended periods, allowing you to experience a significant improvement in your daily life.

Minimally Invasive:

RFA is a minimally invasive procedure, requiring no incisions and is typically performed as an outpatient treatment.

Avoid Surgery:

RFA offers a non-surgical alternative to managing pain, potentially eliminating the need for more invasive procedures and their associated risks and downtime.

Reduced Dependency on Medication:

RFA may allow you to reduce or eliminate the need for strong pain medications, providing a more sustainable approach to pain management.

What are the costs involved?

Performing Radiofrequency Ablation (RFA) requires the use of advanced medical equipment and specialised consumables.

The expertise and experience of our skilled specialists play a crucial role in the success of your RFA procedure. Our team consists of highly trained professionals with extensive knowledge in pain management and the use of RFA techniques. Their expertise ensures that you receive the best possible outcomes.

Please contact us today to discuss the out-of-pocket cost and associated Medicare rebates