

# HOW TO ASSEMBLE A HYGIENE KIT

Inside a quart size Ziploc (or off brand) bag, put the following 8 items:

## **1 TOOTHBRUSH**

Soft only. If you have to take the toothbrush out of the store packaging because it does not fit in the kit or it came in a multi-pack, please use gloves and put it in its own sandwich bag. Do not put anything else inside the bag with the toothbrush.

## **2 TOOTHPASTE\***

## **3 SHAMPOO\***

## **4 CONDITIONER\***

## **5 BAR SOAP\* OR BODY WASH\***

## **6 LOTION\***

## **7 RAZOR**

## **8 Q-TIPS**

Either use a pre-packaged travel kit of Q-tips OR use gloves and take 10-15 Q-tips out of a large pack and put them in a snack size bag. Then, put this bag inside the kit.

\*Travel size

**STREETSIDE SHOWERS**

**BRINGING HOPE TO THOSE WHO NEED IT MOST**

# EXAMPLE:

