

Fabrifoam: An Adjunct to Effective Outcomes

This one day basic course is designed for Physical, Occupational or Speech Language therapists who work with individuals with central nervous system dysfunction and wish to expand on their problem solving abilities to enhance function incorporating **Fabrifoam**[®] Superwrap strategies.

Course Description:

Functional outcomes of independence and full participation are compromised when treatment is ineffective, or there is poor carry-over. Disuse or injury can cause muscle contracture, scarring, and fascial restriction, in turn affecting vascular and nerve mobility. Intrinsic movement of skin, muscles, bones, blood vessels, and nerves, along with all the other structures of the body are organized, layered and supported in the fascial system when a person is healthy and active, and consequently is significantly affected when movement is impaired. Gross movement becomes further restricted repeating the cycle of secondary issues. Successful treatment may require more intensive simultaneous multi-system intervention for successful carry-over.

Fabrifoam Superwrap is an effective therapy tool that provides compression and support for improved joint alignment, improved skin and fascial mobility, and increased somatosensory awareness. **Fabrifoam**[®] is a composite material combining an open celled, elastomeric, non-latex foam with selected high quality and specifically engineered fabrics. This course will address multi-system intervention utilizing NDT handling and the use of Fabrifoam Superwrap as an adjunct.

Discussion, application and execution of therapeutic intervention using Superwrap will highlight this workshop. Combination of didactic, video examples, and laboratory learning experiences will emphasize the integration when using superwrap during intervention.

Participants should wear comfortable clothing that will allow wrapping strategies to be applied directly on the skin and for lab activities requiring

analysis of structural alignment. Suggested under clothing: sports bra, halter top, bathing suit, and shorts.

Learning objectives:

1. Participant will identify the significant therapeutic aspects of Superwrap.
2. Participant will identify 2 critical musculoskeletal impairments interfering with gross and fine motor function.
3. Participant will identify 2 specific wrapping strategies to promote postural muscle activation.
4. Participant will demonstrate 2 different wrapping strategies in support of musculoskeletal joint integrity.
5. Participant will demonstrate a wrapping strategy for enhancement of cutaneous and fascial mobility.
6. Participant will demonstrate a wrapping strategy to improve somatosensory awareness.