

## NDT Strategies and Problem Solving for Children with Cerebral Palsy

This intermediate level 3-hour webinar is relevant to Physical and Occupational Therapists, Speech Language Pathologists and their assistants, working with children of all ages that are diagnosed with cerebral palsy.

Instruction will focus on multiple preparatory soft tissue strategies to address range of motion limitations, muscle hypertonicity/stiffness, and spasticity. Therapeutic handling is an integral aspect of NDT treatment, which builds on the patient's enhanced movement abilities after preparatory treatment strategies.

Video examples of assessment and treatment for the child diagnosed with quadriplegia, hemiplegia and dystonia cerebral palsy will be presented. The effective treatment strategies examples are prioritized based on NDT problem solving of functional abilities/limitations, primary multi and single system impairments. Treatment strategy rationale and video examples of therapeutic handling illustrate application of intervention.

### Objectives:

At the completion of this 3-hour webinar participants will be able to:

- Recognize the movement characteristics of Cerebral Palsy
- Recognize and differentiate multisystem impairments, and specific system impairments
- Identify 3 treatment interventions in treating patients with CP

Agenda: 180 minutes: Video Examples of Assessment and Treatment Strategies