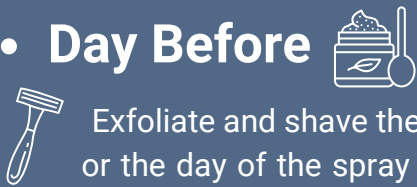


KNOW BEFORE YOU GLOW

Prep Work

- **Day Before**



Exfoliate and shave the day before or the day of the spray tan session (day before is preferred). This will form fresh skin cells prolonging the life of your tan. Pay special attention to rough areas like feet, heels, ankles, elbows, and knees.

Take care of all manicures, pedicures, waxing, or facials.



- **Day Of**

Refrain from oils, moisturizers, perfumes, lotions, deodorants or make up that may create a barrier between the skin and tanning solution. Be careful of gels or shaving cream that could have residue left on the skin after use.



If you need to shower before- try to fit it in 3 hours before to make sure your pores have time to close from the steam



Skin should be clean, exfoliated, and dry for your appointment.



Wear

Wear loose fitting, dark clothing and flip flops or sandals to avoid rub off

Application can be done with or without undergarments or a bathing suit. We will not be in the room so get comfortable.



Afterwards

It is recommended that you wait 8 hours after a spray tan before showering to allow the color to fully develop.



Use moisturizers and lotions specially formulated for spray tanning. Your tan can last 5-7 days based on your skin and how you care for your tan.

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