

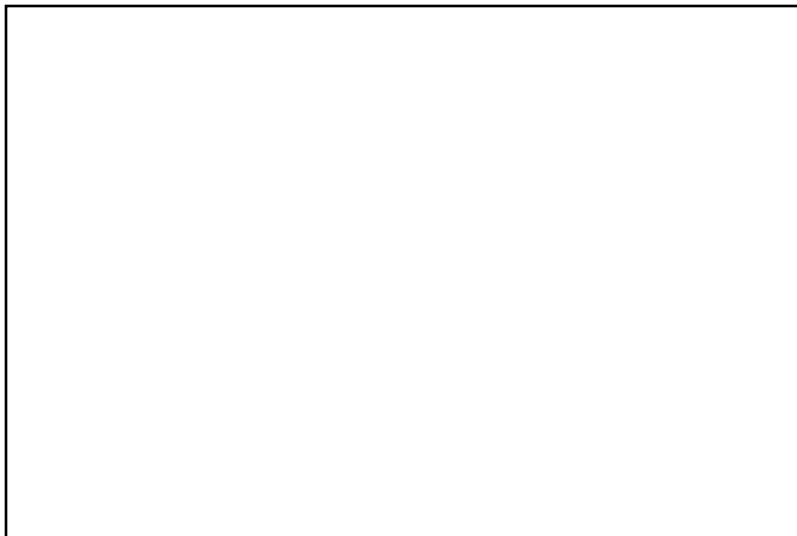
# **Anastasia: Being Yourself**

By Hazel Williams

*It's always best to be YOU!*

# I Am Me!

Draw your face in the mirror below.



I love that I am:

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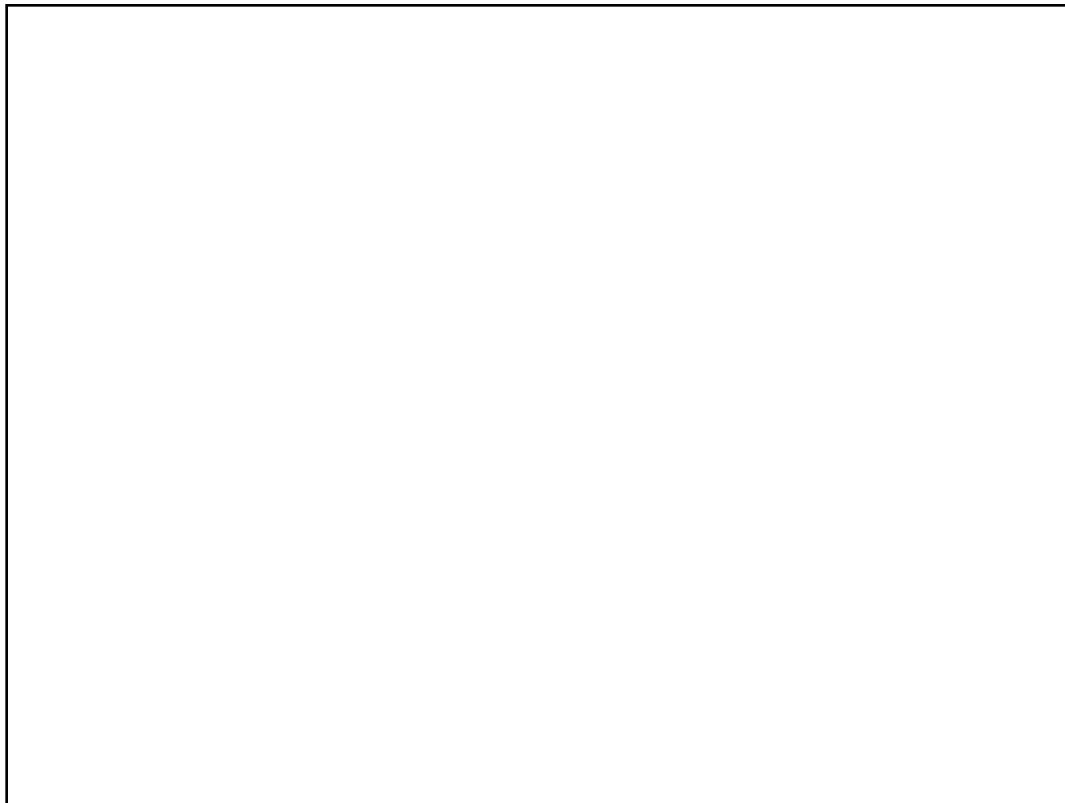
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## **Anastasia's Be-Yourself Checklist**

- I say kind things to myself
- I try my best, even if it's hard
- I wear what makes me happy
- I include others
- I'm proud to be me!

**Coloring Page – “Be You!”**

**Color Anastasia and her friends!**

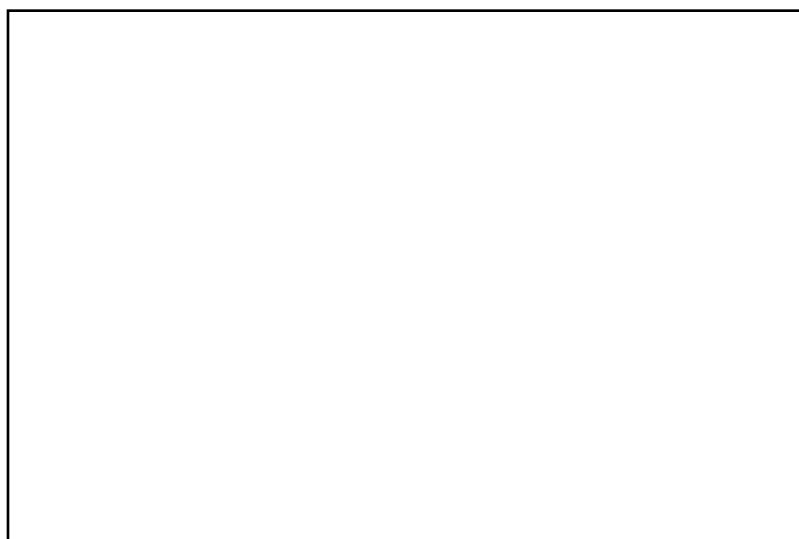


## Write and Color

Anastasia is brave because...

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## Positive Affirmation Cards (Cut-Outs)

I am special

Being me is enough

I'm proud of who I am

There's only one ME!