

Quy Nhon, Vietnam Tourist Travel Safety Guide

*Provided by VIP Luxury Vietnam www.vipluxuryvietnam.com



Basic cultural info in Vietnam: Most Asians, especially Vietnamese, do not have a culture of courtesy or European/American manners. Don't be offended, they just don't have habits of holding the door for you or even giving you your personal space especially while waiting in a line or while in traffic etc. They are kind and inviting people just not necessarily in lines or in traffic situations. We just want you to know in advance so that it doesn't ruin your experience of traveling to Vietnam. Don't expect people in this region to have the same level of customer service or thoughtfulness that you may possess. Now that we have that out of the way, checkout the basic travel safety outline.

1. Street Crossing Safety: Navigating Motorbike Traffic**

Quy Nhon is a bustling city with a high density of motorbike traffic, which can be overwhelming for first-time visitors. Here are some tips to safely cross the streets:

- ****Stay Calm:**** Traffic may appear chaotic, but drivers are generally accustomed to maneuvering around pedestrians.
- ****Walk Steadily:**** Cross at a consistent pace without sudden stops or changes in direction.
- ****Make Eye Contact:**** Try to establish eye contact with drivers to signal your intention to cross.
- ****Use Pedestrian Crossings:**** Always use designated pedestrian crossings where available, though be aware that motorbikes may still pass by.

2. Drinking Water Safety:**

Staying hydrated is important, but drinking tap water in Vietnam is not recommended. Follow these guidelines:

- ****Bottled Water:**** Always opt for sealed bottled water from reputable brands. This is widely available in hotels, restaurants, and convenience stores.
- ****Hotel-Provided Water:**** Many hotels provide complimentary bottled water for guests.
- ****Avoid Ice:**** Unless you're sure it's made from purified water, avoid ice in your drinks, especially in street food stalls.

3. Ocean Swimming Safety:**

The beaches of Quy Nhon are beautiful but require caution. Follow these tips for a safe swimming experience:

- ****Check Conditions:**** Before entering the water, check for posted safety flags or signs. Avoid swimming during rough seas or when flags indicate dangerous conditions.
- ****Swim in Designated Areas:**** Stick to areas where locals or lifeguards are present, as they are more likely to be safer.
- ****Beware of Rip Currents:**** If caught in a rip current, stay calm, swim parallel to the shore to escape the current, then swim back to land.

4. Best Times to Travel to Quy Nhon:**

Quy Nhon enjoys a tropical climate, so the timing of your visit can significantly impact your experience:

- **Peak Season:** January to March is the best time to visit, with cooler, dry weather and clear skies, perfect for beach activities.
- **Shoulder Season:** April to September offers warm weather, but it may be more humid, with a higher chance of rain, especially in the afternoons.
- **Low Season:** October to December is the rainy season, with fewer tourists but more frequent and heavy rainfall, which may impact outdoor activities.

5. Local Beaches:

Quy Nhon boasts several stunning beaches. Here are a few you shouldn't miss:

- **Ky Co Beach:** Known for its crystal-clear waters and pristine white sand, perfect for snorkeling and swimming.
- **Bai Xep Beach:** A quieter option, ideal for a relaxed day by the sea with a more local vibe.
- **Eo Gio Beach:** Famous for its dramatic rocky cliffs and breathtaking views, great for photography and nature walks.

6. Recommended Restaurants:

Quy Nhon offers a variety of dining options to suit all tastes. Some top choices include:

- **Nha Hang 114:** Known for its fresh seafood, this restaurant offers a true taste of the local cuisine.
 - **Surf Bars:** A beachfront bar with a laid-back atmosphere, perfect for enjoying a drink while watching the sunset.
 - **Espresso Coffee:** Ideal for a quick coffee or breakfast, offering a cozy ambiance and great service.
- Four Seasons:** Great Ocean Front Views and Sun Shelter relaxation areas.
- Ironically** , there is a KFC here in Quy Nhon if you're feeling a little non rice or noodles!

For More Restaurant information download our Quy Nhon Restaurant Guide- Coming Soon to the website- stay tuned!

7. Best Shoes and Clothing to Wear:

The right attire can make your stay more comfortable:

- **Footwear:** Comfortable walking shoes or sandals are essential, as you may find yourself exploring on foot. If you plan to visit temples or other cultural sites, easy-to-remove shoes are recommended.
- **Clothing:** Lightweight, breathable clothing is ideal due to the tropical climate. Pack a light jacket or sweater for cooler evenings during the peak season. If you plan to visit religious sites, modest clothing that covers the shoulders and knees is recommended.

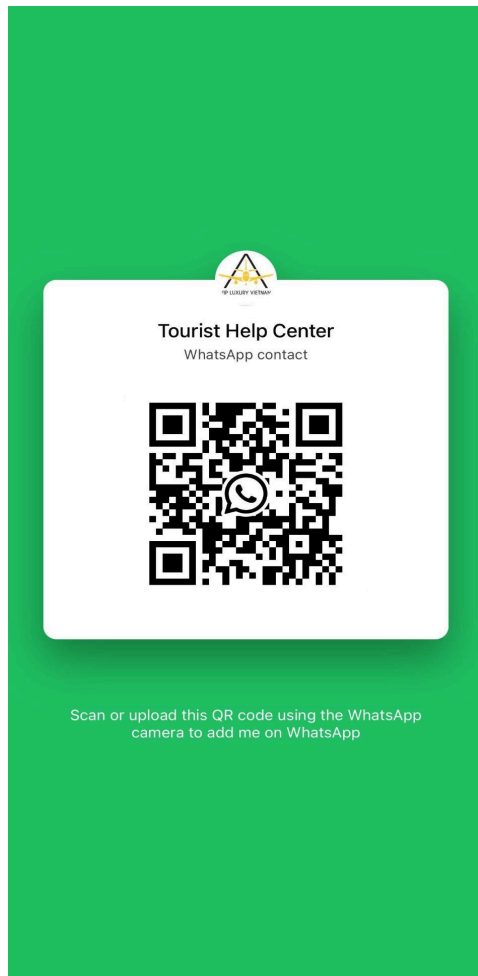
- ****Swimwear:**** Bring appropriate swimwear for beach days, but be mindful to dress modestly when away from the beach. Also currently there are no beach services so bring all necessities in a small carry or backpack.

8, Hotels & Resort Safety

**** Crime is very low here in Quy Nhon City but it's better to be safe than sorry. Here are a few basic personal safety guidelines. Most crime here would be petty theft so, keep up with your belongings and don't leave in the open.**

1. Always keep passport, travel docs, money on your person. If you leave a bag in the hotel that contains valuables, hide it and keep it out of sight. If we book the resort or hotel for you, we will book a 5 star location that has higher security for your stay here in Quy Nhon
2. While on the streets, keep a small shoulder bag or fanny pack to store valuables on your person comfortably.
3. Hotels will ask for your passport to check you in the room, this is normal but just don't forget to get it back before leaving the check-in
4. For medical emergencies, Quy Nhon General Hospital is closest to the beach however, check Google reviews before arriving just to have an idea of service reviews. We are available as a service to offer translation services to you in an emergency if you are a client. We can translate English to Vietnamese for tourists in the event you need an intermediary for such a situation. (Visit our Website or Join Us on WhatsApp)
5. In 9 years I have had no situations that required emergency services but just a recommendation, do not think that your understanding of safety is a Vietnamese person's idea because it is not. Watch out for yourself because chances are they will not. For example, if an electrical wire looks dangerous then, it probably is, if a large truck carrying a heavy load doesn't look safe then, it probably isn't.
6. It's normal for Vietnamese to either look at you weird or be extra interested in you. Wave, smile and give off good vibes and I promise you, that's what will come back to you. It's gonna be an awesome, relaxing, wonderful trip for you, so get ready to Journey to Vietnam. IF you need any consulting or assistance regarding additional items not covered here, feel free to contact us via email or WhatsApp.
7. Also, Vietnam uses a lot of granite flooring even outside and around swimming pools so be careful, granite becomes very slick when wet, especially for little kids running when surfaces are wet.

Please note: Quy Nhon residents frequent the beach between 5am - 8am for swimming and exercise daily. When the sun comes out, you will find the beaches pretty empty until 4-5pm when the locals storm the beaches and main oceanfront roads. This occurs daily so enjoy having the beach all to yourself during those hours if you like solitude, quiet and sunshine.



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