Week 1

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday |  Friday |
| Homemade pancakesMaple SyrupOranges | Raisin ToastPears | OatmealBlueberries/Peach | Scrambled EggsToasted BreadBananas | French ToastApples |
| Milk | Milk | Milk | Milk | Milk |
| BBQ chicken/beefMashed PotatoesBroccoliApples | Chicken & Veggies soupToastOranges | Spaghetti in meat/tomato sauceCornApples | Baked BeansToastApples | Tomato SoupGrilled CheesePears |
| Milk | Milk | Milk | Milk | Milk |
| Cheese cubesRitz CrackersCarrots | Mixed BerriesBlueberries/Peach | Bisquick BiscuitsBananas | Cheese crackersCucumber sticks | Pita BreadCream CheeseBananas |
| Water | Water | Water | Water | Water |

Week 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Cheerios Apples | English MuffinsButter and JamBananas | Toasted Raisin BreadButterApples | Homemade PancakesMaple SyrupOranges | OatmealApples |
| Milk | Milk | Milk | Milk | Milk |
| Chicken TeriyakiRiceOranges | Homemade Macaronni and CheeseBroccoliApples | Fish SticksCornRiceOranges | Chicken/Beef BBQBoiled PotatoesCeasar SaladApples | ChilliToasted BreadOranges |
| Milk | Milk | Milk | Milk | Milk |
| Apple SauceMaria Crackers | Bisquick BiscuitsFruit Salad | PretzelsCheese CubesBananas | Arrowroot CookiesPears | TortillasHummusCarrots |
| Water | Water | Water | Water |  Water  |

Week 3

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Raisin Toastoranges | Scrambled EggsToasted BreadBananas | CheeriosApples | Bisquick Biscuits with JamOranges | Vanilla YogurtOatsBananas |
| Milk | Milk | Milk | Milk | Milk |
| Homemade Macaroni and CheeseSteamed BroccoliApples | BBQ Beef/ChickenMashed PotatoesColeslaw SaladOranges | Meatballs in BBQ sauceRice & CornBoiled Carrots | English Muffin PizzaTomato SoupSliced Pears | Beef and Vegetable Stir FryRice Apples |
| Milk | Milk | Milk | Milk | Milk |
| Cheese CubesMaria CrackersCarrots | Pita BreadCream CheeseApples | Vanilla YogurtBlueberries/Peaches | Banana Tortilla Roll ups | Cheese CrackersCucumber sticks |
| Water | Water | Water | Water | Water |

Week 4

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| CheeriosApples | English MuffinsButter and JamBananas | OatmealMixed Berries | Raisin ToastPears | French ToastApples |
| Milk | Milk | Milk | Milk | Milk |
| Chicken & Veggie SoupCheese ToastOranges | Spaghetti in Meat/tomato SauceCornApples | Chicken/Veggie TortillasTomato SaladBananas | Fish SticksRice with cornBoiled Carrots | Pasta SaladGrilled ChickenPears |
| Milk | Milk | Milk | Milk | Milk |
| Apple SauceMaria crackers | PretzelsCheese Cubes Oranges | Arrowroot CookiesPears | Pita BreadHummusCarrots | Bisquick BiscuitsOranges |
| Water | Water | Water | Water | Water |