

**BRADFORD FAMILY MEDICINE, INC.**  
**ADULT NEW PATIENT HISTORY**

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_  
(Last) (First) (MI)

**Medication Allergies: (Please list all medication allergies and the reaction that occurred)**

1. \_\_\_\_\_ 3. \_\_\_\_\_  
2. \_\_\_\_\_ 4. \_\_\_\_\_

**Medical Problems: (Please list all past medical problems and hospitalizations)**

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_  
6. \_\_\_\_\_  
7. \_\_\_\_\_  
8. \_\_\_\_\_  
9. \_\_\_\_\_  
10. \_\_\_\_\_

**Previous Surgeries:**

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_

**Medications: (Please include medication name/dose/frequency as well as any over-the-counter and herbal meds)**

1. \_\_\_\_\_ 6. \_\_\_\_\_  
2. \_\_\_\_\_ 7. \_\_\_\_\_  
3. \_\_\_\_\_ 8. \_\_\_\_\_  
4. \_\_\_\_\_ 9. \_\_\_\_\_  
5. \_\_\_\_\_ 10. \_\_\_\_\_

**OB/GYN Information: (Females only)**

Age when you began your periods: \_\_\_\_\_ How long do they last? \_\_\_\_\_  
Are they regular? \_\_\_\_\_ # Days: \_\_\_\_\_ Heavy/Moderate or Light Flow? \_\_\_\_\_  
Age when you stopped having periods (if applicable): \_\_\_\_\_  
List number of pregnancies: \_\_\_\_\_ List number of full term deliveries: \_\_\_\_\_ Preterm deliveries: \_\_\_\_\_  
List number of ectopics: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Terminations: \_\_\_\_\_ Living children: \_\_\_\_\_  
Have you ever had an abnormal pap smear? (list details): \_\_\_\_\_  
Number of lifetime partners? \_\_\_\_\_ Prior sexually transmitted diseases? \_\_\_\_\_  
List type(s) of birth control (including current): \_\_\_\_\_ Do you use hormone therapy? \_\_\_\_\_

**Routine Health Screening: (Please list dates if applicable)**

Last Tetanus Shot: \_\_\_\_\_ Last Pap: \_\_\_\_\_  
Last Flu Shot: \_\_\_\_\_ Last Mammogram: \_\_\_\_\_  
Last Pneumonia Shot: \_\_\_\_\_ Last PSA (Prostate): \_\_\_\_\_  
Last Covid Shot: \_\_\_\_\_ Last Colonoscopy: \_\_\_\_\_  
Last Shingles Shot: \_\_\_\_\_ Last Cholesterol: \_\_\_\_\_

**Advanced Directives: (Living will, healthcare power of attorney, DNR, POLST form, etc.)**

Do you have advanced directives?: \_\_\_\_\_ Please provide our office with copies and discuss at your visit.

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(Last) (First) (MI)

**Family History:**

<b>Relative</b>	<b>Alive</b>	<b>Current Age/ Age of Death</b>	<b>Health Issues/Cause of Death (include all known issues including cancer types/stroke/heart issues /diabetes/etc.)</b>
Father			
Mother			
Siblings			
Children			
Paternal Grandfather			
Paternal Grandmother			
Maternal Grandfather			
Maternal Grandmother			
Other			

**Social History:**

**Tobacco/Nicotine:**

Do you smoke/chew? \_\_\_\_\_ Vape? \_\_\_\_\_ Amount: \_\_\_\_\_ Year you began/quit: \_\_\_\_\_

**Alcohol/Drugs:**

Do you drink alcohol? \_\_\_\_\_ Type/Amount/Frequency: \_\_\_\_\_

Do you use marijuana? \_\_\_\_\_ Amount/Frequency: \_\_\_\_\_

Have you used other drugs? \_\_\_\_\_ Type(s)/Amount/Frequency: \_\_\_\_\_

**Diet/Exercise:**

Do you follow a special diet? \_\_\_\_\_ Type: \_\_\_\_\_

Do you exercise regularly? \_\_\_\_\_ Type/Frequency: \_\_\_\_\_

**Household Information/Injury Prevention:**

Marital Status: \_\_\_\_\_ Household Members: \_\_\_\_\_

Do you feel safe in your home/current relationship? \_\_\_\_\_

Do you have smoke alarms installed? \_\_\_\_\_ Carbon monoxide detectors: \_\_\_\_\_ Do you wear seatbelts? \_\_\_\_\_

**Occupation: (List current occupation and any previous occupational exposures)**

\_\_\_\_\_  
\_\_\_\_\_