

Suicide Survivors Recommended Books

Book Name	Author	Topic	Time Frame
Experiencing Grief	H. Norman Wright	Recovery - Spiritual	Immediate
Healing After Loss - Daily Meditations for Working Through Grief	Martha A. Hickman	Recovery	Immediate
Jesus is Calling	Sarah Young	Recovery - Spiritual	Immediate
My Living Will - A Father's Story of Loss & Hope	John Trautheit	Suicide Support	Immediate
Permission to Mourn	Tom Zuba	Recovery	Immediate
Tear Soup	Taylor Bills	Recovery	Immediate
Why? Making Sense of God's Will	Adam Hamilton	Recovery - Spiritual	Immediate
Bruised and Wounded	Fr. Ronald Rolheiser	Suicide Support - Spiritual	Shortly Thereafter
Healing a Parent's Grieving Heart: 100 Practical Ideas After Your Child Dies	Alan D. Wolfelt	Recovery	Shortly Thereafter
Healing Your Grieving Heart for Teens: 100 Practical Ideas	Alan D. Wolfelt	Recovery	Shortly Thereafter
Healing Your Traumatized Heart: 100 Practical Ideas After Someone You Love Dies a Sudden, Violent Death	Alan D. Wolfelt	Recovery	Shortly Thereafter
I Wasn't Ready to Say Goodbye	Brook Noel & Pamela D. Blair	Recovery	Shortly Thereafter
One More Step - Finding Strength When You Feel Like Giving Up	Rachel Wojo	Recovery	Shortly Thereafter
When There Are No Words	Charlie Walton	Recovery	Shortly Thereafter
A Long-Shadowed Grief - Suicide and Its Aftermath	Harold Ivan Smith	Suicide Support	
Facing Darkness Finding Light - Life After Suicide	Steffany Barton, RN	Suicide Support - Afterlife	
It's OK That You're Not OK	Megan Devine	Recovery	
Make Your Bed - Little Things That Can Change Your Life and Maybe the World	Admiral William H. McRaven	Recovery	
No Time to Say Goodbye - Surviving the Suicide of a Loved One	Carla Fine	Suicide Support	
Option B - Facing Adversity, Building Resilience and Finding Joy	Sheryl Sandberg	Recovery	
Proof of Heaven	Eden Alexander, MD	Afterlife	
Signs - Secret Language of the Universe	Laura Jackson	Afterlife	
The Book of Awakening	Mark Nepo	Recovery	
The Way of Abundance - A 60 Day Journey to a Meaningful Life	Ann Voskamp	Recovery	
When Bad Things Happen to Good People	Harold S. Kushner	Recovery	
When the One You Love Is Gone	Rebekah L. Miles	Recovery - Spiritual	