

# KENYA

## Missions Trip

### **WHY** go to Kenya on a missions trip?

- Jesus said, "Go into all the world and preach the gospel..." (Mark 16:15).
- Meet tangible needs—teaching, medical, food distribution, etc.
- Be part of something "bigger than yourself."
- Inspire others to do the same.
- Build relationships around the world.
- Receive as much (*if not more*) that you give.

### **WHO** will you work with?

- Missionaries Mike & Marigold Cheshier ([www.mikeandmarigold.org](http://www.mikeandmarigold.org))
- Missionaries Maurice and Erica White ([www.firewindministries.org](http://www.firewindministries.org))
- Network of Kenyan pastors, leaders and translators
- Local team (drivers, camp staff, chef)

### **WHAT** can you do? *A few options include:*

- Deep bush camping evangelism
- School outreaches
- Boma ministry (Maasai villages)
- Medical teams
- Market crusades
- Bible college teaching
- Mens/ Womens/ Youth/ Pastors Conferences
- Nairobi slums schools/orphanages
- Internships

## **WHERE** will you stay?

- A Nairobi hotel upon arrival and before departure from Kenya.
- [Namelok Enkare](#)--the ministry camp located 3 1/2 hours from Nairobi near Ewaso Ngiro/Narok.
- A lodge while on safari.

## **WHAT** will you need to take with you?

- Passport and travel documents
- Spending money
- Travel insurance
- Ministry supplies
- Items on packing list

## **HOW** can you prepare for the trip?

- Pray
- Fundraise

## **HOW** can you sign up?

- Contact us for available dates and initial conversation--what you'd like to be involved in, cost of trip, etc.
- Complete the online registration
- Submit \$1,500 down payment. (\$500 is non-refundable due to airline restrictions)
- Submit remainder of cost by date of the trip.

## Your Hosts



Missionaries Mike and Marigold Cheshier have served in Africa for decades, and are committed to not only sharing the Gospel with those who have never heard, but also raising up leaders in the next generation.



Missionaries Maurice (Mo) and Erica White, along with young Beniah, serve alongside their grandparents, the Cheshiers. Their passion to reach the lost and disciple new believers makes them effective in their calling.



You'll have a "home away from home" at Namelok Enkare (*meaning 'sweet water'*). The camp staff provides day and night guards, laundry service, drivers, and a trained chef who will prepare delicious meals in the bush. You will have opportunity to try some authentic African food. But the meals will consist of American-style food. You definitely won't go hungry.

# Your Accommodations



Team members are assigned to permanent tents—sturdy large structures placed on concrete pads. Two people can comfortably fit inside each tent, each with their own twin-sized bed. Sheets, blankets, pillows, towels and washcloths are furnished.

An electric fence surrounds the property, and Maasai guards keep watch both day and night. Meals are prepared inside a kitchen and served in a dining hall—complete with fireplace.

There is a concrete choo (outhouse) and shower house (four private bathing stalls). A campfire with chairs becomes the “hot spot” of the trip.

# You'll need to take...

## Passport

A passport identifying you as a citizen of your country is required for travel in most countries other than your own and for reentry into your own country. Detailed information is available at the U.S. Department of State's Web site, <http://travel.state.gov/passport/>.

If you do not have a passport, apply in person at a passport agency in specially designated post offices. If your post office does not handle passports, ask a post office employee where you can go to apply.

Make two photocopies of the photo/signature pages of your passport, the pages that also contain the official stamp of the issuing agency. Keep one copy with you while traveling, in a place separate from the passport itself. Give another copy to a parent or close friend at home for safekeeping. Should your passport become lost or stolen, this copy can be used in the process of obtaining a new one.

Check your expiration date and make sure that it is at least 6 months beyond your travel plans.

## Visa

A Kenyan visa is necessary for travel. You will purchase this at least one month before departure at <https://www.etakenya.go.ke/en>.

## Health Documents

Vaccinations are **not** required for entry into the country. To find out what is recommended, visit [www.cdc.gov/travel](http://www.cdc.gov/travel). If you're more comfortable taking preventative measures, see if any hospital or clinic in your area has a "travel clinic." Talk to your personal physician. Call your local health department. A malaria preventative is highly recommended.

# You'll need to take...

## Travel Insurance

Faith Ventures' basic plan offers great value for the necessary insurance. Print out the card and letter stating proof of insurance. Check out their website [here](#).

## Ministry Supplies

Check with the missionaries to see what supplies might be useful to bring. This will depend upon the type of ministry you will be involved with

## Your Personal Items

The most important "do not" in traveling abroad is do not bring too much! Keep in mind that most of the time you will be carrying your own luggage. Since you may want to bring back a few personal purchases from abroad, reserve some packing space for this.

Here are some helpful hints gleaned from frequent overseas' travelers:

- Leave items you cannot afford to lose (for example, expensive jewelry or nice camera) at home.
- Bring clothing that can be layered so you can make adjustments if the weather becomes unseasonably cold or hot.
- Carry a change of clothing, medications, and other necessities in your carry-on luggage—just in case your checked baggage does not arrive on time.
- Your hosts will purchase your airline tickets and will let you know how many checked bags are allowed. These bags are limited to 50 pounds each.

## Dress Code

Men may wear t-shirts or button-up shirts, jeans or khakis. Women are asked to wear skirts, honoring the Maasai culture to whom we are ministering. Ladies may wear pants during flights.

Because of the Maasai culture, please cover tattoos with long sleeves, and remove any facial piercings. Pierced ears are acceptable.

# You'll need to take...

## Packing List

This list can be adjusted according to personal needs.

- 5 or 6 changes of clothing. The ministry employs staff members to provide laundry service.
- Socks, sleepwear, underwear
- Jacket or sweater. It does get chilly after sunset.
- Comfortable hiking boots or high top shoes. These are necessary in the high grasses and abundant animal "scat" (manure). Fallen thorns from the acacia thorn trees cover the ground. Wear something that covers at least the ankle.
- Shower shoes/flip flops
- Comfortable shoes for city wear or travel. No sandals or open-toed shoes as parasites can find a lodging place under the toenails.
- Hat
- Sunglasses
- Sunscreen
- Flashlight/extra batteries
- Toiletries (shampoo, body wash, deodorant, toothbrush/ toothpaste, etc.)
- Small packets of tissue
- Hand sanitizer
- Brush/comb
- Medications--whatever you feel you may need
- Bible
- Journal and pens
- Personal snacks
- Phone/ camera/ charging cord
- Electrical adapter/converter that fits Type G plug ([HERE](#) is a sample)
- Water bottle
- Gum, breath mints, personal candy, etc.

# You Asked?

## What are some words I can learn?

We minister primarily between three languages:

- English—the national language that is taught in schools.
- Kiswahili—the language spoken in Nairobi and non-Maasai areas
- Maa—the language spoken by the Maasai.

We have translators who will work with us. However, you may want to learn some of the words ahead of time. The Kenyans enjoy hearing us try to speak their language. There are many helpful websites that offer basic language learning. Simply type in Kiswahili or Maasai in the search engine.

Kiswahili Words You Will Use:

- Hello—Jambo
- Karibu (Car-ee-boo)—Welcome or You're welcome
- Asante (Ah-san-tay)—Thank you
- Kwaheri (Kwa-hair-ee)—Goodbye
- Bwana Asifiwe (Bwana Ah-si-fee-way)— Praise God!
- Choo (long "o" sound)—toilet

Maa Words You will Use:

- Sopa (soap-uh)—Hello
- Olesare (o-lay-sair-ee)—Goodbye
- Mesesiyesu (Meh-seh-see-yay-sue)— Praise Jesus

## I'm not a preacher. What can I do?

People are needed to minister to the children with games and Bible stories. Others are needed in support roles which differ with each ministry task. Everyone has something that they can offer. "Ministry" means "seeing a need, and meeting it." On medical missions assignments, doctors, nurses, dentists, and assistants are a great blessing!



# You Asked?

## Is it safe to eat the food and drink the water?

Drink the water? Definitely not. You will be supplied with plenty of the safe drinking water, both in hotels and at the camp. Any other bottled beverages are safe to drink.

Any food that is cooked is safe. With regards to raw food—avoid the salad. Any fruit that can be peeled is safe. All food served at the camp is safe. Your hosts will answer any questions that you may have about specific foods.

## What about brushing my teeth?

You must **not** use tap water at any location in Kenya. Instead, use the provided bottled water to wet your toothbrush and rinse your mouth. The well water at the campsite has been tested to be safe.

## Am I safe at the camp? Are there wild animals?

Maasai guards are hired to stay awake all night. They are armed with spears, clubs and machetes that are very effective for them. You will hear animal sounds, but you will be safe. Watch dogs also live at camp. (They love to play with team members.)

You will see or hear hyena, wildebeests, zebras, hyrax, birds, bush babies and maybe distant lions. At different times throughout the year, you might see elephants, giraffes, monkeys, antelope, gazelles, and much more.

Herds of cattle, goats and sheep live nearby.

## Will we go on safari?

Teams experience at least a day safari into the game park. The roofs of the vans lift so that you may stand and get a good look at the animals. Cameras are a must! You will possibly see lions, giraffe, zebra, wildebeest, antelope, gazelles, cape buffalo, elephants, warthogs, cheetahs, leopards, baboons, monkeys, hippos, and much more. As long as you remain inside the vehicles, you are perfectly safe.

## You Asked?

### **How can I communicate with family in the USA?**

Nairobi hotels will have wifi, so you may use your smartphone to text for FaceTime. Your phone plan may have international calling. Check these rates well in advance. You can also check with your provider to see if your phone is "unlocked." If so, you can purchase a Kenyan SIM card and pre-paid calling minutes.

There is no wifi at the camp. Your hosts have phones that can be used to call home.

### **Will I need to speak publicly during ministry time?**

Yes, you will need to be ready to introduce yourself, simply stating your name, the fact that you serve Jesus Christ, and your pleasure in being in Kenya.

If you have opportunity to share a testimony, a translator will help you.

- Smile—not a forced smile, but one that reflects your natural joy in Christ.
- Speak to and look at the audience, not the interpreter.
- Speak loudly enough to be heard.
- Gesture naturally as you speak, but do not overdo it.
- Be brief, remembering that a five minute testimony is really ten minutes long when given through an interpreter.
- Testify in short statements, pausing for the interpreter to keep up with you.
- Limit your testimony to what Christ has done for you, how much you love Him, and what He can do for them.

### **How can I physically prepare for the trip?**

You will walk a LOT. Make sure that you get as much rest before your departure as possible. The flights are long, and jet lag may affect you after traveling.

The Kenyan roads are challenging, so prepare mentally for an "adventure!"

# You Asked?

## What about money?

Payment for your trip should be submitted in its entirety before your departure. Checks can be mailed to: 1218 Oak Hill Rd, Ozark, MO 65721.

Your hosts can give you a link for online payments. If you use the online feature, please add processing fees to the amount due. No profit is being made from your trip, and every penny is needed for your expenses in Africa.

### SPENDING MONEY

You may want to purchase items in the airports. Many international airports no longer allow the use of cash dollars. Be prepared to use your debit/credit card. Check with your bank to make sure that your card is unlocked. Otherwise, the purchase may be denied due to suspected fraud.

In Kenya, all of your expenses are covered by your trip cost **except:** souvenirs, soft drinks (sodas), and offerings for church services.

Plan to bring your spending money in the newest \$100 bill(s) as possible. This will give you the best exchange rate. If you have shillings left over at the end of your trip, you can exchange them back into dollars before returning to America.

The amount of spending money you take is completely up to you. Unless you plan to purchase quality jewelry, you can reasonably get by with \$100-200. Talk to your host if you have specific questions.

## What about my flight?

Your host will book your itinerary. Once you receive your schedule, log on to the airline's website and select your preferred seats. With some companies this is free. With others, there is a fee. If you do not select your seat, the airline will do that for you.

Arrive at the airport at least two hours before your departure. Make sure that you have no liquids in your carry-on luggage.

# You Asked?

## What can I expect on the plane?

The flight across the ocean, and then on into Kenya is on a large plane, at least 8 seats across, with two aisles. Each seat has its own TV/video screen, remote and ear phones. Once in the air, you will be able to watch your choice of movies, play a variety of video games, or listen to music. You can also view a map which shows the exact location of the plane. It's interesting to mark your progress over the ocean, Europe, and northern Africa.

Several meals are served, as well as snacks and cold drinks. Small pillows and lightweight blankets are provided. It is a LONG flight, and the seats do not recline much. Though the plane will be very crowded, it is suggested that you walk around a bit—both to use the restroom and to get a little exercise.

Using a neck pillow is also a plus!

## What happens when the plane lands in Nairobi?

The plane will land at Jomo Kenyatta Airport. As you enter the terminal, you'll first show the QR code that you received at this [website](#). Also have your paper copy of your covid vax card or negative PCR results.

Next, you'll go through the Visa line, where you will present a color copy of your visa. (Instructions for obtaining that visa are [here](#)). Authorities will stamp your passport.

Then you will collect your luggage and place on carts. You may be asked to scan your items as you exit the airport.

Once outside, your hosts will be waiting for you, and drivers will load your luggage into the vehicles.

NOTE: A helpful tip: Place a bright colored ribbon or strip of fabric on each of your luggage pieces. This makes it much easier to identify them on the belt.