



Sleeping Beauty Mountain and Lake George Trail

Moderate • ★ 4.6 (1922)

Lake George Wild Forest

Length **7.7 mi**

Elevation gain **1,437 ft**

Route type **Loop**

Discover this 7.7-mile loop trail near Kattskill Bay, New York. Generally considered a moderately challenging route, it takes an average of 3 h 43 min to complete. This is a very popular area for birding, camping, and fishing, so you'll likely encounter other people while exploring. The best times to visit this trail are March through November. Dogs are welcome and may be off-leash in some areas.



The trail up to Sleeping Beauty Mountain has many switchbacks with moderate steepness. Along the way, there are stunning views of Lake George and the southeastern Adirondacks. The trail from Dacy Clearing to the cutoff to Sleeping Beauty is a broad tote road. The trail beyond that point is a delight with a series of switchbacks around cliffs. The views are expansive and include Crane Mountain to the west and Pico and Killington to the east. You are also able to view Lake George in the distance. The cliffs face east, south, and

west, so you can enjoy a sunny hike. The trail continues to loop around the pond near the summit. The trail descends again, passing several lookouts before you complete the loop and return back to the parking lot. Parking is available just off Shelving Rock Road.

Directions from Brant Lake: (approx. 58 minute drive time)

I-87 south to exit 21, left onto NY-9N, at traffic light turn right onto US-9 S
Turn left onto NY-149 W, Turn left onto Buttermilk Falls Road
Turn left onto Sly Pond Road and follow to Shelving Rock Road (Sly Pond Road becomes Shelving Rock Road.) Continue onto Dacy Clearing Road. Parking lot will be on right.

