* + - To maximize the score within the rubric category, remember to include the following elements:
    - Transitional entries, creative choreography, variety of dismounts, the number of bases and number of flyers.

\* **Make sure to cross reference the SCYCA Age Rule limitations** as to whether a stunt is legal at the age performed

|  |  |
| --- | --- |
| **LEVEL** | **STUNTS SUCH AS (BUT NOT LIMITED TO…)** |
| **Beginner** | * Basic connecting tap on pyramid performed at prep level * Basic connecting tap on pyramids at prep level with single leg variations |
| **Intermediate** | * Basic connecting tap on pyramid at extended level * Basic connecting tap on pyramid at extended level with single leg variations |
| **Intermediate+** | * Extended pyramid with single leg variations (i.e., hitches and libs) * Braced both sides non-released **transitions** performed within a pyramid (i.e. Tick- toc, ball back etc.) performed at prep level. |
| **Advanced** | * Extended pyramid (s) with multiple transitions * Braced both sides **non-release** **inversion** from prep level to below prep level * Braced both sides **release inversion** stunts at prep level to below prep |
| **Elite** | * 2 or more pyramids performed at the extended level **(non-simultaneously)** * Braced both sides **non-release inversions** from prep level to prep level * Multiple extended advanced and elite skills performed in the pyramid (i.e., releases and/or body positions) * Braced both sides **released inversion** from a prep level to prep level. * Braced both sides full-up (360) * Creative use of structures, performers, entrances, and dismounts. |

***Updated: 7-28-23***