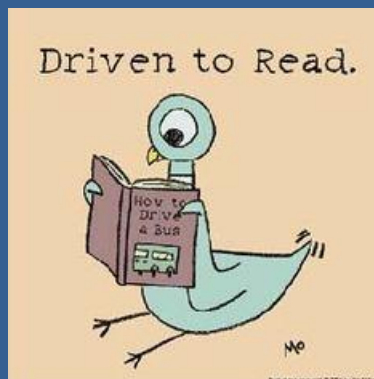




Pre-K Newsletter

Happy New Year! We hope everyone had a happy and healthy holiday. It was such a great joy to see the kiddos so excited for the various holidays. We had A LOT of fun on *Polar Express Day*. The children were thrilled to get their very own bell and ticket to *The Polar Express*. The whole classroom was very excited to have hot chocolate and popcorn as well 😊



Thank you to everyone who contributed to *The Give Tree*. We were able to get lots of new fun things for our classroom. We're sad to say Good-Bye to our friends Charlie and Oscar. We wish them the best of luck on their new adventures.

In January we'll continue to work on a winter theme, along with the letters Y, G, T, and V. Each week we focus on the various letter





Pre-School Newsletter

Happy New Year, everyone! I am sure that we are all eager for the New Year to begin and to see what 2021 has in store for us all. We have lots of fun themes and activities planned for our preschool class this January and I know all our friends will be excited for the new opportunities to continue to learn and grow together this month.

Themes of the Month

1. Outer Space
2. Winter Weather
3. Wild West
4. Dental Health

Books from our Collection

1. There's No Place like Space
2. Snow Day for Mouse
3. Armadillo Rodeo
4. The Tooth Book

SOME OF THE ACTIVITIES PLANNED FOR JANUARY

Pretzel stick and mini marshmallow constellations

Winter block center with "snow"

Panning for "gold" in individual sensory bins

Yarn and paper tooth brush

SKILLS TO BE DEVELOPED THIS MONTH

We will continue to spend time working on our letters of the alphabet through sight and sound recognition and hands-on manipulative activities. We will practice writing our names using various methods including tactile sensory approaches.

...

Megan

Toddle one

Happy New Year Everyone!

The Children had lots of fun during December learning about the holiday colors, lots of holiday songs and all together we celebrated the holiday. They have been doing so much better at following direction and routine as well as listening carefully to their teachers.

For the month of January they will be learning about Arctic animals and learn about the change in the weather. Along with those topics, they will be working on getting along with each other, expressing themselves and we will be implementing different types of social emotional activities that will help build they skills and children will also improve our skills in colors, shapes, numbers and letters. We also will encourage them to use their emotions more often and they will get to learn from each other. I hope 2020 was a great year, even with its obstacles, and I hope that 2021 is going to be a better year for all of us.

Miss Albina

Toddler two

Welcome to a new year.

We hope everyone had a Happy Christmas and a great New Years Day. This month we will learn about the weather winter, arctic animals and things we must wear in winter. We will make art related to cold weather including snowflakes, polar bears and many more. We will read books related to cold weather and our shape, colors and numbers books. We will also be focusing on the skills of patterns positional words (over, under, behind, etc.) and tracking (following a defined path to reach the end). We will also encourage them to communicate and be aware of the things we learn on a daily basis and the things around them in their world. We will also be saying goodbye to Teddy as he moves to Preschool. We will welcome Emery and Kendel to our classroom. We can't wait to get to know them. Have a happy, safe and healthy 2021.

Miss Matilda



Infant Newsletter

We are excited for the New year, we hope everyone has a safe a happy holiday.

We say goodbye to Grant as he ventures on to the toddler room and we wish him the best. We will miss him!

We have been busy building our motor skills. whether its painting masterpieces or exploring cardboard boxes we continue to develop our skills and have fun while doing it. Our mighty minute this month is called little train. What do you do?

1. Recite the poem

One little train, chugging down the track.

Two little trains: clickety, clickety, clack.

Three little trains take the bridge across the day.

Four little trains are headed our way.

Five little trains have stopped here at the station.

Grab your bags and get on board. We're going on vacation!

2. Encourage children to move their bodies like trains . For young infants, gently move their arms back and forth (chugging) to the rhythm.



Office:

* Thank you for your support with your Popcorn orders! We hope you enjoyed your popcorn (or giving it as gifts!), we're so happy to let you know that we sold over 1,800\$ and made over 900\$, part of that money used for furnace fixing and the other part for classroom supplies.

*Breakfast is from 7:30-8:30 in all classrooms. Please be sure that your child is here on time if you wish for them to eat breakfast at the center.

* Please be sure that your child has at least two complete changes of weather appropriate clothing.

- *We will be closed January 1, 2020.
- *January5 - National Bird Day.
- *January8 - Wear your favorite sweatshirt Day.
- *January15 - National Strawberry Ice Cream Day.
- *January18- Martin Luther King Jr. Birthday
- *January22 - Pajama Day.
- *January29 - National Puzzle Day.



JANUARY CALENDAR

Mon.	Tue.	Wed.	Thu.	Fri.
4	5 National Bird Day	6	7	8 Wear your favorite sweatshirt Day
11	12	13	14	15 National Strawberry Ice Cream Day
18 Martin Luther King Jr. Birthday	19	20	21	22 Pajama Day
25	26	27	28	29 National Puzzle Day

Lakewood

Food Service Menu

January

04-Jan		05-Jan		06-Jan		07-Jan		08-Jan	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
6 oz. Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.
WG Life cereal	1.5 oz	WG Life cereal	1.5 oz	WG Life cereal	1.5 oz	WG Life cereal	1.5 oz	WG Life cereal	1.5 oz
1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c
2 oz. CN Beef Patties	2 oz.	WG Chicken Nuggets	2 oz.	WG Chicken Nuggets	2 oz.	WG Chicken Nuggets	2 oz.	WG Chicken Nuggets	2 oz.
1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c
1/3c Mixed Vegetables	1/3c	1/3c Mixed Vegetables	1/3c	1/3c Mixed Vegetables	1/3c	1/3c Mixed Vegetables	1/3c	1/3c Mixed Vegetables	1/3c
1 WG Banana	1	1 WG Banana	1	1 WG Banana	1	1 WG Banana	1	1 WG Banana	1
6 oz. Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.
1/2c Blueberries	1/2c	1/2c Blueberries	1/2c	1/2c Blueberries	1/2c	1/2c Blueberries	1/2c	1/2c Blueberries	1/2c
1 oz. WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.
11-Jan		12-Jan		13-Jan		14-Jan		15-Jan	
6 oz. Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.
1/2c Cheddar	1/2c	1/2c Cheddar	1/2c	1/2c Cheddar	1/2c	1/2c Cheddar	1/2c	1/2c Cheddar	1/2c
1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c
2 oz. McDonald Salsa	2 oz.	WG/CN Beef Cheddar Salsa	2 oz.	WG/CN Beef Cheddar Salsa	2 oz.	WG/CN Beef Cheddar Salsa	2 oz.	WG/CN Beef Cheddar Salsa	2 oz.
1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c	1/3c Fruit Cocktail w/Cherries	1/3c
1 WG Banana	1	1 WG Banana	1	1 WG Banana	1	1 WG Banana	1	1 WG Banana	1
6 oz. Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.
1/2c Cheddar	1/2c	1/2c Cheddar	1/2c	1/2c Cheddar	1/2c	1/2c Cheddar	1/2c	1/2c Cheddar	1/2c
1 oz. WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.	WG Cheddar Cheese	1 oz.
18-Jan		19-Jan		20-Jan		21-Jan		22-Jan	
6 oz. Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.
1/2c Kite cereal	1.5 oz	1/2c Kite cereal	1.5 oz	1/2c Kite cereal	1.5 oz	1/2c Kite cereal	1.5 oz	1/2c Kite cereal	1.5 oz
1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c	1/2c Diced Peas in Juice	1/2c
4 oz. WG Grilled Cheese	4 oz.	WG Grilled Cheese	4 oz.	WG Grilled Cheese	4 oz.	WG Grilled Cheese	4 oz.	WG Grilled Cheese	4 oz.
1/2c Fruit Cocktail w/Cherries	1/2c	1/2c Fruit Cocktail w/Cherries	1/2c	1/2c Fruit Cocktail w/Cherries	1/2c	1/2c Fruit Cocktail w/Cherries	1/2c	1/2c Fruit Cocktail w/Cherries	1/2c
6 oz. Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6 oz.
1/2c WG Strawberry Cheesecake	1/2c	1/2c WG Strawberry Cheesecake	1/2c	1/2c WG Strawberry Cheesecake	1/2c	1/2c WG Strawberry Cheesecake	1/2c	1/2c WG Strawberry Cheesecake	1/2c
1/2c Blueberries	1 oz.	1/2c Blueberries	1 oz.	1/2c Blueberries	1 oz.	1/2c Blueberries	1 oz.	1/2c Blueberries	1 oz.

TOLLER PORTIONS: 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c
 PRE-STRUCTURED PORTIONS: 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c
 SCHOOL AGE PORTIONS: 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c, 1/2c

This institution is an equal opportunity provider

Lakewood

Food Service Menu

January

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25-Jan		26-Jan		27-Jan		28-Jan		29-Jan	
5 oz.	Whole/1% Milk	0 oz.	Whole/1% Milk	5 oz.	Whole/1% Milk	5 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk
1/2 oz.	WG Lite Cereal	1.5 oz	WG Honeydew W/Ordn	1/2 oz.	Special K Cereal	1/2 oz.	Special K Cereal	1/2 oz.	WG Tostitos Adobo
1/2 oz.	Diced Peas in Juice	1/2 oz	2% Yogurt w/Onion	1/2 oz.	Shredded Cheddar Cheese	2 oz	WG Chicken Nuggets	2 oz	Cheddar Cheese
2 oz	CN Turkey Patties	2 oz	Chicken Bacon w/ Cheese	4 oz	WG/CN Ranch Cheddar Cheese	2 oz	Diced Peas in Juice	1/2 oz	Turkey & Cheese Sandwich
1/3 oz	Pink Cashed w/Cherries	1/2 oz	1% Yogurt w/Onion	1/2 oz	Shredded Vegetables	1/3 oz	Ground Meats	1/2 oz	WG Pasta
1	WG Bran	1/2 oz	Applesauce	1	WG/CN Ranch Cheddar Cheese	1	WG/CN Ranch Cheddar Cheese	1	WG/CN Ranch Cheddar Cheese
5 oz.	Whole/1% Milk	5 oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	5 oz.	Whole/1% Milk	5 oz.	Whole/1% Milk
1/2 oz.	Shredded Cheddar Cheese	1 oz	WG/CN Ranch Cheddar Cheese	1 oz	Shredded Cheddar Cheese	1 oz	WG/CN Ranch Cheddar Cheese	1 oz	WG/CN Ranch Cheddar Cheese
1 oz.	WG/CN Ranch Cheddar Cheese	1/2 oz	WG/CN Ranch Cheddar Cheese	1/2 oz	WG/CN Ranch Cheddar Cheese	1/2 oz	WG/CN Ranch Cheddar Cheese	1/2 oz	WG/CN Ranch Cheddar Cheese