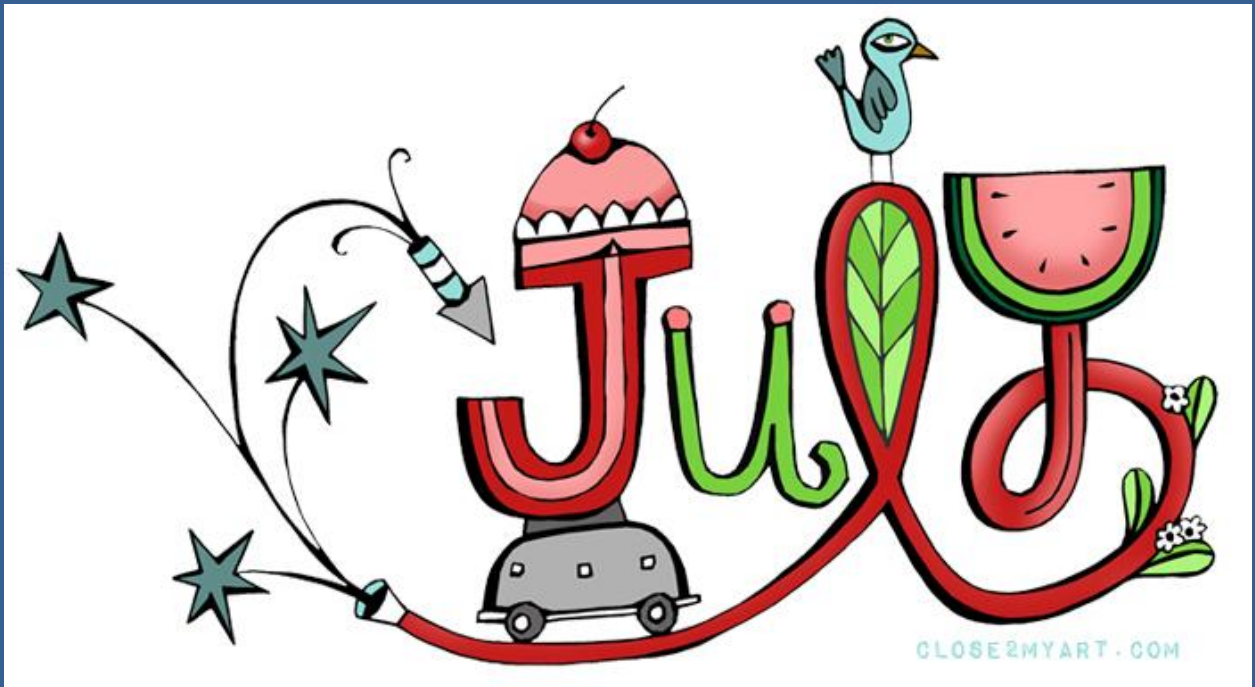




Hello July



Infants

July is already here and we are halfway through 2021! Happy Independence Day everyone! July 4th falls on a Sunday this year and we will be closed Monday July 5th. Enjoy the long weekend! We will be making a July 4th art project so look out for that! Happy Birthday to Miss Sam who celebrates on the 7th!

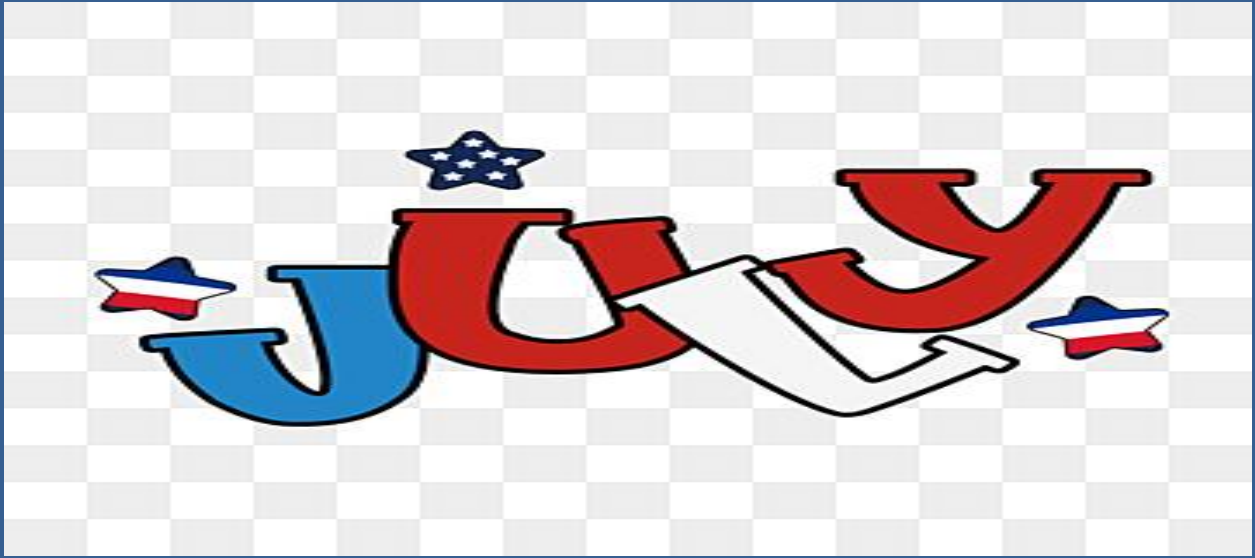
Our friends have been really interested in books recently and especially like Eric Carle's "The Very Hungry Caterpillar." Reading is not only a bonding experience but children who are read to early on tend to have a larger vocabulary and being exposed to the visuals of picture books is very stimulating to infants!



Toddlers- July Newsletter

Happy Independence Day everyone. I hope everyone had a wonderful holiday off with loved ones and great food and of course fireworks. In the older toddler room, we are going to be talking about our everyday heroes. Well, besides our parents of course. We will be learning all about how all the jobs going on around are community are very important. We have fun nonfiction books to help us learn all about the uniforms, vehicles and job duties many of our favorite community helpers have. On our daily walks, we will get a chance to see some people working every day. Our favorites are the garbage trucks, ambulance and the firemen so far. We have also spotted many delivery trucks and mailmen along our way. Once we wrap up that unit later in the month, the toddlers are going to get suited up for a dive into the deep ocean. They are so excited to talk about sharks and other fish in the sea. We will also be reminding the toddlers how important it is to take care of our bodies. Now that we are having hotter weather taking water breaks and eating healthy foods is very important to staying energized and feeling great. We said goodbye to our friend William and are welcoming Nora from infant room this month. I hope everyone has their swim suit, towel and swim diapers. We participate in swimming as a class so please be sure your child has what they need to be a part of the fun. We are making a splash this summer, so stay cool and see you in August for more fun.

Miss Albina Miss Matilda



PRESCHOOL NEWSLETTER FOR JULY

July is here and we cannot wait to continue our summer fun in our preschool class!

THEMES OF THE MONTH

1. Rocks
2. Camping
3. Bugs
4. Forest

BOOKS FROM OUR COLLECTION

1. Sylvester And The Magic Pebble
2. The Camping Trip
3. The Grouchy Ladybug
4. Welcome Home Bear



SOME OF THE ACTIVITIES PLANNED FOR MARCH

Gathering Rocks and Painting Them

Making Sun-Baked S'mores

Bugs in a Jar Counting Game

Forest Animals House Matching Game

SKILLS TO BE DEVELOPED THIS MONTH

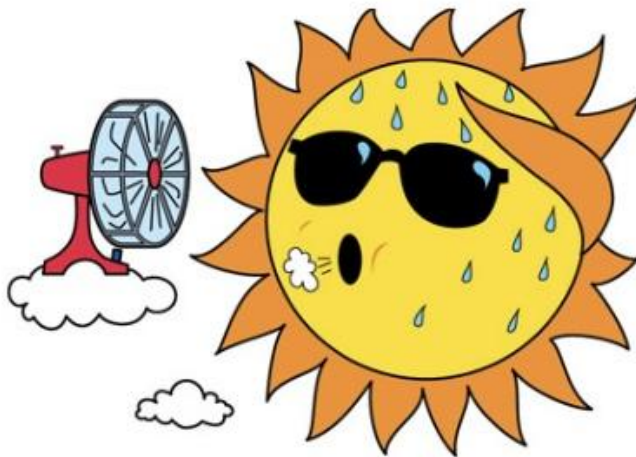
Throughout the month of July we will continue to spend more of our time outside and learning from what nature has to offer. We will care for our class garden by watering it each day and we will watch as our plants grow and begin to produce vegetables that we can eat.

Through this we will learn all about what all plants and living things need to live and grow. Walks and trips to the grassy field and Wagar Park will be great opportunities for us to get out and enjoy the nice summer weather each day. We will also plan to get out for water play this month so please send in a swim suit and towel for your child to keep at the center. As always we will continue to emphasize the importance of sharing and kindness in our class. We will also continue working on our letter recognition and writing skills as well as counting and number recognition. We are so excited for all of the fun and engaging activities we have planned for the upcoming month and cannot wait to share them with all of our friends!

...Megan...

Pre-K July Newsletter

Happy Summer! Things are beginning to heat up so we try our very best every single day to try and get outside! When we are outside, we have been enjoying playing different pretend games such as "Pirates," or "Zombies." It really is so much fun when we all join each other to play one big game! |



Sometimes, to change things up, we enjoy going on walks around the neighborhood. We usually stop by the pet store, looking with our eyes out the window, at the many fish swimming around! If we are lucky, sometimes we watch them be fed!



What's New in the Classroom?

By now, I am sure many of us have met Miss Eman. She joined us mid-May and has had such a wonderful time being in the classroom! We also have welcomed back our friends Oscar and Mia! We feel so happy that they are back! Lastly, we have had our friend Eleanor join us! She has recently transitioned from the Preschool classroom! :) Welcome all!





Current Classroom Favorite Songs:

~ "Melting," Go Noodle

~ "Pop See Ko!" Go Noodle

~ (Our forever favorite) "Can't Stop This Feeling," Justin
Timberlake

~ "Purple Stew," Go Noodle

We hope everyone has a safe and happy fourth of July!





Office

*The Center will be closed on Monday July 5th. *When dropping off, please drop your child off in their designated classroom and make sure to sign your child in/out on the classroom attendance sheet. *While picking up your children, please make sure that they are with you at all times, this is to ensure their safety and minimize chaos. *Please be sure that your child has at least two complete changes of weather appropriate clothing as well as a swim suit, towel and water shoes, if preferred. *If you order from Amazon, please consider ordering through Amazon Smile. It is the same as ordering through Amazon, it just gives a donation to a charitable organization of your choice. So, go to Amazon Smile and select Lakewood Community Care Center and you can support us with every purchase! *Please check out our website www.Lakewoodcommunitychildcare.com to see our new tuition rate that starts July 1st.



Friday, July 2nd - Wear red white and blue, celebrate America!

Sunday, July 4th - Independence Day.

Monday, July 5th - LCCC center will be closed.

Friday, July 9th - Tie-dye Day.

July 12th to 16th Parents volunteer week.

Friday July 23rd - PJ Day.



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

					1	2	3
						Stars & stripes Day	
4 Independence Day	5 Closed	6	7	8	9	10 Tie-Dye	
11	12 Parents	13 Volun	14 teer	15	16 We	17 ek	
18	19	20	21	22	23	24 Pajama Day	
25	26	27	28	29	30 Crazy Hair Day		

Lakewood

Food Service Menu

July

MONDAY	TUESDAY	WEDNESDAY	01-Jul THURSDAY	01-Jul FRIDAY
			6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
			1/2 c. Cheerios	1.5 oz. Raisin Bread
			1/2 c. Applesauce	1/2 Fresh Kiwi
			2 oz. Chicken Nuggets	2 oz. Turkey Burgers
			1/3 c. Green Beans	1/3 c. Broccoli
			1/3 c. Mandarin Oranges	1/2 Fresh Bananas
			1 Dinner Roll	1 WG Hamburger Buns
			6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
			1/4 c. Pretzels	1 oz. Scooby Doo Crackers
			1/2 Fresh Banana	1/2 c. Diced Peaches

	05-Jul	06-Jul	07-Jul	08-Jul	09-Jul
	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
	1/2 WG English Muffin/Jelly	1/2 WG Corn Flakes Cereal	1/2 WG Bagel/Cream Cheese	1/2 WG English Muffin/Jelly	1.5 oz. WG Banana Muffin
	1/2 c. Pineapple Tidbits	1/2 Applesauce	1/2 c. Blueberries	1/2 c. Mango	
	2.4 oz. Wow Butter & Jelly	4 oz. WG Cheese Fizza	4 oz. Burrito Beef Bean Cheese	2 oz. Turkey Sausage Pancake Wrap	
	1/3 c. Baby Carrots and Ranch	1/3 c. Sweet Peas	1/2 c. Romaine/Cucumber Salad	1/3 c. Diced Carrots	
HOLIDAY	1/2 c. Fresh Banana	1/3 c. Strawberries	1/3 c. Fresh Apple Slices	1/3 c. Roll	1/3 c. Pineapple Tidbits
	1 oz. Cheese Stick		1		
	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
	1 oz. Cheez-its	1 oz. Ritz Crackers	1 oz. WG Strawberry Chex	1 oz. WG Goldfish Crackers	
	1/2 c. Blueberries	1 oz. Cheese Stick	1/2 Fresh Kiwi	1/2 c. Watermelon	

	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Kix Cereal	1.5 oz. Raisin Bread	1/2 c. Cheerios	1/2 WG English Muffin/Jelly	1.5 oz. WG Apple Cinnamon Muffin	
1/2 c. Diced Pears in Juice	1/2 c. Pineapple Tidbits	1/2 c. Applesauce	1/2 Fresh Kiwi	1/2 c. Mandarin Oranges	
4 oz. WG Grilled Cheese	2 oz. Chicken Taco	3 oz. WG Cheese Bosco Stick	2 oz. Turkey Sausage	2.4 oz. Wow Butter and Jelly	
1/3 c. Mixed Vegetable	1/2 c. Lettuce/Salsa/Cheese	1/3 c. Green Beans	3 oz. Mini Pancakes	1 Cheese Stick	
1/3 c. Strawberries	1 Flour Tortilla	1/3 c. Diced Peaches	1/3 c. Cauliflower	1/3 c. Baby Carrots and Ranch	
	1/3 c. Mango		1/3 c. Fresh Apple Slices	1/2 Fresh Bananas	
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. Vanilla Goldfish Crackers	1 oz. Dick and Jane Crackers	1 oz. WG Goldfish Crackers	1 oz. Teddy Grahams	1 oz. Chocolate Elf Grahams	
1/2 c. Applesauce	1 oz. Strawberry Yogurt	1 oz. Pineapple Tidbits	1/2 c. Blueberries	1/2 c. Strawberries	

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TODDLER PORTIONS

MEAT 1 oz.
VEGETABLE/FRUIT 1/4 c.
GRAIN 1/4 c.
MILK 1/2 c.

PRE-SCHOOL PORTIONS

MEAT 1.5 oz.
Vegetable/Fruit 1/2c
GRAIN 1/4c
MILK 3/4c

SCHOOL AGE PORTIONS

MEAT 2 oz.
VEGETABLE/FRUIT 3/4 c.
GRAIN 1/2 c.
MILK 1 c.

Lakewood

Food Service Menu

July

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
19-Jul		20-Jul		21-Jul		22-Jul		23-Jul	
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Frosted Mini Wheats Cereal	1.5 oz. WG Blueberry Muffin	1/2 c. Special K Cereal	1.5 oz. WG Banana Muffin	1/2 c. Kix Cereal	1.5 oz. WG Banana Muffin	1/2 c. Kix Cereal	1.5 oz. WG Banana Muffin	1/2 c. Kix Cereal	1.5 oz. WG Banana Muffin
1/2 c. Diced Pears in Juice	1/2 c. Pineapple Tidbits	1/2 c. Strawberries	1/2 c. Fresh Kwi	1/2 c. Fresh Orange	1/2 c. Strawberries	1/2 c. Fresh Kwi	1/2 c. Fresh Orange	1/2 c. Fresh Orange	1/2 c. Fresh Orange
2 oz. Beef Patties	4 oz. WG Cheese Ravioli	2 oz. WG Chicken Patty	2 oz. Meatloaf	2.4 oz. Wow Butter and Jelly	2 oz. WG Chicken Patty	2 oz. Meatloaf	2.4 oz. Wow Butter and Jelly	2.4 oz. Wow Butter and Jelly	2.4 oz. Wow Butter and Jelly
1/3 c. Diced Carrots	1/3 c. Mixed Vegetable	1/3 c. Broccoli	1 Roll	1 Cheese Stick	1/3 c. Diced Carrots	1/3 c. Broccoli	1 Roll	1 Cheese Stick	1/3 c. Diced Carrots
1/3 c. Fruit Cocktail w/Cherries	1/3 c. Blueberries	1/3 c. Applesauce	1/3 c. Green Beans	1/3 c. Baby Carrots and Ranch	1/3 c. Fruit Cocktail w/Cherries	1/3 c. Applesauce	1/3 c. Green Beans	1/3 c. Baby Carrots and Ranch	1/3 c. Baby Carrots and Ranch
1 WG Hamburger Bun	1 WG Hamburger Bun	1 WG Hamburger Bun	1/3 c. Diced Pears in Juice	1/2 Fresh Banana	1 WG Hamburger Bun	1/3 c. Diced Pears in Juice	1/2 Fresh Banana	1/2 Fresh Banana	1/2 Fresh Banana
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. WG Cheez-its Crackers	1 oz. WG Chocolate Carmel Chex	1 oz. WG Animal Crackers	1 oz. Mini Pretzels	1 oz. Teddy Grahams	1 oz. WG Cheez-its Crackers	1 oz. WG Animal Crackers	1 oz. Mini Pretzels	1 oz. Teddy Grahams	1 oz. Teddy Grahams
1/2 c. Blueberries	1/2 c. Mandarin Oranges	1/2 c. Pineapple Tidbits	1/2 c. Fresh Apple Slices	1/2 c. Strawberries	1/2 c. Blueberries	1/2 c. Pineapple Tidbits	1/2 c. Fresh Apple Slices	1/2 c. Strawberries	1/2 c. Strawberries
26-Jul		27-Jul		28-Jul		29-Jul		30-Jul	
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Cheerios	1/2 WG English Muffin/Jelly	1/2 c. WG Corn Flakes Cereal	1/2 c. Frosted Mini Wheats Cereal	1.5 oz. WG Blueberry Muffin	1/2 c. Cheerios	1/2 c. WG Corn Flakes Cereal	1/2 c. Frosted Mini Wheats Cereal	1.5 oz. WG Blueberry Muffin	1.5 oz. WG Blueberry Muffin
1/2 c. Diced Pears in Juice	1/2 c. Pineapple Tidbits	1/2 c. Strawberries	1/2 c. Diced Pears in Juice	1/2 c. Mandarin Oranges	1/2 c. Diced Pears in Juice	1/2 c. Strawberries	1/2 c. Diced Pears in Juice	1/2 c. Mandarin Oranges	1/2 c. Mandarin Oranges
3 oz. WG Cheese Bosco Stick	2 oz. Chicken Taco	3 oz. Salisbury Steak with Gravy	4 oz. WG Grilled Cheese	2 oz. Turkey & Cheese Sand	3 oz. WG Cheese Bosco Stick	3 oz. Salisbury Steak with Gravy	4 oz. WG Grilled Cheese	2 oz. Turkey & Cheese Sand	2 oz. Turkey & Cheese Sand
1/3 c. Diced Carrots	1/2 c. Lettuce/Salsa/Cheese	1/3 c. Noodles	1/3 c. Green Beans	1/2c Apple Slices	1/3 c. Diced Carrots	1/3 c. Noodles	1/3 c. Green Beans	1/2c Apple Slices	1/2c Apple Slices
1/3 c. Blueberries	1 Flour Tortilla	1/3 c. Mixed Vegetables	1/3 c. Strawberries	1/2c Romaine/Cucumber Salad	1/3 c. Blueberries	1/3 c. Mixed Vegetables	1/3 c. Strawberries	1/2c Romaine/Cucumber Salad	1/2c Romaine/Cucumber Salad
	1/3 c. Fresh Orange	1/3 c. Fresh Apple Slices				1/3 c. Fresh Apple Slices			
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/4 c. Strawberry Yogurt	1 oz. Pita Bread	1 oz. Ritz Crackers	1 oz. WG Cheez-its Crackers	1 oz. Mini Pretzels	1/4 c. Strawberry Yogurt	1 oz. Ritz Crackers	1 oz. WG Cheez-its Crackers	1 oz. Mini Pretzels	1 oz. Mini Pretzels
1 oz. Animal Crackers	1.5 oz. Baby Carrots and Ranch	1 oz. Cheese Stick	1/2 c. Blueberries	1/2 c. Pineapple Tidbits	1 oz. Animal Crackers	1 oz. Cheese Stick	1/2 c. Blueberries	1/2 c. Pineapple Tidbits	1/2 c. Pineapple Tidbits

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TODDLER PORTIONS

MEAT 1 oz.
VEGETABLE/FRUIT 1/4 c.
GRAIN 1/4 c.
MILK 1/2 c.

PRE-SCHOOL PORTIONS

MEAT 1.5 oz.
Vegetable/Fruit 1/2c.
GRAIN 1/4c.
MILK 3/4c.

SCHOOL AGE PORTIONS

MEAT 2 oz.
VEGETABLE/FRUIT 3/4 c.
GRAIN 1/2 c.
MILK 1 c.