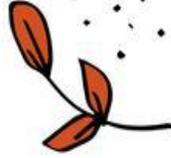
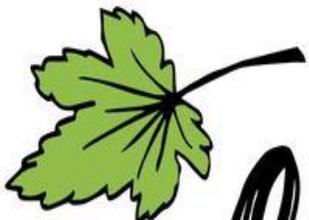
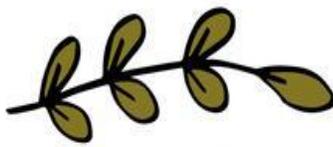


HELLO
September



Infant one

We are looking forward to some cooler weather. The babies have been so busy practicing walking, scooting, rolling and starting to sit up. They have also shown a lot of interest in books lately. A few favorites are Llama Llama books by Anna Dewdney and the How do dinosaurs series by Jane Yolen and Mark Teague. We are also having fun exploring different items in our sensory bin.

Our mighty minute this month is called Hello Toes.

What to do:

1. Invite children to recognize and name parts of their body by saying hello to the body parts. "I see your knees peeking out of your shorts. Let's say, "Hello, knees."

-Use this activity to engage children in the routine of getting dressed.

"Let's say, 'Hello, feet.' Now we'll put on your socks."

As a reminder please check your child's folder daily for information and art projects to be sent home.



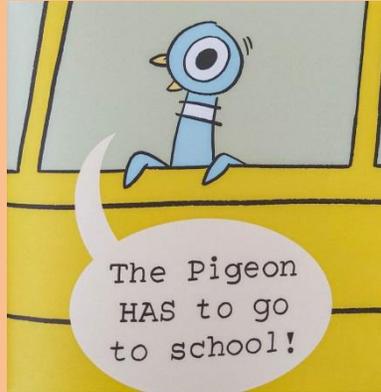
Infant Two

What's new in Infant 2? So many wonderful things are happening, and skills are emerging every day. I love to watch as they try new things, and see the joy on their faces when they learn new things. You know as much as I do how exciting it is, and it never gets old to me. Some of our babies are trying new foods for the first time, while others are beginning to eat with a utensil. Some of our babies are rocking and scooting on their bellies and knees, while others are taking several proud steps across the cushiony play yard. We love to play Pat-a-cake, Peek-a-boo, and many other finger-plays, as well as moving our bodies to fun, energetic songs, such as "Head, Shoulders, Knees and Toes", as they are becoming more aware of their body parts.

The babies enjoy being read to, and looking at colorful pages of picture books, playing ball with one another, as well as learning to play "wall ball". Language is very rich in our classroom, and our little smarties understand so much. While we always encourage sign language to communicate, we also encourage sounds, syllables, and words. I could go on and on, but that is a snippet into our day. I hope everyone has a wonderful month of September. A special shout out to our McKenna, who turns 1 year old on September 11, and to our Sammy, who also turns 1 on September 12. Also we would like to wish Anthony a happy 1st. birthday; He turned 1 on august 21st.

Miss Tina
Miss Anna





Pre-K

We can't believe the summer is coming to an end. We had lots of fun over the summer and made some great memories. We were sad to say Good-Bye to Charles, Josiah, Karsyn, Mia, Owen, Pearl, and Quinton. We wish them the best of luck in Kindergarten. We're happy to have Miles, Holden, Ava, and Twyla join our classroom. In September we plan on starting back up on our curriculum. Our first unit will be "All About Me" 😊 Each week a child will be Star of the Week (more information to come). We will continue to work on letter and number recognition, writing, and fine motor skills each week.



Current Favorite Pre-K Song

I'm Still Standing: Sing Soundtrack

Happy: Despicable Me 2 Soundtrack

The Exercise Song: Mark D. Pencil

What Color Are You Wearing? The Kim boomers

We hope that everyone has a FANTASTIC September



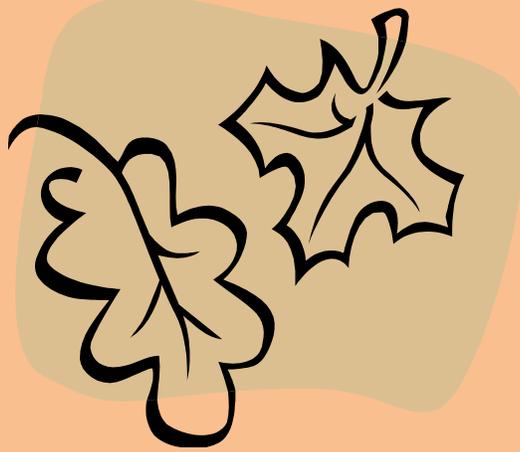
Toddler

HELLO SEPTEMBER! During the month of August children had lots of fun learning about different trucks, cars, and their sounds.

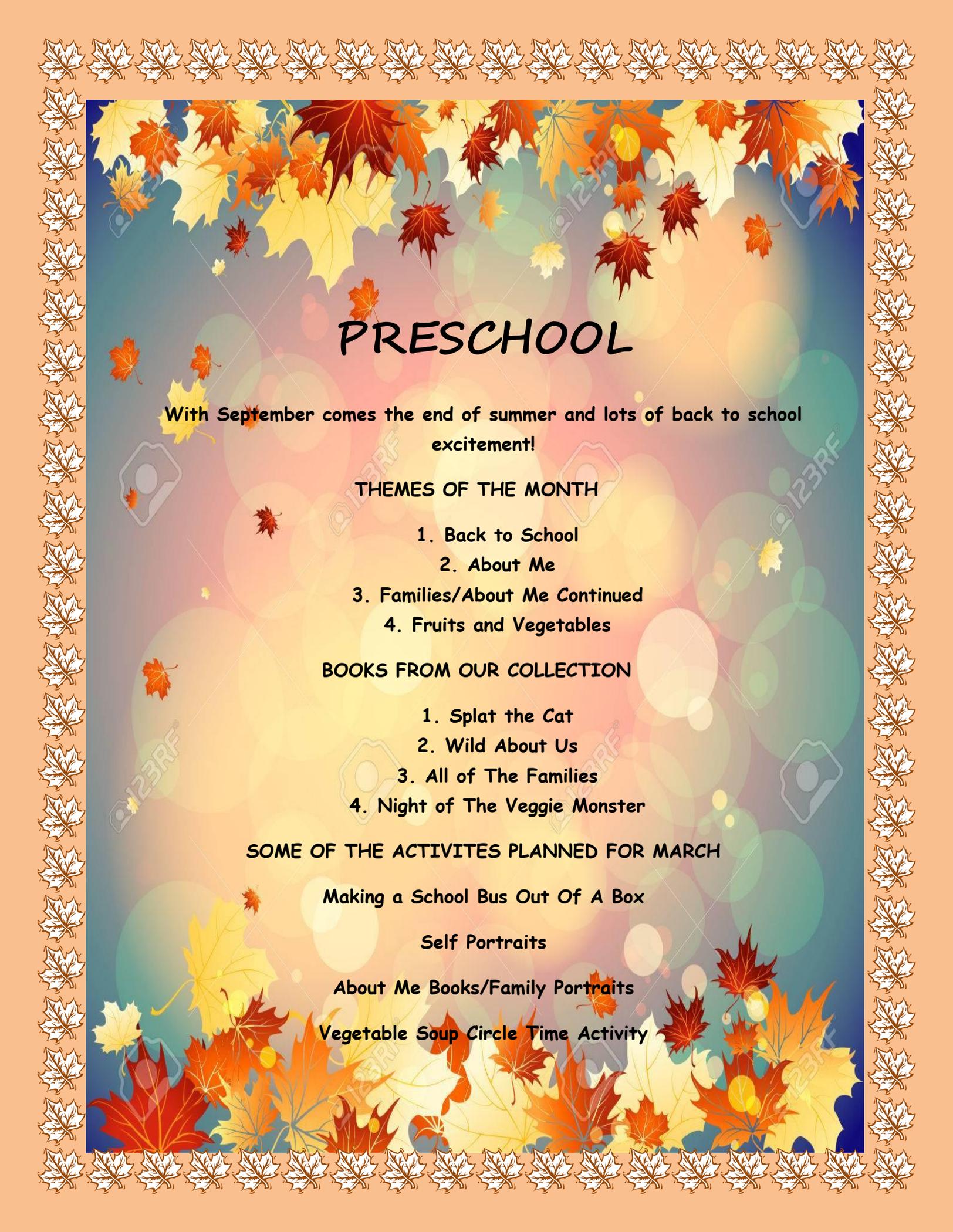
On our walk we talked about the traffic lights, cars shapes, and sizes. Children did some very cool art projects that are displayed around room.

For the month of September children will be talking a lot about themselves and their bodies. Children will also learn about their feelings and emotions. It's very important for

Children to know how to express and identify feelings so that they also learn how to manage certain feeling when they experiencing it or when they see someone else experiencing it. They can help solve the problem. We also will talk about will talk fall and the sight sounds and smell of fall will be explored. Our month theme about art will be around fall different trees, windy days, raining day etc... As part of transitioning inside, we will incorporate gross-motor activities like using push toys, walking on a balance beam using riding toys, dancing and more! We're looking forward to a fun- filled fall



Miss. Albina



PRESCHOOL

With September comes the end of summer and lots of back to school excitement!

THEMES OF THE MONTH

- 1. Back to School**
- 2. About Me**
- 3. Families/About Me Continued**
- 4. Fruits and Vegetables**

BOOKS FROM OUR COLLECTION

- 1. Splat the Cat**
- 2. Wild About Us**
- 3. All of The Families**
- 4. Night of The Veggie Monster**

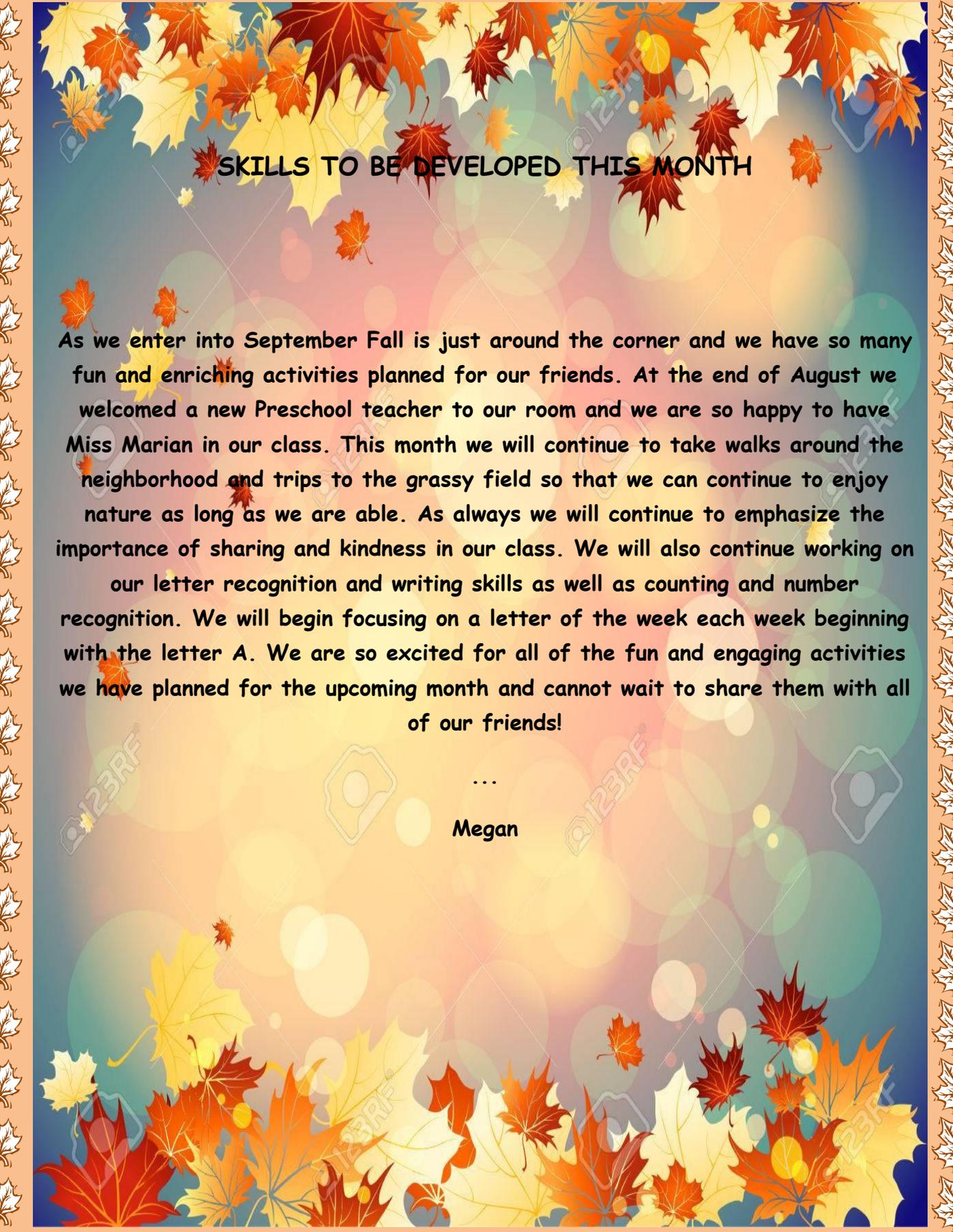
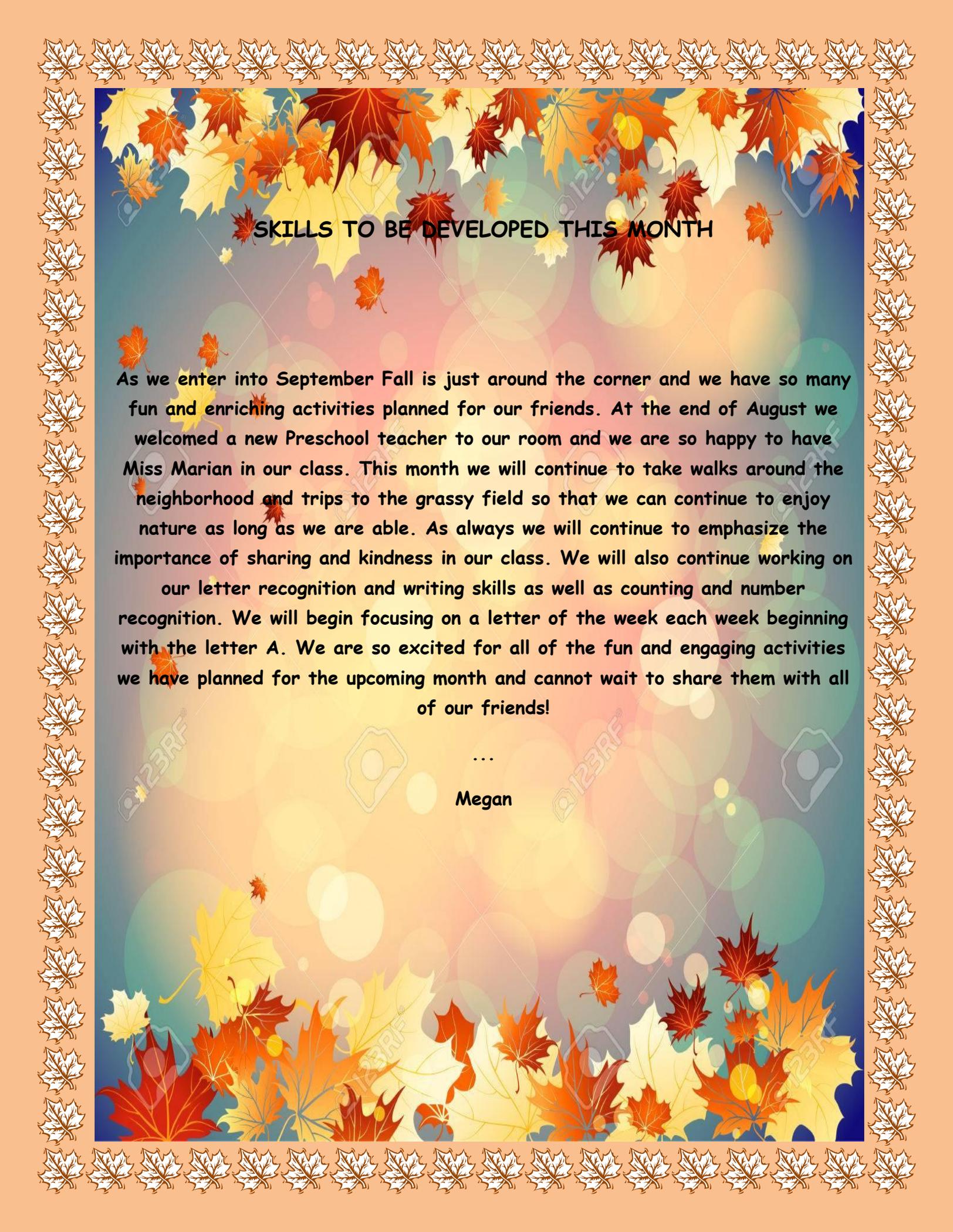
SOME OF THE ACTIVITES PLANNED FOR MARCH

Making a School Bus Out Of A Box

Self Portraits

About Me Books/Family Portraits

Vegetable Soup Circle Time Activity

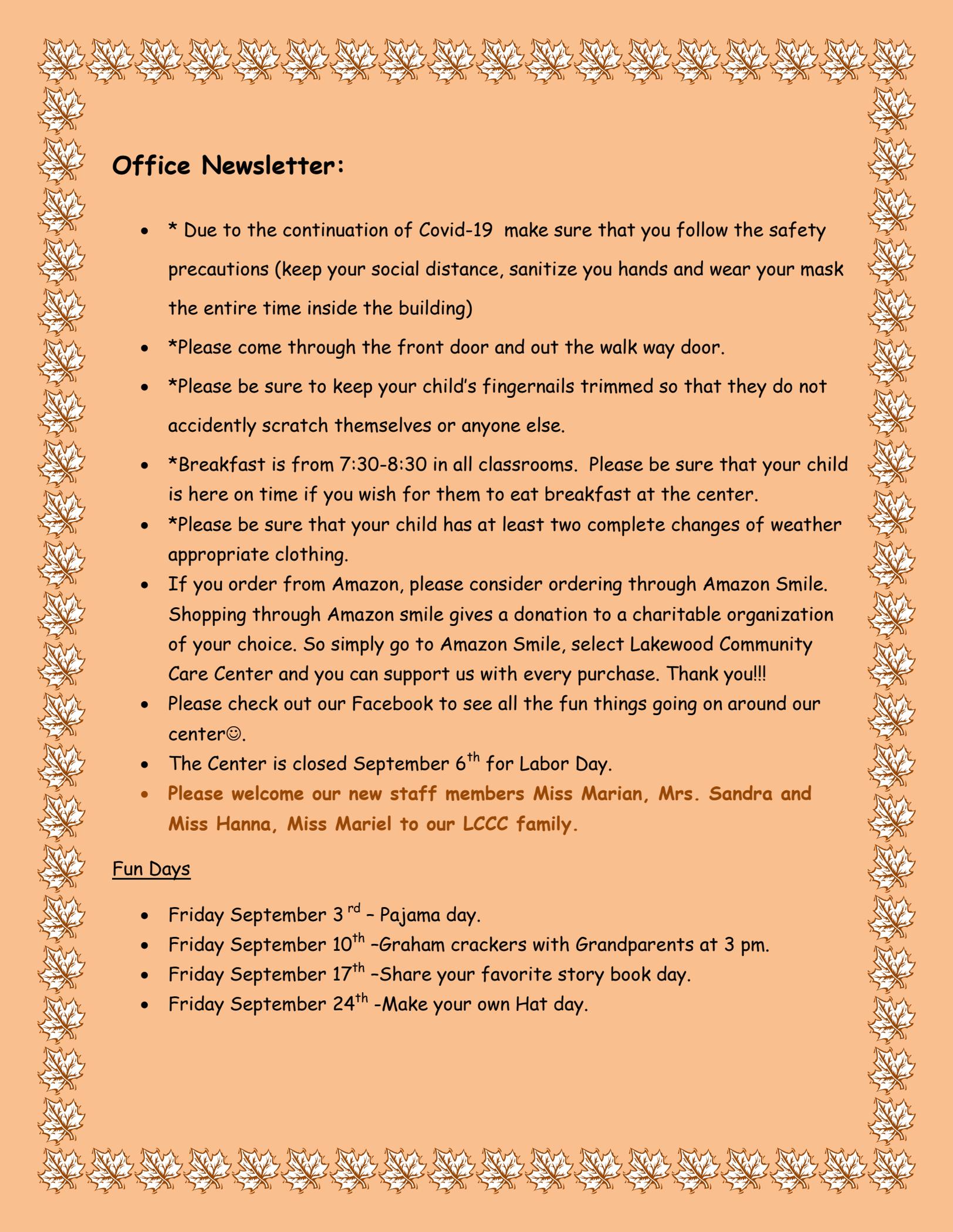


SKILLS TO BE DEVELOPED THIS MONTH

As we enter into September Fall is just around the corner and we have so many fun and enriching activities planned for our friends. At the end of August we welcomed a new Preschool teacher to our room and we are so happy to have Miss Marian in our class. This month we will continue to take walks around the neighborhood and trips to the grassy field so that we can continue to enjoy nature as long as we are able. As always we will continue to emphasize the importance of sharing and kindness in our class. We will also continue working on our letter recognition and writing skills as well as counting and number recognition. We will begin focusing on a letter of the week each week beginning with the letter A. We are so excited for all of the fun and engaging activities we have planned for the upcoming month and cannot wait to share them with all of our friends!

...

Megan



Office Newsletter:

- * Due to the continuation of Covid-19 make sure that you follow the safety precautions (keep your social distance, sanitize you hands and wear your mask the entire time inside the building)
- *Please come through the front door and out the walk way door.
- *Please be sure to keep your child's fingernails trimmed so that they do not accidentally scratch themselves or anyone else.
- *Breakfast is from 7:30-8:30 in all classrooms. Please be sure that your child is here on time if you wish for them to eat breakfast at the center.
- *Please be sure that your child has at least two complete changes of weather appropriate clothing.
- If you order from Amazon, please consider ordering through Amazon Smile. Shopping through Amazon smile gives a donation to a charitable organization of your choice. So simply go to Amazon Smile, select Lakewood Community Care Center and you can support us with every purchase. Thank you!!!
- Please check out our Facebook to see all the fun things going on around our center☺.
- The Center is closed September 6th for Labor Day.
- **Please welcome our new staff members Miss Marian, Mrs. Sandra and Miss Hanna, Miss Mariel to our LCCC family.**

Fun Days

- Friday September 3rd - Pajama day.
- Friday September 10th -Graham crackers with Grandparents at 3 pm.
- Friday September 17th -Share your favorite story book day.
- Friday September 24th -Make your own Hat day.



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			01	02	03 PJ DAY	04
05	06 Labor Day CLOSED	07	08	09	10 GRAND PARENTS DAY	11
12	13	14	15	16	17 Share your favorite story book	18
19	20	21	22	23 International Day of Sign Languages	24 Make your own hat day	25
26	27	28	29	30		

Lakewood

Food Service Menu

September

		01-Sep		02-Sep		03-Sep			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
		6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk		
		1.5 oz. WG Apple Cinnamon Muffin	1/2 e. Kix Cereal	1.5 oz. Kix Cereal	1.5 oz. Rainin Bread	1.5 oz. Rainin Bread	1.5 oz. Rainin Bread		
		1/2 e. Blueberries	1/2 e. Applesauce	1/2 e. Applesauce	1/2 e. Fresh Kiwi	1/2 e. Fresh Kiwi	1/2 e. Fresh Kiwi		
		2 oz. Meatball Sub	2 oz. WG Chicken Patty	2 oz. WG Chicken Patty	2 oz. Turkey Burgers	2 oz. Turkey Burgers	2 oz. Turkey Burgers		
		1/3 e. Cauliflower	1/3 e. Green Beans	1/3 e. Green Beans	1/3 e. Peas	1/3 e. Peas	1/3 e. Peas		
		1/3 e. Strawberries	2 oz. Fresh Apple Slices	2 oz. Fresh Apple Slices	1/3 e. Diced Pears in Juice	1/3 e. Diced Pears in Juice	1/3 e. Diced Pears in Juice		
		1 WG Hotdog Bun	1 WG Hamburger Bun	1 WG Hamburger Bun	1 WG Hamburger Buns	1 WG Hamburger Buns	1 WG Hamburger Buns		
		6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk		
		1 oz. WG Goldfish Crackers	1 oz. Dick & Jane Crackers	1 oz. Dick & Jane Crackers	1 oz. Scooby Doo Crackers	1 oz. Scooby Doo Crackers	1 oz. Scooby Doo Crackers		
		1/2 Fresh Banana	1/2 e. Mango	1/2 e. Mango	1/2 e. Diced Peaches	1/2 e. Diced Peaches	1/2 e. Diced Peaches		
06-Sep		07-Sep		08-Sep		09-Sep		10-Sep	
	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
	1/2 e. Special K Cereal	1/2 e. WG Frosted Mini Wheats	1/2 e. WG Frosted Mini Wheats	1/2 e. WG Bagel/Cream Cheese	1.5 oz. WG Blueberry Muffin	1.5 oz. WG Blueberry Muffin	1.5 oz. WG Blueberry Muffin	1.5 oz. WG Blueberry Muffin	1.5 oz. WG Blueberry Muffin
	1/2 e. Pineapple Tidbits	1 Fresh Orange	1 Fresh Orange	1/2 e. Blueberries	1/2 e. Mango	1/2 e. Mango	1/2 e. Mango	1/2 e. Mango	1/2 e. Mango
HOLIDAY	3 oz. Diced Chicken With Gravy	4 oz. WG Cheese Ravioli	2 oz. BBQ Meatballs	4 oz. WG Grilled Cheese Sandwich					
	1/3 e. Broccoli	1/2 e. Romaine/Cucumber Salad	1/2 e. Sweet Peas	1/3 e. Green Beans					
	1/3 e. Strawberries	2 oz. Fresh Apple Slices	1/3 e. Mango	1/3 e. Pineapple Tidbits					
	1 Biscuit		1 Dinner Roll						
	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
	1 oz. Cheez-its Crackers	1 oz. Pita Bread	1 oz. WG Strawberry Chex	1 oz. Cinnamon Goldfish Crackers					
	1/2 e. Blueberries	1.6 oz. Baby Carrots and Ranch	1/2 e. Fresh Kiwi	1/4 e. Vanilla Yogurt					
13-Sep		14-Sep		15-Sep		16-Sep		17-Sep	
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 e. Kix Cereal	1.5 oz. Rainin Bread	1/2 e. Cheerios	1/2 e. WG English Muffin/Jelly	1.5 oz. WG Apple Cinnamon Muffin	1.5 oz. WG Apple Cinnamon Muffin	1.5 oz. WG Apple Cinnamon Muffin	1.5 oz. WG Apple Cinnamon Muffin	1.5 oz. WG Apple Cinnamon Muffin	1.5 oz. WG Apple Cinnamon Muffin
1/2 e. Blueberries	1/2 e. Pineapple Tidbits	1/2 e. Applesauce	1/2 e. Fresh Kiwi	1/2 e. Mandarin Oranges	1/2 e. Mandarin Oranges	1/2 e. Mandarin Oranges	1/2 e. Mandarin Oranges	1/2 e. Mandarin Oranges	1/2 e. Mandarin Oranges
2 oz. Meatball Sub	2 oz. Chicken Taco	3 oz. WG Cheese Bosco Stick	2 oz. Turkey Sausage	2 oz. Beef Patty	2 oz. Beef Patty	2 oz. Beef Patty	2 oz. Beef Patty	2 oz. Beef Patty	2 oz. Beef Patty
1/3 e. Mixed Vegetable	1/2 e. Lettuce/Salsa/Cheese	1/3 e. Green Beans	3 oz. Mini Pancakes	1.6 oz. Baby Carrots and Ranch	1.6 oz. Baby Carrots and Ranch	1.6 oz. Baby Carrots and Ranch	1.6 oz. Baby Carrots and Ranch	1.6 oz. Baby Carrots and Ranch	1.6 oz. Baby Carrots and Ranch
1/3 e. Strawberries	1/3 e. Mango	1/3 e. Diced Peaches	1/3 e. Cauliflower	1/2 e. Fresh Banana	1/2 e. Fresh Banana	1/2 e. Fresh Banana	1/2 e. Fresh Banana	1/2 e. Fresh Banana	1/2 e. Fresh Banana
	1 Flour Tortilla		2 oz. Fresh Apple Slices	1 WG Hamburger Bun	1 WG Hamburger Bun	1 WG Hamburger Bun	1 WG Hamburger Bun	1 WG Hamburger Bun	1 WG Hamburger Bun
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. Chex Mix	1 oz. Chocolate Elf Grahams	1/4 e. Cottage Cheese	1 oz. Cinnamon Crisp Crackers	1 oz. Dick and Jane Crackers	1 oz. Dick and Jane Crackers	1 oz. Dick and Jane Crackers	1 oz. Dick and Jane Crackers	1 oz. Dick and Jane Crackers	1 oz. Dick and Jane Crackers
1 oz. Cheese Stick	1/2 e. Strawberries	1/2 e. Pineapple Tidbits	1/2 e. Blueberries	1/4 e. Strawberry Yogurt	1/4 e. Strawberry Yogurt	1/4 e. Strawberry Yogurt	1/4 e. Strawberry Yogurt	1/4 e. Strawberry Yogurt	1/4 e. Strawberry Yogurt

This institution is an equal opportunity provider

TODDLER PORTIONS

MEAT 1 oz.
VEGETABLE/FRUIT 1/4 e.
GRAIN 1/4 e.
MILK 1/2 c.

PRE-SCHOOL PORTIONS

MEAT 1.5 oz.
Vegetable/Fruit 1/2c
GRAIN 1/4c
MILK 3/4c

SCHOOL AGE PORTIONS

MEAT 2 oz.
VEGETABLE/FRUIT 3/4 e.
GRAIN 1/2 c.
MILK 1 c.

Lakewood

Food Service Menu

September

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
20-Sep		21-Sep		22-Sep		23-Sep		24-Aug	
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Frosted Mini Wheats Cereal	1.5 oz. WG Blueberry Muffin	1/2 c. Special K Cereal	1.5 oz. WG Banana Muffin	1/2 c. Strawberries	1/2 c. Fresh Kiwi	1/2 c. Fresh Kiwi	1	1	1
1/2 c. Mango	1/2 c. Pineapple Tidbits	1/2 c. Strawberries	1/2 c. Fresh Kiwi	1/2 c. Strawberries	1/2 c. Fresh Kiwi	1/2 c. Fresh Kiwi	1	1	1
2 oz. WG Chicken Nuggets	4 oz. WG Cheese Ravioli	2 oz. BBQ Diced Chicken	2 oz. Meatloaf	2 oz. Green Beans	1/2 c. Romaine/Cucumber Salad	1/3 c. Buttered Whole Potatoes	1/3 c. Cauliflower	2 oz. Turkey and Cheese Sandwich	1.6 oz. Baby Carrots and Ranch
1/3 c. Applesauce	1/3 c. Blueberries	1/3 c. Broccoli	1/3 c. Strawberries	1/3 c. Applesauce	1/3 c. Blueberries	1/3 c. Broccoli	1/3 c. Strawberries	1/2 c. Fresh Banana	1/2 c. Fresh Banana
1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll	1 Dinner Roll
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. WG Cheez-its Crackers	1 oz. WG Chocolate Carmel Chex	1/2 c. Diced Pears	1 oz. Mini Pretzels	1/2 c. Blueberries	1/2 c. Applesauce	1/2 c. Blueberries	1/2 c. Applesauce	1/2 c. Blueberries	1/2 c. Applesauce
1/2 c. Blueberries	1/2 c. Mandarin Oranges	1/4 c. Cottage Cheese	2 oz. Fresh Apple Slices	1/2 c. Blueberries	1/2 c. Applesauce	1/2 c. Blueberries	1/2 c. Applesauce	1/2 c. Blueberries	1/2 c. Applesauce
27-Sep		28-Sep		29-Sep		30-Sep			
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. WG Frosted Mini Wheats	1/2 WG English Muffin/Jelly	1.5 oz. WG Apple Cinnamon Muffin	1/2 c. Blueberries	1/2 c. Diced Pears in Juice	1/2 c. Pineapple Tidbits	1/2 c. Blueberries	1/2 c. Applesauce	1/2 c. Applesauce	1/2 c. Applesauce
3 oz. WG Cheese Bosco Stick	2 oz. Chicken Taco	4 oz. WG Cheese Pizza	2 oz. Turkey Sausage	1/3 c. Diced Carrots	1/2 c. Lettuce/Salsa/Cheese	1/3 c. Broccoli	3 oz. Mini Pancakes	3 oz. Mini Pancakes	3 oz. Mini Pancakes
1/3 c. Blueberries	1/3 c. Strawberries	1/3 c. Diced Pears	1/3 c. Fresh Apple Slices	1/3 c. Blueberries	1/3 c. Strawberries	1/3 c. Diced Pears	1/3 c. Cauliflower	1/3 c. Cauliflower	1/3 c. Cauliflower
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/4 c. Strawberry Yogurt	1 oz. Pita Bread	1 oz. Dick and Jane Crackers	1 oz. Chocolate Elf Grahams	1 oz. Chocolate Chip Crisp Crackers	1.6 oz. Baby Carrots and Ranch	1/2 c. Fresh Kiwi	1/2 c. Strawberries	1/2 c. Strawberries	1/2 c. Strawberries

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TODDLER PORTIONS

MEAT 1 oz.
VEGETABLE/FRUIT 1/4 c.
GRAIN 1/4 c.
MILK 1/2 c.

PRE-SCHOOL PORTIONS

MEAT 1.5 oz.
Vegetable/Fruit 1/2t.
GRAIN 1/4c
MILK 3/4c

SCHOOL AGE PORTIONS

MEAT 2 oz.
VEGETABLE/FRUIT 3/4 c.
GRAIN 1/2 c.
MILK 1 c.