

# Hello February

## Infant One Newsletter:

We have been so busy learning and growing. Some of our favorite activities are playing in the ball pit, going on magical adventures in our cardboard box boats and creating art. We are looking forward to the next snow fall so we can paint the snow. Our favorite finger play songs include if you're happy and you know it, and No more monkeys. We are getting really good at the movements that go along with the songs.

Our mighty minute for this month is called Hello Cheer. The objective this covers is comprehends language. Listens to and understands increasingly complex language.



## What to do:

1. Sing the following to the tune of "Row, row, row your boat."  
*Hello, hello, hello [name].*  
*We're so glad you're here.*  
*We love to see you every day.*  
*Let's do the hello cheer!*
2. Clap your hands and cheer for your child.
3. Repeat using other children's names.
  - Invite the children to clap or stomp along with the beat as you sing the song together.





## Infant 2

February has arrived! Here we are in midwinter and despite being unable to go out into the cold weather, we are learning so much! Valentine's Day is soon approaching. We have done a couple Valentine's crafts involving stamping foot prints which not only is a sensory activity for your baby's feet, but you can see just how much they have grown even a couple months from now! Something that we have been working on lately our motor skills. The babies are doing great with tummy time and we have even been encouraging them to roll by gently turning their bodies and rolling them over with help. While on their stomach and laying on their back we also place various toys around them to encourage their reaching, as well as dangling toys above them or using the infant gym to encourage swiping and batting at toys. We also like to encourage language by mimicking sounds and of course through song. Our friends love to listen to us sing and one day they will be joining in! Placing them near each other to encourage them to babble with one another strengthens the development of language, too. Our friends are so happy to see one another and giggle and make noise when they see each other's faces. Throughout the day we are always talking to them and talking through what we are doing even during diaper changes and feedings. Everyone is doing so great in the classroom and they are as happy as can be while they learn through play!





We also fit different math activities into our day, the kiddos LOVE adding objects together. This month we would like to wish our friends Elania and Charles a *VERY HAPPY BIRTHDAY!* We plan on having a Valentine's party and the information will be sent home. We will work on our unit of getting *Along with others* and the letters K, D, F, and O. I plan to hold conferences with everyone throughout the month.

### Our Current Favorite Songs ☺

\*Rise and Shine: Dr. Jean

We sing this every morning to start our day. The children LOVE turning the toys into instruments and singing this each day.

\*Shake It Off: Sing Soundtrack

\*Hip-Hop Tooty Tot: Jack Hartman

\*Icky Sticky Bubblegum: Learning Station



*We hope everyone has a HAPPY VALENTINE'S DAY!*

# PRESCHOOL NEWSLETTER FOR FEBRUARY

Happy February preschool families! With the hope of spring around the corner February is a month that brings a lot of excitement to our preschool class! We have many fun themes and activities planned for the upcoming month that we cannot wait to share with you and our friends!

## THEMES OF THE MONTH

1. Groundhogs and Shadows
2. Happy Valentine's Day
3. Birds of a Feather
4. My Feelings

## BOOKS FROM OUR COLLECTION

1. Danny's Groundhog Day
2. The Biggest Valentine Ever
3. Are You My Mother
4. Ruby Finds A Worry

## SOME OF THE ACTIVITIES PLANNED FOR FEBRUARY

Making a groundhog's shadow in the "snow"

Paper towel roll heart stamps

Homemade suet bird feeders (nut free!)

Happy face/sad face masks

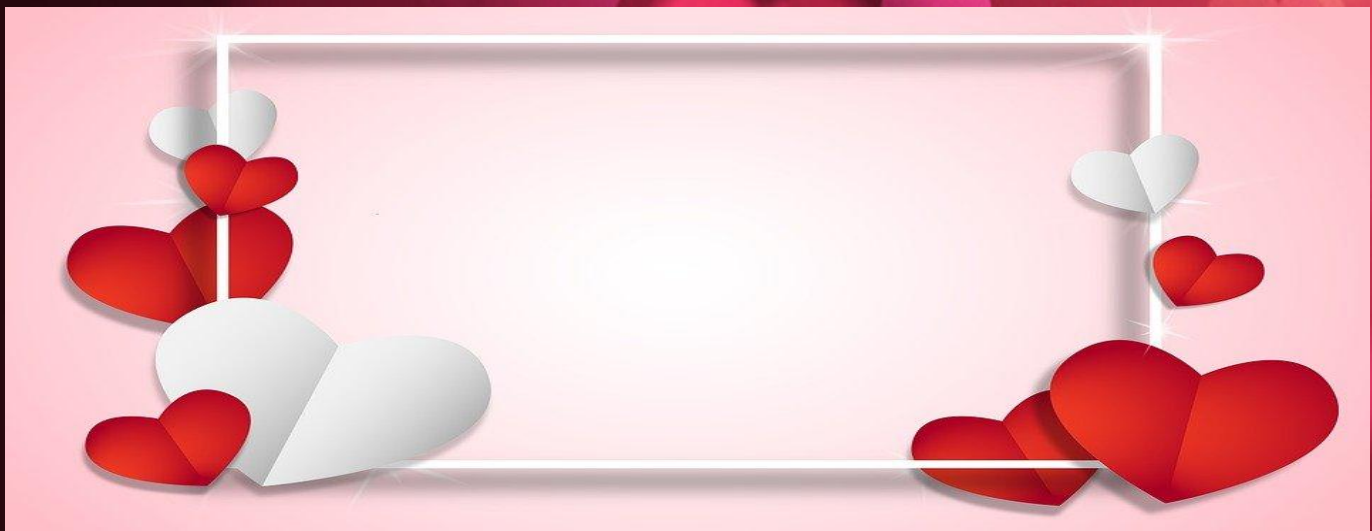
## SKILLS TO BE DEVELOPED THIS MONTH

We will continue to spend time working on our letters of the alphabet through sight and sound recognition and hands-on manipulative activities. We will practice writing our names using various methods including tactile sensory approaches. We will also spend time on the importance of feelings and how it is good to talk about how we are feeling and to listen when our friends do the same.

...

Megan





## Toddler one

The month of love and Friendship is here! February will be a fun, exciting, and busy month.

Children had lots of fun in the month of January discussing Hibernation, arctic animals, shapes and colors.

The children have been enjoying when we spell out their names for them while taking attendance.

During the month of February, we will continue with learning about shapes and colors since we have so many new friends.

Along with continuing our work with shapes, colors, counting, and numbers this month we will focus on letter recognition and our friends will have fun learning about friendship and community helpers.

We always make sure to spend time focusing on physical and emotional development each month.

Gross motor control exercises include painting, drawing, lacing shapes and stringing wooden beads.

Our Friendship party will be held on February 14<sup>th</sup> at 300pm.

Make sure your child wears red, pink, or purple on that day.

Miss. Albina

Miss. Taneshia





## Toddler Two Newsletter

Welcome to February, We can't believe we are already in the second month of the year. The children are growing fast and learning new things every day! They enjoy playing with cod snow, painting with frozen ice cubes and doing a lot of winter projects.

Toddler two was very excited to have Grant since January



not only he is doing a great but all the children have been great welcoming him into our classroom. In the month of February we will be talking about Ground hog day. We will read some books about Groundhog and making some fun shadow arts.

The children are going to have a Valentine's Day party and they will talk about spreading love and kindness.

We are going to make decoration for Valentine Day with all kinds of art projects (including marker, paint, crayons, and play dough).

The children will focus this month on counting 1-10, learning the colors (pink, red and purple) and the first letter of their names.

Happy Valentine day everyone!

Miss. Matilda



## Office:

\*When dropping off, please drop your child off in our designated area. Be sure to have your mask on for safety.

\*As the weather is dropping and getting cooler, Please be sure that your child has at least two complete changes of weather appropriate clothing.

\*Breakfast is from 7:30-8:30 in all classrooms. Please be sure that your child is here on time if you wish for them to eat breakfast at the center.

\*If you order from Amazon, please consider ordering through Amazon Smile. It is the same as ordering through Amazon, it just gives a donation to a charitable organization of your choice. So, go to Amazon Smile and select Lakewood Community Care Center and you can support us with every purchase!

## Fun days:

- 1- Tuesday February 2<sup>nd</sup> - Ground Hog Day.
- 2- Friday February 5<sup>th</sup> \_ Treasure Hunt Day.
- 3- Friday February 10<sup>th</sup> \_ Pajama Day.
- 4-Thursday 14<sup>th</sup> \_ Valentine's Day.
- 4- Friday 22<sup>nd</sup> \_ Love your pet Day.

# FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Groundhog day	3	4	5 Treasure hunt Day
6	7	8	9	10 Pajama day
11	12	13	14 Valentine's Day Party! Wear Red, Pink, or Purple	15
18	19	20	21	22 Love your Pet Day! Bring in a picture of your family pet.
25	26	27	28	



Lakewood

Food Service Menu

February 2021

01-Feb

02-Feb

03-Feb

04-Feb

05-Feb

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Apple Cinnamon Pancakes	1.5 oz. Sausage Hash	1/2 c. Chicken	1.5 oz. W/C Blueberry Muffin	1/2 c. W/C Blue Cheese
1/2 c. Diced Peas in Juice	1/2 c. Pineapple Cinnamon	1/2 c. Fresh Banana	1/2 c. Nuts	1/2 c. Mandarin Oranges
1/3 c. W/C Beef & Cheese Burrito	2 oz. W/C Chicken Noodles	2 oz. Minestrone with Gravy	1/3 c. CN Turkey Patties	4 oz. W/C Cheese Pizza
1/3 c. Diced Carrots	2 oz. Sweet Peas	1/2 c. Butternut Noodles	1/3 c. Mixed Vegetables	1/2 c. Roasted Cauliflower Salad
1/3 c. Fresh Orange	1/3 c. Fruit Cocktail	1/3 c. Green Beans	1/3 c. Diced Peas in Juice	1/2 c. Fresh Banana
1	1	1	1	1
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. W/C Cold Cut Sandwich	1 oz. W/C Fruit Salad	1 oz. W/C Fruit Salad	1 oz. Turkey & Cheese	1 oz. W/C Pork & Cheese
1/2 c. Mashed Potatoes	1/2 c. Applesauce	1/2 c. Carrot and Raisin	1/2 c. Diced Peas in Juice	1/2 c. Pineapple Topping

08-Feb

09-Feb

10-Feb

11-Feb

12-Feb

6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Cheesecake	1/2 c. W/C Diced Apple/Apple Jelly	1/2 c. W/C Corn Tacos	1/2 c. W/C Diced Carrot/Cheese	1/2 c. W/C Banana Apple/Apple Jelly
1/2 c. Diced Peas in Juice	1/2 c. Pineapple Topping	1/2 c. Fresh Banana	1/2 c. Fresh Banana	1/2 c. Mandarin Oranges
2 oz. Meatball Sub	2 oz. CN W/C Chicken Strips	3.6 oz. Pierogies	2 oz. Turkey Ham	2 oz. Teriyaki Meatballs
1/3 c. Beans	1/3 c. Green Beans	2 oz. Turkey Ham	1/3 c. Sweet Potatoes	1/2 c. Sweet Potatoes
1/3 c. Pineapple Topping	1/3 c. Mandarin Oranges	1/3 c. Sweet Potatoes	1/3 c. Diced Peas in Juice	1/2 c. Banana/Cinnamon Salad
1	1	1	1	1
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. W/C Cheese in Crackers	1 oz. Wheat Bran Crackers	1/4 c. Vanilla Yogurt	1 oz. W/C Strawberry Cheesecake	1 oz. W/C Animal Crackers
1/2 c. Applesauce	1/2 c. Cheese Stick	1/2 c. Strawberries	1/2 c. Fruit Cocktail w/ Cheesecake	1/2 c. Pineapple Topping

15-Feb

16-Feb

17-Feb

18-Feb

19-Feb

6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1/2 c. Salsita Central	1.5 oz. Sausage Hash	1/2 c. Applesauce	1/2 c. W/C Buddha's Medley/Apple Jelly	1.5 oz. W/C Apple Cinnamon Muffin
1/2 c. Diced Peas in Juice	1/2 c. Pineapple Topping	1/2 c. Applesauce	1/2 c. Nuts	1/2 c. Mandarin Oranges
1 oz. W/C Grilled Cheese	2 oz. CN Chicken Party	3 oz. W/C Cheese Baked Sticks	3 oz. W/C Breakfast Pizza	3 oz. Salisbury Steak with Gravy
1/3 c. Pineapple	1/3 c. Diced Carrots	1/3 c. Green Beans	1/3 c. Turkey Sausage	1/3 c. Roasted Potatoes
1/3 c. Strawberries	1	1	1	1
6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk	6 oz. Whole/1% Milk
1 oz. W/C Strawberry Cheesecake	1 oz. Rice Crackers	1 oz. Diced and Tare Crackers	1 oz. Tiramisu	1 oz. W/C Fruit & Cheese
1/2 c. Applesauce	1/2 c. Cheese Stick	1/2 c. Strawberry Yogurt	1/2 c. Applesauce	1/2 c. Pineapple Topping

This institution is an equal opportunity provider

TODDLER PORTIONS  
MEAT 1.5oz  
VEGETABLE/TRUIT 1/2c  
GRAIN 1/2c  
MILK 1/2c

PRE-SCHOOL PORTIONS  
MEAT 1.5oz  
VEGETABLE 1/2c  
GRAIN 1/2c  
MILK 1/2c

SCHOOL AGE PORTIONS  
MEAT 2oz  
VEGETABLE/TRUIT 3/4c  
GRAIN 3/4c  
MILK 1c

Lakewood

**Food Service Menu**

February 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>22-Feb</b>	<b>23-Feb</b>	<b>24-Feb</b>	<b>25-Feb</b>	<b>26-Feb</b>
6 oz. Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
1/2 c. W/F. Jibe Cereal	W/F. R. Nature's Manna	Special K Cereal	Treated V. Hot W/Hot Cereal	Kix Cereal
1/2 c. Bread Pieces in Juice	Prescription Juice	Sp. water-mix	1. hot K. w.	Fresh Orange
2 oz. CN Turkey Patties	CN W/F. Cheese Hamoni	Chicken Taro	Misfinaf	5 oz. Turkey Cheese Sandwich
1/3 c. Diced Carrots	1/3 c. Mixed Vegetable	1	Brown Rice	1/2 c. Kenmore & Corn-cob Salad
1/3 c. Fruit Cocktail w/Cherries	1/3 c. Blueberries	1	Flour Tortille	1/2
1 W/F. Hamlet: rger Bran		1/3 c. Applesauce	1/3 c.	Fresh Broccoli
6 oz. Vanilla 1% Milk	6 oz. Vanilla 1% Milk	6 oz. Vanilla 1% Milk	6 oz. Vanilla 1% Milk	6 oz. Vanilla 1% Milk
1 oz. WG Cheese De Caprese	1 oz. WG Cheddar Cheese	1 oz. Cheddar Cheese	1 oz. Fresh Bread with Knecht	1 oz. WG. Cheddar Cheese
1/2 c. Strawberries	1/2 c. Mandarin Oranges	1 oz. Cheese sticks	1	1/2 c. Fresh Veggie Slices
				1/2 c. Fresh Veggie Slices

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**LUNCH PORTIONS**  
 MEAT 1.00  
 VEGETABLE/FRUIT 1.00  
 GRAIN 1.00  
 MILK .50

**PRE-SCHOOL PORTIONS**  
 MEAT 1.25  
 VEGETABLE/FRUIT 1.00  
 GRAIN 1.00  
 MILK .50

**SCHOOL AGE PORTIONS**  
 MEAT 2.00  
 VEGETABLE/FRUIT 1.00  
 GRAIN 1.00  
 MILK .50