

Beloved Patients & Friends,



With deep gratitude for our many wonderful years together, we share the news that Body + Beyond will soon be closing.

Since 2019, our treatment rooms on Nebel Street have served as safe spaces for many rich, healing conversations. We've discussed our aches and pains, our triumphs and sorrows, the wisdom of our bodies, the messages hidden within our symptoms, the natural order of life, and the wonders of East Asian medicine. Together we've learned (and remembered) how adapting to the seasons of life is a way to stay well.

Starting soon, in Late Summer, your practitioners will offer their gifts and services in new places and in new ways . . .

Leah is proud to announce that Steve, her spouse of 25 years, has accepted an amazing opportunity to serve as Head Coach of the Nationally Ranked Boy's Varsity Basketball Team at Montverde Academy, a prestigious international boarding school situated near Orlando, Florida. They will be moving in mid-August to settle into their new home just off-campus.

Leah's final days treating on Nebel Street are fast-approaching. She has a few more treatment times available through August 9, 2025. She will also return for a few "pop-up treatment" days in September and October before the lease is up at B+B. If you haven't been in to see her for a while, grab an appointment time soon. Add your name to the waitlist if you would like to be notified when she is in town for "pop-up treatments."

Elaine will still be practicing in the Greater Washington, D.C. area. She will remain at Body + Beyond until the end of October and is currently still welcoming new patients. Visit her website (elaineacupuncture.com) for more information or to book an appointment. Elaine is currently making plans to re-open her practice in a new location this Fall, so stay connected with her to learn more.

We thank you for sharing your lives with us. It's been an honor to be part of your journeys and to be entrusted with your care. Thank you for referring us to your friends, family members, and colleagues. We opened this practice location on the eve of a global pandemic, and together with you, we made it to this side.

As we transition through the surprise of unexpected opportunities, we wish you the fondest farewell and pray for ease and grace to be peaceful no matter what may unfold in the new season ahead.

With care,

Leah & Elaine

