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# The 7 Most Commonly Overused Cleaning Products

By Brie Dyas

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(Photo Credit: Getty Images)

When faced with a gigantic mess, it's tempting to get heavy-handed with cleaning products. Because there's no such thing as *too* clean, right?

Wrong.

Overusing certain cleaning products can actually lead to even bigger problems than spills: Some could damage your carpet or windows, and some could damage your health. We asked cleaning experts to name the worst offenders.

## 1. Glass Cleaner



**Brie Dyas**

On Assignment For HuffPost

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