The Bookshelf: "Clean Design: Wellness For Your Lifestyle" By Robin Wilson

By [Candace Abbott](#) / 04/28/15 at 2:06 pm / [Comments](#)

Hearing a lot about spring cleaning right now? Sure you are. From dusting crevices and ridding corners, places, and spaces of clutter to donating old décor and adding a fresh piece or two, everyone's doing it. But celebrated author and interior designer (who also boasts her own conscious product line), [Robin Wilson](#) has a new way for you to spring clean. Grab a copy of her latest must-read, [Clean Design: Wellness For Your Lifestyle](#).

Robin's approach to "spring cleaning" or really year-round cleaning is about transforming your home into a place that abides by her four design principles: sustainable, recyclable, hypoallergenic, and nontoxic. And between the pages of this book Robin guides you through a design process that is conscious and clean with a host of useful tips like decreasing allergens in the home with a little help from eco-friendly solutions and age-old tips from Robin's grandmother. Through it all, Robin never sacrifices style, and that's the beauty of this whole thing.

Robin, who's been designing luscious spaces for over 15 years, has a knack for crafting bright, livable homes, lofts, estates, and even commercial locations that showcase how style can co-exist with sustainability. She credits her healthy home designs to big brands like FLOR, Kohler, Mitchell Gold + Bob Williams, and even Panasonic Home. Cozy sofas and warm design accents are only the tip of the iceberg for Robin as she manages to weave her methods for sustainable living and allergen free living into every corner of the home. This book is more than a another beautiful design book, but a resource or a blueprint for conscious design-lovers to amp up their interiors and reduce harmful happenings in their homes.
Now how's that for spring cleaning?

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Keywords: [Clean Design: Wellness For Your Lifestyle](#), [Robin Wilson](#), [The Bookshelf](#), [design](#), [design books](#), [interior design](#)