



**Launching
February
15, 2026**

Virtual Pet Grief & Loss Support Group

When: Thursdays 3-5PM EST for 8 consecutive weeks

What: This pet grief & loss therapy group is an open-ended group focused on the unique experiences of pet families who experience grief & loss. Facilitators for this group have extensive experience in this kind of grief & loss.

All age groups are welcome to participate.

Cost: This group costs \$60 per participant per session.

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This group is a program of Catharsis Counseling Center. www.catharsis-center.com