

New Mommy & Baby Kit

This kit is designed to make the transition from expectant mom, to nursing, and getting up in the middle of the night mom, as easy as can be. You and your baby are going through a lot of changes right now, and in this kit you will find lots of stuff to make sure that you feel as centered, relaxed, and as healthy as possible. Great for upset tummies, diaper rashes, and all the things that come with your new bundle of joy.

LeBaby Me

LeBaby Me contains ingredients which increase skin elasticity, retard wrinkles, enhance skin tone and remove scaly patches. The synergistic effect of this blend increases the ability of the skin to act as a protective barrier against germs. LeBaby Me is effective applied on the inner ankles. LeBaby Me makes an excellent diaper rash cream. Can be used for a full body massage. Best diluted well, especially for use on babies, and small children.

LeMillenia

Diffused, LeMillenia builds courage, confidence, and self-esteem while being calming and relaxing at the same time. Place anywhere on body. LeMillenia is described as "Chiropractor in a bottle". Aligns physical structures, electrical energies of the body, balances every meridian, and energizes every chakra. It maintains the integrity of the connective tissues that wrap, connect, and protect every organ and balances the emotions connected to each organ. LeMillenia balances the moisture and fluid levels in the body. Use with LeTranquility for ADHD and hyperactivity.

Chamomile Roman

Chamomile Roman is for babies with colic, babies who startle awake and then cry for a long time, and infants that are just plain fussy and want to be held and comforted most of the day and night. Chamomile Roman is of great benefit in the treatment of chronic headaches, insomnia, nervous indigestion and nausea, and irritable bowel syndrome - to name just a few. Diffused, this oil creates an atmosphere of peace and patience.

Lavender

Lavender gives us the feeling of total and unchanging support around us. Lavender promotes faith, even in the hard times. It can help us move from judgement to kindness and generosity. Lavender can bring relief from anxiety, panic, hysteria, emotional and mental fatigue, headaches and migraines, and insomnia. Lavender can be used for nearly all skin conditions. It can be applied to cuts, sunburns, burns, rashes, dermatitis, eczema, and insect bites. Consistent use of lavender with burns and injuries minimizes scarring. Lavender is effective for muscle strains and sprains, cramps, and wound healing.

Catnip/Chamomile

Catnip/Chamomile is made as a glycerite because it is typically used for colicky, cranky, or teething infants. It is also excellent for babies, children, and adults suffering with bloating and/or gas. Chamomile and Catnip are both very relaxing herbs, making this formula good for those who are having trouble sleeping, cramps, and wound healing.

LeJulia

Careful dilution is recommended. LeJulia should be applied to the abdomen and/or to the feet. LeJulia is for the release of flatulence (gas), constipation, and other intestinal distress in infants and small children. This blend is also useful for colic, upset tummy, and nausea caused by fear or over-excitement. Diffuse for emotional calming and improved sleep.

LeTranquility

LeTranquility can help us develop inner strength, patience, understanding, and confidence. LeTranquility promotes relaxation, relieves anxiety, stress, tension, and depression. Use for panic attacks. Helps alleviate anxiety based disorders; helps reduce insomnia; quiets the mind and helps with feelings of rebellion; aids in understanding all aspects of a situation; Helps with ADHD; develops inner strength and confidence; osteoporosis; migraines and tension headaches.

Clary Sage

NOT RECOMMENDED FOR CHILDREN. Clary Sage helps with bringing in the milk for nursing mothers. Clary sage calms tension, nervousness, and hypersensitivity, yet revives and revitalizes us when we are fatigued. It helps when you are overtired, become hypersensitive and either weep or find fault with everyone around you. It is also a good choice for people whose lives show a pattern of continually choosing the wrong kind of friends. It is very effective for PMS, menstrual problems, and cramping. It's useful in kidney infections, sore throats, and bronchial infections.

Rescue Remedy (BRCESCUEREMX4)

Great for shock and trauma. Rescue Remedy is most effective when used on the occasion of any particular stress, trauma, or emergency. It is formulated to help a person cope with extreme circumstances and can be helpful when dealing with physical and emotional aspects of shock. Brings immediate calm and helps deal with pain. Often used in energy work. Rescue Remedy is most often taken internally. Simply place a few drops under the tongue. Do not eat anything for a few minutes before and after. You can add to a water bottle and sip all day. Add drops to a bath, spritz around the home for a calmer environment, or simply rub on the skin.

COL

Formerly known as Colic for Adults and Children. Made of Catnip and Fennel. COL is use for colic, gas, and stomach pain in both adults and children. Use 3-4 drops for babies, 10-20 drops for older children. Catnip/Chamomile is equally effective. Chamomile is usually strong enough for babies. If I am not getting the results I want, then I will try this one next. Fennel is quite different from Chamomile and sometimes a bit too strong for a very young baby.

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FV

Formerly Fever. FV causes perspiration and, as a result, lowers fever. The heat of a fever is the body's way of killing the invading bacteria, virus, or fungus. A fever should never be suppressed by any means other than producing a good sweat. Sweating will not totally "break" a fever, bringing the temperature back down to normal, but it will bring it to the lowest possible point at which the "critters" are still being destroyed. For infants, children and adults. Dosage is 15-30 drops every 2-3 hours.

Almond Oil

Sweet almond oil is easily the most popular carrier oil for many reasons. Almond oil is inexpensive and absorbs into the skin quite quickly. Almond oil is rich in vitamins A, B, and E, all of which are beneficial nutrients for healthy skin. Almond oil contains, along with the vitamins mentioned above, heart healthy fats, potassium and folic acid. Almond oil works well as a carrier, and you can also cook with it.

Vitamin E

Virgin-Vitamin E Oil (Wheat Germ) benefits skin conditions. It helps heal burns, skin ulcers, psoriasis, and eczema. It improves the general health of the skin as it improves the circulation of blood in the skin. Vitamin E helps skin cells that have been damaged from the sun. It helps with dermatitis and scarring. It has high levels of antioxidant properties which prevents the skin from showing the signs of aging. Keep Refrigerated for longer shelf life.

NF

Formerly Nursing Formula. Made of Blessed Thistle, Marshmallow, Raspberry Leaf, and Fennel. NF increases the quantity and increases the fats and proteins in the milk. If the supply is ample but the milk looks thin and the baby isn't gaining weight at the appropriate rate, use just Marshmallow alone.

Miracle Salve

This salve is incredibly healing. Herbal salves are wonderful things! They are convenient to use and very powerful. Miracle Salve is useful for burns (everything from sunburns to very serious burns), cuts/wounds (it will help it heal as well as preventing/fighting infection and minimizing scar tissue), rashes, dry or cracked skin, and just about anything else you can think of. You can use it by itself, or use it as a carrier oil to apply your essential oils.